Joint Base Lewis-McChord MWR
Pool Schedule effective | 20 March 2025

Days of the Week:	Kimbro Pool, 2161 Liggett Ave. 253-967-5026	Soldiers Field House Pool 253-967-5390
Monday & Wednesday	0530-0630 - Lap Swim (7 Lanes) 0630-0730 - Scheduled Military Training (No Laps Available) 0730-1200 - Scheduled Military Training* & Laps (1 Lane) 1200-1300 - Lap Swim (7 Lanes) 1300-1415 - Lap Swim (3 Lanes) & Youth Swim Lessons 1415-1715 - Lap Swim (3 Lanes) & Recreation Swim** 1715-1910 - Youth Swim Lessons (Registration Required) & Lap Swim (2 Lanes)	**Closed for Repairs**
Tuesday & Thursday	0530-0630 - Lap Swim (7 Lanes) 0630-0730 - Scheduled Military Training (No Laps Available) 0730-1200 - Scheduled Military Training* & Laps (1 Lane) 1200-1300 - Lap Swim (7 Lanes) 1300-1515 - MAMC Physical Therapy (No Laps Available) 1515-1600 - Lap Swim (3 Lanes) & Recreation Swim** 1600-1745 - Youth Swim Lessons (Registration Required), Lap Swim (1 Lane) 1630-1830 – SOWA (11MAR – 10JUN Tuesdays Only; No Lap Swim Available) 1830 – 1900 - Lap Swim (3 Lanes) & Recreation Swim (Tuesdays Only)** 1745-1900 - Lap Swim (3 Lanes) & Recreation Swim (Thursdays Only)**	**ALL PROGRAMS SHIFT TO KIMBRO FOR DURATION**
Friday	0530-0630 - Lap Swim (7 Lanes) 0630-0730 - P3T (3 lanes) & Lap Swim (3 Lanes) 0730-0830 - TBI (3 Lanes) & Lap Swim (3 Lanes) 0830-0930 - Lap Swim (7 Lanes) 0930-1030 - Water Aerobics & Lap Swim (1 Lane) 1030-1300 - Lap Swim (7 Lanes) 1300-1900 - Lap Swim (3 Lanes) & Recreation Swim**	
Saturday/Sunday /Holiday	0800-1000 - Swim Lessons (No Laps Available) 1000-1430 – Lap Swim (3 Lanes) & Recreation Swim**	
DONSA	0800-1000 - Lap Swim (3 Lanes) & Recreation Swim** 1000-1430 – Lap Swim (3 Lanes) & Recreation Swim**	

*LAP SWIM IS AVAILABLE WHEN THERE IS NO MILITARY TRAINING SCHEDULED. CALL FOR AVAILABILITY. **RECREATION SWIM INCLUDES THE DEEP END.

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