

QUICK Reference Numbers

Abuse, Neglect	Education, Employment	Police, Emergency	Health Care	Legal, Financial	Marital, Family	Parenting, Childcare	Personal Factors
Army Substance Abuse Program (ASAP) (253) 967-1446/1415	Stone Education Center (253) 967-7174/7295	Police, Fire, Ambulance 911	TRICARE Health Net Federal Services (Information) (844) 866-9378 (Tricare-West.com)	Legal Assistance JAG, POAs, Wills (253) 477-1875	Family Life Center Chaplain (253) 967-1723	New Parent Support, Play Groups, Home Visits, Classes (253) 967-7409/5901	DPFR Deployment, Reunion Issues (253) 967-8430 (253) 967-3397
Child Protective Services Pierce: (253) 983-6385 Thurston: (888) 822-3541	Army Family Team Bldg (AFTB) (253) 967-AFTB (2382)	Poison Control, WA State 1-800-222-1222 Madigan ER Nurse (253) 968-1390	Fisher House (lodging) (253) 964-9283	DEERS, Military ID Cards (253) 967-5065 (253) 967-7888	Child and Family Behavioral Health Services (253) 968-4883 Couples & Family Counseling (253) 968-4995	Women, Infants & Children (WIC) 253-982-0210 Building 551 McChord Field	Dept. of Social Health Services (DSHS) (Lakewood Office) (877) 501-2233
Family Advocacy Program (FAP) DPFR: (253) 967-5940/5901 MAMC: (253) 968-4159	Employment Readiness, AFCS (253) 982-WORK (9675) (253) 982-0260	Military Police JBLM (non-emergency) (253) 967-3107/3108 (MP Desk) CID: (253) 966-0196	Madigan Army Medical Center Emergency Room (253) 967-1390 Information: (253) 967-1110	Financial Readiness Program (Credit, Retirement Help) (253) 967-7166 (253) 967-1453	Military Family Life Counselors (253) 293-2266 (253) 293-9087	Exceptional Family Member Program (EFMP) (253) 967-9705 (253) 967-9704	Military OneSource (Telephonic Counseling) (800) 342-9647
Domestic Violence & Sexual Assault Helpline (FAP) (253) 966-SAFE (7233) SHARP (253) 966-0363 24 Hour Hotline (253) 966-SAFE (7233)	Libraries Grandstaff: (253) 967-5889 Book Patch: (253) 967-5533	Thurston County Sheriff (360) 786-5500 Pierce County Sheriff (253) 798-4721	American Red Cross (253) 966-3889 (253) 968-1055 App: Red Cross Hero Care 24-Hr Emergency (877) 272-7337	Army Emergency Relief (AER) (253) 967-9787/7166 Air Force Aid (253) 982-7027	FOCUS (253) 966-6390	Child & Youth Services (Registration) (253) 966-2977 Family Child Care (253) 967-3039 Raindrops & Rainbow (253) 966-4802	School Liaison Office (CYS) (253) 967-7195
24hours Shelter/Safe House Pierce: (253) 798-4166 YWCA: (253) 272-4181 Thurston: (360) 754-6300	Military Spouse Career Advancement Account (MyCAA) Tuition Assistance (800) 342-9647	National Suicide Prevention Hotline 1-800-SUICIDE (800) 784-2433	Madigan Central Appointment Line (800) 404-4506	Finance Leave & Earnings Problem (253) 966-0272	Cross Roads parenting and divorce (253) 967-5901 (Active Duty/Family members/Res. On Active orders)	Child Care Resource & Referral (253) 477-4179	Food Banks (253) 978-4500 (253) 584-1040 (360) 352-8597

Housing Services Office (Off Post) (253) 967-3581 Lincoln Military Housing (On Post) (253) 912-2150 Housing Work Desk: (253) 912-2150 IHG Army Lodging: (253) 964-0211/ (253) 967-2815 Joint Personal Property Office (JPPSO) Household Property: (253) 967-5093	JBLM staff duty Chaplain on call: (253) 967-0015 Inspector General (IG) Office: (253) 967-5181 American Red Cross: (877) 272-7337 Veterinary Services (McChord): (253) 982-3954 Unit Staff Duty: _____	Waller Hall Information Desk: (253) 477-4282 Transition Office: (253) 967-3882 Tricare West: (844) 866-9378 First Aid/ CPR Classes: (253) 966-3889 Updated 22JAN2020
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