

Quick Reference Phone Numbers

(Subject to change)

DPFR - McChord

100 COL Joe Jackson Blvd (McChord Field)
(253) 982-2695

Directorate of Personnel & Family Readiness (DPFR) in Waller Hall

2140 Liggett Ave. (Lewis Main)
(253) 967-7166

Air Force Aid Society

100 COL Joe Jackson Blvd (McChord Field)
(253) 982-2695

Escape Zone

841 Fairway Rd. (McChord Field)
Mon. - Fri. 0900-1200
(253) 982-8950

Military & Family Life Counselors

(253) 293-9353

Service Member for Life/ Transition Assistance Program

HAWK Transition Center
11577 41st & C St. (Lewis North)
(253) 967-3258 or (253) 967-5599

Family Advocacy Program (including) New Parent Support Program

(253) 982-5121 or (253) 967-5901

Domestic Violence Hotline
(253) 966-7233

Sexual Assault Hotline
(253) 389-8469

Helpful Resources

JBLM Directorate of Personnel &
Family Readiness (DPFR)
jblmdpfr.com

JBLM Family & MWR Information
jblm.armymwr.com

JBLM Key Spouse Link
jblm.armymwr.com/programs/FRG-KS

Military One Source
www.militaryonesource.mil
1-800-342-9647 (24/7)

Armed Forces Crossroads
www.afcrossroads.com

Military Spouse
www.military.com/spouse

Air Force Aid Society
On-Line Application
www.my.afas.org/memberportal/

Directorate of Personnel & Family Readiness (DPFR) - McChord

Joint Base Lewis-McChord



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Key Spouse Program

Joint Base Lewis-McChord

**Key to Information & Referral
for Air Force Resources**



What is a Key Spouse?

- Key Spouses are appointed by the unit commander to perform a vital communication role between the unit and its families.
- Key Spouses assist families in finding available base & community resources.
- Key Spouses provide support to the families of military members during times of need.
- Key Spouses follow the Privacy Act, confidentiality, and mandatory reporting guidelines.
- Every Air Force unit on McChord Field has at least one Key Spouse.

*Interested in becoming a Key Spouse?
See your unit First Sergeant or Commander.*

How is a Key Spouse Important to Me?

- Welcomes you to your unit.
- Improves the morale of the entire unit by truly caring.
- Is a vital link in exchanging information between unit leadership and families.
- Provides a Peer-to-Peer support system on handling military life experiences. They know what it's like. They've been there.
- Directs you to community information, volunteer opportunities and referral services.



How can a Key Spouse Help Me?

- Empathize with your situation.
- Share extensive knowledge of unit and community events.
- Help you get your questions answered.
- Listen when you need to talk.
- Provide support during deployments.
- Help facilitate communication with unit leadership.



WINGMAN TOOLKIT

Visit the Wingman Toolkit (www.wingmantoolkit.org) to find tools like the AF 101, Back to Basics Spouse Support Guide and learn more about the Military Spouse Career Portal. Take the Wingman Toolkit with you on-the-go with the new mobile app for iPhone and Android. Stay connected with the AF community and continue building resilience anytime, anywhere.