

# FLAG Football & Cheer

## Coach's Information SPRING 2024

### Enrollment Dates:

26 February - 4 April 2024  
Please help us get the word out!

### Coaches wanting to be out on the fields or on the courts, must:

- ◇ Turn in background paperwork with fingerprints to Sports office.
- ◇ Complete **NAYS training, sport specific certification, Child Abuse Prevention, & Concussion.**
- ◇ You will receive an email for the NAYS link once your background paperwork is in.
- ◇ **ALL SHOTS & annual Flu shot (1 Dec-31May)**
- ◇ Once cleared, pick up green coaches shirt to wear at practices and games.
- ◇ **RETURNING COACHES** - CHECK WITH SPORTS FOR TRAINING RENEWAL Signatures.

### Coaches wanting their child/youth to be playing sports must:

- ◇ Complete annual CYS registration at Parent Central, Bldg. 2295. (appointments: 253-966-2977)
- ◇ Turn-in child/youth annual sports physical.
- ◇ **NO** flu shot verification needed if enrolled in public school. (1 Dec-31 May)



### Coach's Meeting:

Thursday, 18 April 2024  
1700 = 5 - 9 yr old teams  
1730 = 10+ yr old teams  
1730 = Cheerleaders

**Location: Youth Sports Office**  
Bldg #6398 Garcia Blvd

**PLEASE CALL YOUR TEAM** over the weekend to advise them of practice times and location.

★ **NAYS Coaches Certification** ★  
CYS Sports Department will email you a link to the training. **Training must be completed before the first day of practice:**

- 1-NAYS coach
- 2-sports specific training
- 3-Child Abuse
- 4-Concussion training



### Parent/Coaches Meeting:

Coaches will go over the Parent Letter, sportsmanship & code of ethics with parents at the first practice.

### Practices Begin:

Week of 22 April 2024

### Games are Saturday's:

4, 11, 18 May 2024  
1, 8, 15 June 2024

### Picture Days: May 6-9

### CYS SPORTS OFFICE 253-967-2405

**Sports & Fitness Director**  
Cynthia W-P

**Sports Specialist**  
Nakita P.

**Equip & Facilities Asst.**  
Todd M.  
Otis O.

### Fitness Specialist

Justin G.  
Genia S.  
Cammi D.

**Admin Assistant**  
Helen D.