

Letter of Instruction for Coaches

Welcome to the 2019 Baseball Season!

Below are just a few notes and instructions on how to make your season run as smoothly as possible for you. Please know that you can always call the office if you have questions or concerns.

Coaches Folders: There are 2 sides (Coaches & Parents)

a) Coach's side:

- i) Coaches Information Flyer: Important Season dates and times.**
- ii) Rules for Baseball: Please read & be familiar with them by game time.**
- iii) Policy for Participation: This is an extension of the rules.**
- iv) Field Layout: JBLM Lewis fields**
- v) Game Snack Schedule: We recommend that you elect a "Team Parent" by your first or second practice. They can help you organize and prepare for the games with snacks and drinks at each game. ***This is your responsibility*** if you cannot find someone to step up and be a "Team Parent."**
- vi) Incident Reports: The top page is a sample of how to fill one out if needed. These need to be filled out anytime you are applying an ice pack, band aid or any type of first aid (the first aid kit is located in your equipment bag). Please turn the form into the office as soon as possible afterwards. If the office is closed the next morning is sufficient. Layout maps for Lewis Fields (CYS) – this is where you can point out the practice location to the parents. Be sure you are specific about whether you are at the CYS Fields (behind the sports bldg.)**

b) Parent's side: There are stapled packets of paper on this side. One for each child's parents. Each packet holds the following:

- i) Parent Letter – baseball parent letter for the current season.**
- ii) Parents & Players Code of Ethics – please review these with the parents and players at your first practice and have them sign and return them to you. You keep these until the end of the season and then you may shred them. They are your back-up in case you have any sort of trouble with a parent at practices or games.**

c) ONLINE: <https://jblm.armymwr.com/programs/youth-sports>

- i) Game Rules**
- ii) Snack Ideas**
- iii) Field Maps**
- iv) Concussion Info**
- v) Lightning Info**
- vi) Players left unattended – this is not in the packet or online, but it is very important that you remind the parents that any children under the age of 10 are not to be dropped off and left at practices by themselves. If the child has emergency meds (this will be indicated on your rosters) even if the child is 10+ the parent still needs to remain on site. This is for you and your team's safety. This is also a JBLM policy and a zero tolerance policy with CYS Sports. Also, siblings on the sidelines need to be attended by parents while practices are being conducted.**

**AS ALWAYS, WE THANK YOU FOR VOLUNTEERING
TO COACH THE YOUTH OF JBLM!!!**

Coach's WORKSHOP

Baseball 2019

Saturday



6 April 2019

- 1000 3-4 & 5-6
- 1115 7-8yrs
- 1230 9 to 11 yrs

Reasons to Join Us

- FUN
- Learn New Skills
- Get to know your AWESOME Sports Staff!
- Games with Prizes
- Refresh your coaching skills
- Emergency Awareness
- Working With Parents
- Game Day Expectations
- MORE FUN!



Baseball

Coach's Information 2019

Baseball Enrollment Dates:

4 Feb 19 to 14 Mar 2019

Coaches & Official's Meeting:

Bldg #2295 on 12th & Bitar, JBLM Lewis
Friday, 22 Mar 19 at 1700

Parent's & Coaches Meeting:

Bldg #2295 on 12th & Bitar, JBLM Lewis

Friday, 29 March 2019

Lil Batters	1700 3-4yrs
Baseball	1800 5-15yr

Practices Begin:

Week of 8 April '19

Games Start/End:

Games Start - Saturday, 20 Apr '19
Games End - Saturday, 1 Jun '19

Picture Day for individuals & teams:

Lewis = May 1 & 2, 2019
McChord = April 23, 2019

NAYS Certification (coaches training):

Walk-In: Mon-Fri 1000 - 1400

If these times do not work: CYS Sports Department will schedule a time with you that does work.



CYS SPORTS OFFICE

253-967-2405

Youth Sports & Fitness Director

Cynthia Williams-Patnoe
cynthia.a.williams-patnoe.naf@mail.mil



CHILD & YOUTH SERVICES
T-Ball 5-6 yrs.

Revised 22 March 2019



Special Comments:

- This program is designed to improve the social, emotional & cognitive growth of all our players.
- Rules are designed to allow all participants an equal opportunity to have fun in a modified form of baseball.
- Parents and coaches are expected to render their positive support at all times.
- T-Ball teaches the basic fundamentals of baseball. A **batting tee** will be used.

Rules: Play will be in accordance with the National Federation High School Baseball Rules with JBLM CYS Youth Sports Supplemental Rules and Amendments.

Field Distance:

- Distance between **bases** will be **50 feet**.
- A line from third base foul line to the first base line will be marked in a six-foot radius in front of home plate.
- A batted ball must go beyond this line before any player can field it or **Foul ball** is called.

Length of Game:

- The game consists of **5 innings** max.
- Time limit **1 hour**.

Player Participation:

- Age is determined by **age on first game**.
- **10** players on defense, **4** should be in the outfield (10 feet beyond bases)
- **All players will bat every inning whether playing in the field or not.**
- All players will have the opportunity to start as many games as possible.
- Coaches will rotate lineups in a manner, which allows all players the opportunity to play as many positions as possible throughout the season.
- Each player **should** play in at least 1st or 2nd inning on defense.

Scheduled Games:

- Games are played on Saturdays between 9:00 and 5:00
- Rescheduling of games is discouraged, due to numerous complications involved in rescheduling and time limit. Use your Assistant Coaches.
- Military formations, alerts, and inclement weather will receive immediate attention from CYS Sports and the schedule will be adjusted accordingly.

Rainouts:

- Rain out games may be rescheduled if possible. The CYSS Sports Director will determine rainouts.
- Coaches may call 253-967-2405, no earlier than 1530 hours on Friday and after 0800 hours on Saturday for a decision on rainouts.
- If inclement weather conditions continue after 0800 hours on Saturday, the decision to delay or cancel is left to the discretion of the CYS Sports Director after consulting Staff, Umpires, and Coaches. We will have a final decision by 0800 hours on Saturday.
- **Safety takes priority over all conditions.**

Batter:

- **All players will bat every inning 1 time each.** No outs or runs will be recorded.
- **The last batter and all other runners on base will run all bases regardless of where ball is hit.** Defense, let runners run without hindering.
- The ball must be hit off the tee.
- The ball must not be pitched.
- Bunting, attempting to bunt or not taking a full swing is illegal. Batter must take full swing. Redo till correct.

- Batter swings till ball is hit fair beyond the 10' line. The 10' line is considered foul.
- Hitting the ball and the tee simultaneously is allowed and the ball is considered fair if beyond the 10' line.
- There is no infield fly rule.
- The batter will not throw the bat. A warning will be issued on the 1st violation and sat down for an inning for future violations.

Base Running:

- Base Runners are not permitted to slide, steal or lead off bases.
- Batter and base runners may advance until the ball is held/controlled by an infielder and no play is being made. Usually only one base on each play unless ball is hit to the outfield. (Sportsmanship emphasized at ALL times).
- Courtesy runners will be allowed for injuries only.
- NAYS Certified Coaches only on field. All others must remain behind the fenced areas.
- **1** coach allowed at each base for offense
- **Allowed to stay on base and continue to be base runner even if called out.**
- **Last batter & ALL runners on base will continue to run home to end the inning.**

Safety:

- **Incrediballs** is the ball of choice. Rag balls and other T-Balls can be used if Incrediballs are not available.
- **Foam** or **Rubber bats** are the **only authorized bats to be used** in practices and games. (NO metal or wood bats)
- **Helmets** are encouraged but not mandatory.
- **Catchers gear** is NOT mandatory but may be worn. A mask or batting helmet is suggested.
- All injuries during practices or games will be called and report emailed to the Youth Sports Directors within 48 hours.

Conduct:

- **Positive and low-key attitudes** are expected at this level. FUN & participation
- **Only the coaches should be coaching.** Parents and spectators should be supportive, positive, and render positive support. Please **DO NOT YELL & SCREAM at the players**. Enthusiasm does not have to be loud. (:>)
- Any player, coach, or spectator ejected from a game for any reason might receive a suspension from the next scheduled game.
- CYSS Sports will determine if further action needs to be taken.
- Players and Coaches will shake hands (high-five) immediately after the game using good sportsmanship.
- Immediately after the game and congratulations, please clean-up the bench & bleacher area and vacate ASAP so next team will be allowed in to prepare for their game.

Tobacco Products or Controlled Substances:

- The use of any tobacco products (including electronic cigarettes), alcoholic beverages and any controlled substances by players, coaches, or spectators while in the playing field, dugouts, bleachers, and baseball area is prohibited at practice or games.
- Please do not throw cigarettes in parking lot. Use your own ash tray!

Abusive/Foul Language:

- Anyone who uses abusive or foul language toward players, coaches, umpire, other spectators, or administrators may be warned and/or asked to leave.
- Considering the age and inexperience of the player, any language or tone of voice used, which is threatening to one or more players, will be considered abusive.

Coaches

ALL coaches MUST be National Alliance for Youth Sports (NAYS) certified and should carry their certification card with them at all practices and games. Coaches should attend the Coaches clinic prior to the 1st game of the season or see the **Sports & Fitness Director or Sports Program Director** for needed information and certification.

Please see the JBLM CYSS Youth Sports Director or Youth Sports Program Director for any questions, problems, concerns, or suggestions to improve our program. Thank you. (:>)

Cynthia Williams-Patnoe

253-967-2405

cynthia.williams-patnoe.naf@mail.mil

Todd Melton

253-967-2405

todd.m.melton.naf@mail.mil



CHILD & YOUTH SERVICES

Coach-Pitch Baseball 7-8 yrs.

Revised 22 March 2019



Special Comments

- This program is designed to improve the social, emotional & cognitive growth of all our players.
- The rules allow all participants an equal opportunity to have **FUN** in a basic modified form of Baseball.
- Parents, Coaches, Spectators, Umpires', and Players are expected to be **Positive, and SAFE** at ALL times.
- Anyone not abiding by the rules and expectations may be asked to leave the vicinity.

Rules

Play with National Federation High School and the JBLM CYS Youth Sports supplemental rules. Coaches & parents should read and know the rules.

Coaches

ALL coaches MUST be National Alliance for Youth Sports (NAYS) certified. Coaches should attend the Coaches clinic prior to the 1st game of the season or see the Sports Director or Sports Program Director for needed information and certification. **Only the coaches should be coaching. Parents should NOT be yelling from the sidelines** that will cause confusion & frustration to both the players and Volunteer Coaches.

- **Each team is allowed 1 COACH on the field to coach & instruct players to learn.**
- **One coach will be for the offense & pitch, staying in the 10' area of the mound.**
- **Defensive Coach will be located in the outfield center field area.**
- Offense is still allowed 1 coach for each coaching box located at first & third base.

Age Classification

- Age is determined by **age on first game.**
- A player may play up, but not play down in age groups unless authorized by the Youth Sports Director.

Base: Distance will be **50** feet.

Pitching: Distance is **38** feet.

- The infield will be defined as 10 feet beyond each base in fair territory.
- A **PITCHING MACHINE** may be used if available and wanted.
- The Coaches will still administer the pitches. You will need 4 new/good balls.
- You may use the machine or coach pitch but not during the same at bat.
- Have catchers keep all balls behind them till batter has completed their turn at bat.
- If NOT using the machine, Coaches will still pitch from the mound, using an **OVERHAND MOTION ONLY.**
- **Each batter will be allowed a max of 4 pitches.**

Length of Game

- Games should start at the scheduled time. Please have your teams ready to go. Stretch & warm-up prior to game.
- The game consists of **5** complete innings.
- Games will not exceed **1-¼ hours**. (75 minutes). If an inning has started, it will be finished if possible.

Players Participation

- Teams should start with at least 8 players. You may play with **10** players on defense, but 4 must be in outfield.
- All players will have the opportunity to **start** as many games as possible.
- Coaches should **rotate** their **line-ups** in a manner that allows all players to have an opportunity to play as many positions throughout the season. Players will play 50% of every game.
- **All** players will be listed and **bat**. Same batting rotation will be used throughout the game.
- Players arriving late will be added to the **bottom** of the line-up and bat.
- Coaches should **exchange line-ups before the game** at least **5 minutes prior**.

Rainouts:

- Rain out games may be rescheduled if possible. The CYS Sports Director will determine rainouts.
- Coaches may call 253-967-2405, no earlier than 1530 hours on Friday and after 0800 hours on Saturday for a decision on rainouts.

- If inclement weather conditions continue after 0800 hours on Saturday, the decision to delay or cancel is left to the discretion of the CYS Sports Director after consulting Staff, Umpires, and Coaches. We will have a final decision by 0800 hours on Saturday.
- **Safety takes priority over all conditions.**

Scoring

- No coach pitch game shall continue for more than **5** innings. If the score is tied after 5 innings, the game shall be considered a tie game. **NO extra innings** will be played.
- Maximum of **5 runs** per inning. No matter how many outs, teams will change sides.
- This rule does **not apply in the 5th** inning if determined by the time limit.
- **Hosting team** should be the home team and both teams will keep the scorebook. Coin flip if undecided.

Pitchers

- Coaches pitch to their **own** team. Certified Coaches **only** allowed pitching within 10' of the pitching rubber.
- A player must take their position inside the 10' pitching circle to either the side or to the rear, but not in front of the Coach Pitcher. They will not advance in front of the Coach Pitcher until the ball has been hit.
- The pitch must be **delivered overhand** if the pitching machine is not used.
- After the pitch, the coach must stay within the 10' circle.
- If a **batted ball hits the coach pitcher** or the **Pitching Machine**, the ball is **live** and play continues.
- The coach pitcher or coaches may call **1 timeout per batter** and leave the mound or dugout area to talk with the batter or players. (Max. 1 min. and try NOT to delay). A **maximum of 4 pitches** is allowed per batter if needed. If not hit fair by 4th pitch, the batter is out. **No ball or strikes will be called.**

Baserunners

- Must remain on base **until the ball is hit.** (No lead off)
- May not advance to the next base until the ball is batted.
- If a defensive player catches or picks up the ball and makes a play on a runner by throwing the ball, the runner (s) may advance at their own risk until the ball is controlled and held by any infielder.
- If the ball is hit to the outfield, runners may advance till ball comes into the infield and controlled by the defense.
- **When time is called and the runners have stopped,** the base runner (s) must return to the last base touched unless forced to advance by runners behind them. **After play has been completed,** runners reaching **3rd** can **only score on a batted ball.** **On infield overthrows,** the Base runner (s) advances only 1 base. **Courtesy runners** may be used for injuries only. **NO SLIDING ALLOWED.**

GENERAL SAFETY

- **RIF 5 Balls MUST** be used (Reduced Injury Factor). Staff will provide 4 game balls.
- The catcher must wear helmet, throat guard, chest protector, cup, face mask, and shin guards.
- Batters must wear helmets while batting and base running. Facemasks are optional.
- Only coaches, scorekeepers, players, and team aids are permitted on the players bench or playing area.
- Any player who **throws the bat** will be warned the 1st time and called out afterwards.
- Possible immediate ejection if deemed to be dangerous or possible injury could have occurred.
- Any injury is ejection.
- Wood bat handles do not need to be taped. All metal bats will have rubber handgrips or be properly taped.
- There is **NO infield fly rule.**
- **NO bunting allowed.**
- Coaches are encouraged to coach on the bases, **but must remain in the coach's box area** (marked or unmarked at 15' x 6' and 8' from bases) and must **not touch** the runners during live ball play.

Conduct & Profanity

Any coach, player, or spectator **ejected** from a game may receive an automatic suspension from the next game. Youth Center Sports Directors will determine if further action needs to be taken.

ALL players and coaches will shake hands **immediately** after the game with good sportsmanship.

Alcoholic Beverages, Tobacco Products, and Controlled Substances

The use of alcoholic beverages (including electronic cigarettes), tobacco products, and any controlled substances by players, coaches, volunteers, or spectators is prohibited at all times around youth sports events and area.

Please see the JBLM CYS Youth Sports Director or Sports Program Director for any questions, problems, concerns, or suggestions to improve our program. Thank you. (:-)



CHILD & YOUTH SERVICES

Coho Baseball 9-11 yr.

Revised 22 March 2019



Special Comments

- This program is designed to improve the social, emotional & cognitive growth of all our players.
- The rules allow all participants an equal opportunity to have **FUN** in a modified form of Baseball.
- Parents and coaches are expected to render their **Positive** support to **ALL** youth, coach's volunteers, and umpires.
- Sportsmanship and Good Conduct are expected at ALL times.

Rules

Teams will play in accordance with the **National Federation High School Baseball** rules and JBLM CYS Youth Sports Supplemental Rules:

Field

- All scheduled games will be played on existing McChord or Ft Lewis fields.
- **Bases** distance will be **60** feet. **Pitching** distance will be **44** feet. Mound height of approx. **8-12"**

Length of Game

- Game consists of **5** complete innings or time limit of **1 ½ hours**.
- No more than **5** runs will be scored per inning EXCEPT the last inning.
- **NO new innings will begin after the time limit has expired.**
- If an inning has started, it will be finished **if possible**. The game may end at the expiration of time regardless of how many outs or score but may continue if everyone is having fun, games on time, and umpire determines no problems.
- The game may end in a tie.

Players Participation

- Age is determined by **age on first game**.
- Teams should not start with less than 9 players if possible.
- All players will have the opportunity to **start** as many games as possible.
- Coaches should **rotate** their **line-ups** in a manner that allows all players to have an opportunity to play as many positions as possible. Players will play at least **50%** of every game on defense too.
- **All** players present will be listed and **bat** in the same order throughout the game.
- Players arriving late will be added to the **bottom** of the line-up and bat.
- Coaches will **exchange line-ups before the game** at least **5** minutes prior to game time.

Scheduled Games

- Rescheduling of games is discouraged due to numerous complications involved in rescheduling. Use your Assistant Coaches.
- Military formations, alerts, inclement weather, and other possible situations will receive immediate attention and the schedule will be adjusted as needed. Call the Information numbers.

Rainouts:

- Rain out games may be rescheduled if possible. The CYSS Sports Director will determine rainouts.
- Coaches may call 253-967-2405, no earlier than 1530 hours on Friday and after 0800 hours on Saturday for a decision on rainouts.
- If inclement weather conditions continue after 0800 hours on Saturday, the decision to delay or cancel is left to the discretion of the CYS Sports Director after consulting Staff, Umpires, and Coaches. We will have a final decision by 0800 hours on Saturday.
- **Safety takes priority over all conditions.**

Umpires

- Umpires should be equipped with the **proper equipment**.
- **Umpires need to file written report of any ejection or conflicts to the Youth Sports Director within 48 hours.**

Pitching

- Any team member may pitch, subject to the pitching rules of **no more than 3 innings per game**.
- Starting pitcher, once replaced as the pitcher, may return to the mound **1** time during game if moved to another position.
- As soon as pitcher delivers one pitch to a batter, the pitcher is considered as having pitched one inning.
- If a relief pitcher comes in "cold", the umpire shall allow the pitcher to warm up properly.
- **Balks** may be called. Warnings will be given at the **discretion & judgment of the umpire**. More than 1 warning may be given.
- Pitchers at this level should only be throwing fastball, change-up, & locations. Long term injuries can result if throwing curves or sliders.

Base Running

- Runners may **steal** bases, (except home) but may **not leave the 10' area** by each base until the pitch has reached or passed home plate. Pitcher can still throw for pick-off at 3rd but if overthrown, runner can not steal home. (Suggest NOT throwing to 3rd as wasting time).
- Once the **pitcher** has stepped on the rubber, with possession of the ball, **runners who lead off** beyond the 10' limit before the pitched ball reaches or passes home plate shall be **called out** and the pitch shall be considered as a **dead ball**.
- After a batter has batted and a play has been completed, runners reaching 3rd base safely must remain on 3rd base until either batted home or awarded home by a walk when the bases are loaded.
- Batters may **not** advance to 1st base on a dropped third strike.
- Sliding may be either feet or head first. You **MUST** either slide or avoid if played on or be called out. (Dead ball)
- Steel metal cleats are NOT allowed. Plastic or molded cleats only. Must remove or NOT play. Ejected after warning or if caused injury on first incident. Warning goes toward team.

General Safety

- The catcher must wear helmet, throat guard, **cup**, and face mask. (Females have personal choice)
- Batters must wear helmets while batting and base running. Keep on when on the field.
- Only coaches, scorekeepers, players, and team aids are permitted on the players bench or playing area.
- Any player who throws the bat **may** be warned the 1st time and called out afterwards. If deemed dangerous, or makes contact with another player, called out or disqualification could result.
- All aluminum bat handles be properly taped with non-slip tape. Wood bats do not need taped but can be or use sticky substance.
- Players that are coaching must wear a helmet.
- Teams should report to the field **30 minutes prior** to the scheduled game time to allow for warm-up, roster, & Lineup exchanges.
- All injuries occurring during practice or games must be emailed to the Youth Sports Director using an **Accident Report Form** within **48** hours.
- The # **10 RIF** (Reduced Injury Factor) Ball will be used. Brand or type does not matter.
- Not All Equipment, Bats, or Balls will or need to have the National Federation Stamp. It is always possible to be deemed unsafe by the umpire but may be over-ruled by the Sports Director and allowed for use.
- On-deck batters in the warm-up circle **MUST be on their dugout side**.
- If not comfortable, stay back behind fence or in dugout till turn at bat.

Conduct

- Any coach or player ejected from a game will receive an automatic suspension from the next game.
- Youth Center Sports Directors will determine if further action needs to be taken.
- Any non-participants causing disturbance before, during, and after the game will be dealt with accordingly.
- You may be asked to leave the vicinity. Please keep Sportsmanship, Participation, and Positive Attitude in mind at ALL times.
- ALL players and coaches will shake hands **immediately** after the game.

Alcoholic Beverages, Tobacco Products, and Controlled Substances

The use of alcoholic beverages, **tobacco** products (including electronic cigarettes), and any controlled substances by players, coaches, volunteers, or spectators while on the playing field, dugout, bleachers, or game area (within outfield fences) will NOT be tolerated and is prohibited at practices and games. Please do not throw cigarettes on ground. Use your own ash tray.

Profanity

Spectators who use profanity or abusive language towards any player, coach, umpire, staff, or other spectator **may** be asked to leave the game & or vicinity.

The coaches are responsible to monitor and discipline as needed. If you cannot control the situation, ask the staff.

Considering the age and experience of the players, any language or tone of voice, which is threatening, is considered abusive.

Coaches

ALL coaches **MUST** be National Alliance for Youth Sports (NAYS) certified and should carry their certification card with them at all practices and games. Coaches should attend the Coaches clinic prior to the 1st game of the season or see the **Sports Director or Sports Program Director** for needed information and certification.

Please see the JBLM CYS Youth Sports Director or Sports Program Director for any questions, problems, concerns, or suggestions to improve our program. Thank you. (:>)

Cynthia Williams-Patnoe

253-967-2405

cynthia.williams-patnoe.naf@mail.mil

Todd Melton

253-967-2405

todd.m.melton.naf@mail.mil



Chinook Baseball 12-15 yr.

Revised 22 March 2019

Special Comments

- This program is designed to improve the social, emotional & cognitive growth of all our players.
- The rules allow all participants an equal opportunity to have **FUN** in a modified form of Baseball.
- Parents and coaches are expected to render their **Positive** support to **ALL** youth, volunteer coaches, umpires and staff.
- SAFETY, Sportsmanship and Good Conduct are expected at ALL times.

Rules: Teams will play in accordance with the National Federation High School Baseball rules with the following JBLM amendments:

Field

All scheduled games will be played on existing McChord and Lewis fields when possible.

Bases distance will be **70** feet. **Pitching** distance will be **48** feet. Mound height of approx. **12" to 18"**.

Regular Baseballs will be used. Brand or type does not matter.

Length of Game

- Game consists of **7** complete innings or time limit of **2 hours**.
- No more than **5** runs will be scored per inning EXCEPT the last inning.
- NO new innings will begin after the time limit has expired.
- If an inning has started, it will be finished **if possible**. The game may end at the expiration of time regardless of how many outs or score but may continue if everyone is having fun, games on time, and umpire determines no problems.
- The game may end in a tie.

Players Participation

- Age is determined by **age on first game**.
- Teams can start with less than 9 players and borrow players from other team (s) if needed. NO out for missing player (s).
- All players will have the opportunity to **start** as many games as possible.
- Coaches should **rotate** their **line-ups** in a manner that allows all players to have an opportunity to play as many positions as possible.
- Players will play at least **50%** of every game on defense too.
- **All** players present will be listed and **bat** in the same order throughout the game even though not on defense. Everyone bats.
- Players arriving late will be added to the **bottom** of the line-up and bat.
- Coaches should **exchange line-ups before the game** at least **5** minutes prior to game time.

Rainouts:

- Rain out games may be rescheduled if possible. The CYS Sports Director will determine rainouts.
- Coaches may call 253-967-2405, no earlier than 1530 hours on Friday and after 0800 hours on Saturday for a decision on rainouts.
- If inclement weather conditions continue after 0800 hours on Saturday, the decision to delay or cancel is left to the discretion of the CYS Sports Director after consulting Staff, Umpires, and Coaches. We will have a final decision by 0800 hours on Saturday.
- **Safety takes priority over all conditions.**

Pitching

- Team members' ages 12-14 yrs may pitch, subject to the pitching rules of no more than 4 innings per game.
- 15 years old are NOT allowed to pitch due to safety.
- **Obvious Baulks** should be called. Warnings will be given at the discretion & judgment of the umpire.
- More than 1 warning may be given.
- Pitchers at this level **should** only be throwing fastball, change-up, & locations. Long term injuries can result if throwing curves or sliders.

Base Running

- Runners may **lead off** and **steal** bases. (Regular baseball)
- Batters **may** advance to **1st base on a dropped third strike** if no runner on 1st or 2 out. Can NOT run if 1st occupied with 1 out or less. Other runners can run at their own risk.
- **Sliding** may be either **feet or head first**. You MUST either **slide or avoid** if played on or called out for interference.
- **Steel metal cleats are NOT allowed**. Plastic or molded cleats only. Must remove or NOT play. Ejected after warning or if caused injury on first incident. Warning goes toward team.

General Safety

- The catcher must wear helmet, throat guard, cup, and face mask at all times. (Females have personal choice)
- **Batters must wear helmets while batting and base running.** Keep on when on the field and remove only once in the dugout.
- Only coaches, scorekeepers, players, and team aids are permitted on the players bench or playing area.
- Any player who throws the bat may be warned the 1st time and called out afterwards.
- If deemed dangerous, or makes contact with another player or person, called out or disqualification could result.
- All aluminum bat handles be properly taped with non-slip tape. Wood bats do not need taped but can be or use sticky substance.
- Players that are coaching must wear a helmet.
- Teams should report to the field **30 minutes prior** to the scheduled game time to allow for warm-up, roster, & Lineup exchanges.
- All injuries occurring during practice or games must be emailed to the Youth Sports Director using an **Accident Report Form** within **48** hours.
- On-deck batters in the warm-up circle **MUST be on their dugout side.** If not comfortable, stay back behind fence or in dugout.

Conduct

- Any coach or player ejected from a game will receive an automatic suspension from the next game.
- Youth Sports Directors will determine if further action needs to be taken.
- Any non-participants causing disturbance before, during, and after the game will be dealt with accordingly.
- You may be asked to leave the vicinity. Please keep Safety, Sportsmanship, Participation, and Positive Attitude in mind at ALL times.
- ALL players and coaches will shake hands **immediately** after the game using good sportsmanship.
- Do NOT Taunt or use Un-sportsmanlike conduct towards members of opposing team.
- Enforce safety at ALL times. (Sliding, Tagging, Running, Batting, Throwing)
- If a team is obviously winning & playing better, sportsmanship **MUST** be enforced at ALL times by NOT making a travesty of the game, running up the score, etc. Rotate players to positions to NOT overplay the opposing team.

Alcoholic Beverages, Tobacco Products, and Controlled Substances

The use of alcoholic beverages, tobacco products (including electronic cigarettes), and any controlled substances by players, coaches, volunteers or spectators while on the playing field, dugout, bleachers, or game area (within outfield fences) will NOT be tolerated and is prohibited at practices and games. Please DO NOT throw cigarettes on ground. Put in your own ash tray.

Profanity

NO profanity or abusive language is allowed. Everyone is responsible to monitor and discipline as needed. If you cannot control or want to get involved, please ask the staff. Considering the age and experience of the players, any language or tone of voice, which is threatening, is considered abusive.

Coaches

ALL coaches **MUST** be National Alliance for Youth Sports (NAYS) certified and should carry their certification card with them at all practices and games.

Umpires: Umpires and person(s) involved in incident must file a report of any ejection to the **Sports Director within 48 hours by email.** Coaches when not involved should also respond with email of incident.

Ejection: Once a person is ejected, the umpire will go to the pitcher's mound area and request the CYSS Youth Sports Staff. The staff will ensure of immediate removal of the person ejected.

First, "AVOIDANCE" is preferred.... In any inappropriate, unruly or unsportsmanlike behavior that would potentially cause a scene!! Please remember our youth are watching us and we do NOT want anyone to see or hear inappropriate behavior! We are all here to help provide a SAFE & POSITIVE Place for Youth!

Write it up and send to us ASAP so we can do what is needed in the best interest of our youth, volunteers, umpires and programs.

Please see the JBLM CYS Youth Sports Director or Sports Program Director for any questions, problems, concerns or suggestions to improve our program. Thank you. (:>)

Cynthia Williams-Patnoe

253-967-2405

cynthia.williams-patnoe.naf@mail.mil

Todd Melton

253-967-2405

todd.m.melton.naf@mail.mil

Policy for Participation & Level of Play

JBLM Youth Sports
March 22, 2019

- Teams are formed based on the age they are on the first game.
- Players can play up based on age, ability, size, and if room on the roster.
 - Must be approved by the Sports Director, Cynthia Williams-Patnoe @ 253-967-2405.
- Older and more experienced players should always keep in mind safety over competition.
- This means no unsafe playing actions or rough play.
- Leadership and Sportsmanship is priority!



1. Teams **may use players from other teams** if their own team does NOT have enough players to provide both a starting lineup and substitutes.
2. Coaches with the team that does not have enough players will have the responsibility to control and monitor play time for all players. Some substitutes may be stepping in for a 2nd game and some may not.
3. Not all situations are simplified by rules due to some players and parents who do not want to play 2 games or for 2 hours. Be flexible to understand it is about playing the game vs. winning and losing.
4. If both coaches agree, both teams can take the field with less players. Please remember that we are a recreation league. Our focus is on helping all kids to learn the basics and to have fun.
5. If a situation is in question, do NOT question or try to deal with it during the game. Write it down and email to the Sports Director, Cynthia Williams-Patnoe at cynthia.a.williams-patnoe.naf@mail.mil, this helps us avoid our youth being involved.
6. If a concern happens during a game, the coaches need to tell the on-site sports staff of the situation so they can monitor and be aware.
7. **Remind parents to talk to you, the coach, and NOT the official if they question a call.**
8. **The coaches are responsible for calming their parents down if an emotional situation arises.**

The Sports Director or assigned Sports Staff can clarify or monitor when needed.

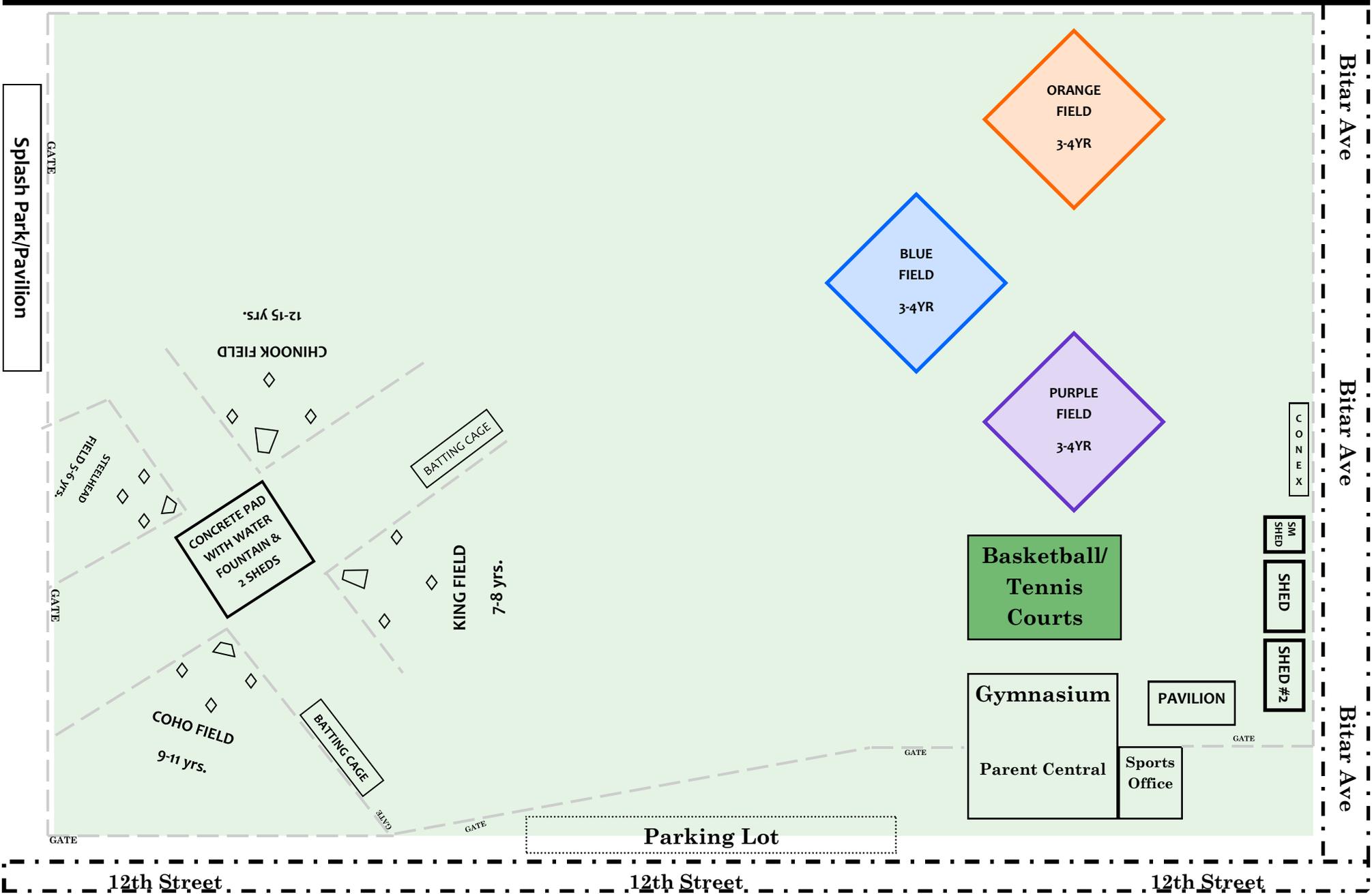
Thank you for helping to provide a Safe & Positive Place for Youth!!

CYS BASEBALL FIELDS 2019

41st Division Drive

41st Division Drive

41st Division Drive



Bitar Ave

Bitar Ave

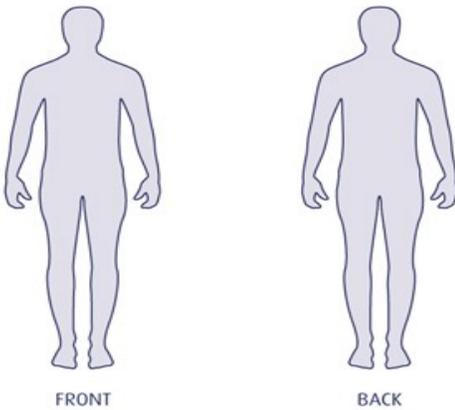
Bitar Ave

12th Street

12th Street

12th Street

JOINT BASE LEWIS MCCHORD CHILD & YOUTH SERVICES
CHILD OR YOUTH INCIDENT REPORT

Name of Child/Youth Involved:		Age:	Date & Time of Incident:	
Location of Incident		Facility:	Module/Program Area:	
Playground	Hallway	Shuttle/bus	Field Trip	Sports Field
Gym	SKIES Area	Public School	FCC (circle) Inside--Outside	
Did not occur in CYSS setting per parent/guardian			Learn Center	
Description of Incident (Mark all that apply)				
Minor Cut	Bite	Bleeding		
Minor Scrape	Bruise-Mark	Open Wound		
Scratch	Swelling	Bloody Nose		
Painful extremity	Head Injury	Other:		
Indicate Injury		Parent/Guardian Notified Yes <input type="checkbox"/> No <input type="checkbox"/>		
	Time Of day	Type of Contact (In-person, phone, left message)	Who did you contact? (parent-guardian-emergency contact)	CYSS staff Initials
Minor First Aid Provided by CYSS				
Cleaned w/Soap & Water				
Applied Band-Aid				
Cold Pack				
Rested				
Other (describe)				
Objective Written Description of Incident				
Describe in detail what happened to the child or youth.(use back side of form if needed)				
Name of CYSS Staff who observed incident:				
<input type="checkbox"/> YES <input type="checkbox"/> NO----Were there other children or adults involved in the incident? If yes, explain how without using other children's names:				
Other Resources				
911 Called	Emergency Room	APHN	MPs	
911 Transported	MAMC	SWS	CYSS Nurse	
Safety Office	CYSS Branch Administrator		CYSS Chief	
Print Name:				
_____		_____		
CYSS Staff-Provider Signature & Date		Parent/Guardian Signature & Date		
_____		_____		
TACS Signature & Date (Behavior Only)		Director Signature & Date		