



**Joint Base Lewis - McChord MWR**  
 Family & Morale, Welfare & Recreation

**POOL SCHEDULE – EFFECTIVE 3 OCT 2022**

| Days of the Week:  | Soldiers Field House Pool,<br>3236 2 <sup>nd</sup> Division Drive<br>253-967-5390                                                                                                                                                                                                                                                                                                             | Kimbro Pool (McVeigh Fitness Center),<br>2161 Liggett Avenue<br>253-967-5026 |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Monday & Wednesday | 0500-0630 Lap Swim<br>0630-0800 Scheduled Military Training* & Lap Swim (2 Lanes)<br>0800-1200 Scheduled Military Training*<br>1200-1300 Lap Swim<br>1300-1415 Lap Swim (3 Lanes), Youth Swim Lessons, & Deep End<br>1415-1515 Lap Swim (6 Lanes) & Deep Water Running (Deep End)<br>1515-1715 Lap Swim (3 Lanes) & Recreation Swim**<br>1715-1910 Youth Swim Lessons (Registration Required) | <b>CLOSED FOR MAINTENANCE STARTING 23 MAY 2022</b>                           |
| Tuesday & Thursday | 0500-0630 Lap Swim<br>0630-0800 Scheduled Military Training* & Lap Swim (2 Lanes)<br>0800-1200 Scheduled Military Training<br>1200-1300 Lap Swim<br>1300-1530 MAMC Physical Therapy<br>1530-1715 Youth Swim Lessons (Registration Required)<br>1715-1900 Lap Swim (3 Lanes) and Recreation Swim**                                                                                             |                                                                              |
| Friday             | 0500-0630 Lap Swim<br>0630-0730 P3T (3 Lanes) Lap Swim (3 Lanes & Deep End)<br>0730-0830 TBI (3 Lanes) Lap Swim (3 Lanes & Deep End)<br>0830-0930 Lap Swim<br>0930-1030 Water Aerobics (6 Lanes) & Lap Swim (Deep End)<br>1030-1300 Lap Swim<br>1300-1900 Lap Swim (3 Lanes) and Recreation Swim**                                                                                            |                                                                              |
| Saturday           | 1000-1200 Youth Swim Lessons (Registration Required)<br>1200-1800 Lap (3 Lanes) and Recreation Swim**                                                                                                                                                                                                                                                                                         |                                                                              |
| Sunday/HOL/DONSA   | 1000-1800 Lap Swim (3 Lanes), and Recreation Swim**                                                                                                                                                                                                                                                                                                                                           |                                                                              |

\* LAP SWIM IS AVAILABLE WHEN THERE IS NO MILITARY TRAINING SCHEDULED. PLEASE CALL FOR AVAILABILITY. \*\*RECREATION SWIM INCLUDES THE DEEP END.

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