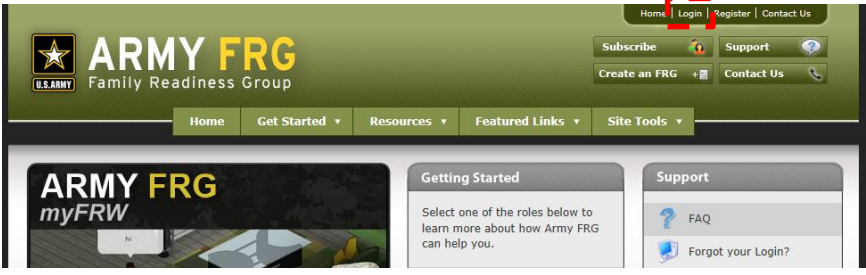
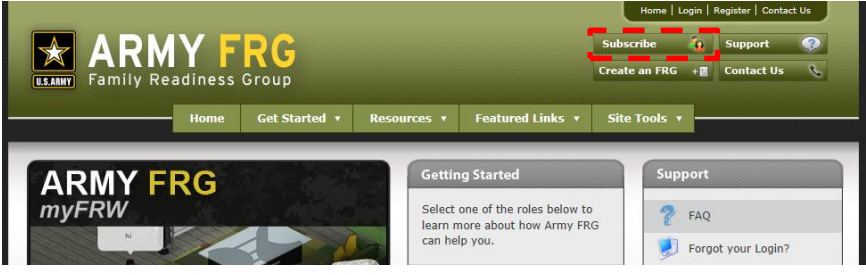


## Subscribing as a Family Member

Go to the Army SFRG site	
Open your web browser and type in the Army FRG address.	<p style="text-align: center;"><a href="http://www.armyfrg.org">www.armyfrg.org</a></p>
Log in if you have an account	
If you already have an account on Army FRG, you should log in first.	 <p>The screenshot shows the Army FRG website home page. The top navigation bar includes links for Home, Login, Register, and Contact Us. The 'Login' link is highlighted with a red box. Below the navigation bar, there are buttons for 'Subscribe', 'Support', 'Create an FRG', and 'Contact Us'. The main content area features a 'Getting Started' section with a 'myFRW' logo and a 'Support' section with links for 'FAQ' and 'Forgot your Login?'.</p>
Start the subscription process	
Click on the <b>Subscribe</b> button in the top right portion of the screen.	 <p>The screenshot shows the Army FRG website home page. The top navigation bar includes links for Home, Login, Register, and Contact Us. The 'Subscribe' button is highlighted with a red box. Below the navigation bar, there are buttons for 'Create an FRG' and 'Contact Us'. The main content area features a 'Getting Started' section with a 'myFRW' logo and a 'Support' section with links for 'FAQ' and 'Forgot your Login?'.</p>

## Indicate your Unit Sponsor

Access to your Unit's SFRG site is restricted to the members of the SFRG. You will need to identify your Sponsor.

Enter the name and the last four digits of the SSN for your Sponsor. Then, click **Search**.

Please note, you must match the name and last four exactly. Capitalization is not important, but spelling is.

## Step 1: Indicate Your Unit Sponsor

\* = required

Please enter your Sponsor's information:

- ▶ **Your Sponsor is a Soldier or DoD Civilian that you personally know in the Unit and represents your connection to the Unit.**
- ▶ **If you are the Sponsor (Soldier or DoD Civilian) in the Unit, then please enter your own personal information below.**

Army FRG is a secure site for Army Soldiers, DoD Civilians and their Families. Access to a Unit's Virtual Family Readiness Group (vFRG) Site will only be granted to users who know a Sponsor personally.

\* **Sponsor First Name**

\* **Sponsor Last Name**

\* **Last four digits of the Sponsor's Social Security Number**  
  [Why do we need this?](#)

## Find your Unit

A list of sites which match the Sponsor information listed as a member will appear.

Click **Select Unit** for the Unit you wish to subscribe to.

## Step 1: Indicate Your Unit Sponsor

\* = required


Please enter your Sponsor's information:

- ▶ **Your Sponsor is a Soldier or DoD Civilian that you personally know in the Unit and represents your connection to the Unit.**
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\* **Sponsor First Name**

\* **Sponsor Last Name**

\* **Last four digits of the Sponsor's Social Security Number**  
  [Why do we need this?](#)

Your Sponsor, Terry Travers, is a Member of the following Unit(s). Select a Unit to request access to its vFRG.

**1984th United States Army Hospital**

9th RRC, Honolulu  
Location: Hawaii  
UIC: W7UEAA

**3d Armored Cavalry Regiment**

Fort Hood  
Location: Texas  
UIC: WAYBAA

**Register for Unit access: Logged in, on Sponsor's Invitation List**

If you are logged in and the name on your account matches a name on your Sponsor's Invitation List, then your subscription will be automatically approved. You should see a summary of your registration. You can go to your site by clicking **Visit Your Unit's vFRG Site**.

Please note, this match must be exact. Capitalization is not important, but spelling is.

**Step 3: Success!**

Congratulations, you are now signed up with the vFRG (Virtual Family Readiness Group) for the Unit you have indicated.

You can access your Unit's vFRG Site by selecting the button below.

In the future, you can access the Unit's vFRG Site by logging in to Army FRG.

**Your Account Information**

Thomas Travers  
Username: thomas.travers  
Email: thomas.t.travers@mail.com

[Visit Your Unit's vFRG Site](#)

**Unit**

1984th United States Army Hospital  
9th RRC, Honolulu  
Location: Hawaii  
UIC: W7UEAA

**Sponsor**

Terry Travers  
SSN: 9999

**Register for Unit access: Logged in, not on Sponsor's Invitation List**

If you are logged in but the name on your account does not match any name on your Sponsor's Invitation List, you will be asked to identify yourself.

Indicate that you are the Family Member and verify your name and Contact Information. Then, click **Submit**.

**Step 2: Register for Unit Access**

\* = required

**Enter Personal Information**

\* Unit Affiliation

I am the Sponsor (Soldier or DoD Civilian) who is part of this Unit.  
 I am a Family Member, friend, or other relation to the Sponsor.

\* Your First Name      \* Your Last Name  
Thomas      Travers

**Enter Contact Information**

\* Your Email  
thomas.t.travers@mail.com

\* Confirm Email  
thomas.t.travers@mail.com

\* Your Phone Number      Ext.  
123-456-7890     

[Back](#)      [Submit](#)

**Unit**

1984th United States Army Hospital  
9th RRC, Honolulu  
Location: Hawaii  
UIC: W7UEAA

**Sponsor**

Terry Travers  
SSN: 9999

**Register for Unit access: Pending**

After you enter your information, your subscription will be pending approval by the SFRG Admin for the site.

**Step 3: Success!**

You are registered successfully.

Your subscription is pending approval. Due to security issues, the vFRG Administrator must verify and approve your information before they can allow access. Please be patient as this process may take a few days or so. They are actively working to connect you to the information you need about your Sponsor.

**Your Account Information**

Thomas Travers  
Username: thomas.travers  
Email: thomas.t.travers@mail.com

[Go to Home Page](#)

**Unit**

1984th United States Army Hospital  
9th RRC, Honolulu  
Location: Hawaii  
UIC: W7UEAA

**Sponsor**

Terry Travers  
SSN: 9999

## Register for Unit access: Not logged in

If you are not logged in, you will be asked to create an account.

Indicate that you are a Family Member and enter your Contact Information. Then, create a username and password and fill in the rest of your profile.

When finished, click **Submit**.

### Step 2: Register for Unit Access

\* = required

**Enter Personal Information**

\* **Unit Affiliation**

I am the Sponsor (Soldier or DoD Civilian) who is part of this Unit.  
 I am a Family Member, friend, or other relation to the Sponsor.

\* **Your First Name**      \* **Your Last Name**

Thomas      Travers

**Enter Contact Information**

\* **Your Email**

thomas.t.travers@mail.com

\* **Confirm Email**

thomas.t.travers@mail.com

\* **Your Phone Number**      **Ext.**

123-456-7890     

**Create an Account** [? What's This?](#)

\* **Create Username**  
4 - 15 characters (No spaces)

thomas.travers Available

\* **Create Password**  
16 characters (max)

••••••••

\* **Confirm Password**

••••••••

**Enter Your Location** [? What's This?](#)

**Address**

123 Main

**Address cont.**

\* **City**      \* **State**

Honolulu      Hawaii

\* **Country**

United States

\* **ZIP Code or Postal Code**

96818

**Enter Your Demographic Information** [? What's This?](#)

\* **Your Proximity to the nearest Military Installation**

0-14 miles  
 15-25 miles  
 25+ miles

\* **Military Component You are Affiliated with**

Active

\* **Your Age Range**

25 to 34

\* **Your Relation to the Military**

Family Member

[Back](#)      [Submit](#)

**Unit**

1984th United States Army Hospital  
9th RRC, Honolulu  
Location: Hawaii  
UIC: W7UEAA

**Sponsor**

Terry Travers  
SSN: 9999

**Not logged in: On Sponsor's Invitation List**

If the name you use to create the account matches a name on your Sponsor's Invitation List, then your subscription will be automatically approved. You should see a summary of your registration. You can go to your site by clicking **Visit Your Unit's vFRG Site**.

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**Thomas Travers**  
Username: thomas.travers  
Email: thomas.t.travers@mail.com

[Visit Your Unit's vFRG Site](#)

**Unit**

**1984th United States Army Hospital**  
9th RRC, Honolulu  
Location: Hawaii  
UTC: W7UEAA

**Sponsor**

**Terry Travers**  
SSN: 9999

**Not logged in: Not on Sponsor's Invitation List**

If the name you use to create the account does not match any name on your Sponsor's Invitation List, your subscription will be pending approval by the FRG Admin for the site.

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**Thomas Travers**  
Username: thomas.travers  
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[Go to Home Page](#)

**Unit**

**1984th United States Army Hospital**  
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