## Subscribing as a Family Member

### Go to the Army SFRG site
Open your web browser and type in the Army FRG address.

<table>
<thead>
<tr>
<th></th>
<th><a href="http://www.armyfrg.org">www.armyfrg.org</a></th>
</tr>
</thead>
</table>

### Log in if you have an account
If you already have an account on Army FRG, you should log in first.

### Start the subscription process
Click on the **Subscribe** button in the top right portion of the screen.
## Indicate your Unit Sponsor

Access to your Unit’s SFRG site is restricted to the members of the SFRG. You will need to identify your Sponsor.

Enter the name and the last four digits of the SSN for your Sponsor. Then, click **Search**.

Please note, you must match the name and last four exactly. Capitalization is not important, but spelling is.

### Step 1: Indicate Your Unit Sponsor

<table>
<thead>
<tr>
<th><strong>Sponsor First Name</strong></th>
<th><strong>Sponsor Last Name</strong></th>
<th><strong>Last four digits of the Sponsor’s Social Security Number</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Terry</td>
<td>Travers</td>
<td>9999</td>
</tr>
</tbody>
</table>

## Find your Unit

A list of sites which match the Sponsor information listed as a member will appear.

Click **Select Unit** for the Unit you wish to subscribe to.
### Register for Unit access: Logged in, on Sponsor’s Invitation List

If you are logged in and the name on your account matches a name on your Sponsor’s Invitation List, then your subscription will be automatically approved. You should see a summary of your registration. You can go to your site by clicking **Visit Your Unit’s vFRG Site**.

Please note, this match must be exact. Capitalization is not important, but spelling is.

### Register for Unit access: Logged in, not on Sponsor’s Invitation List

If you are logged in but the name on your account does not match any name on your Sponsor’s Invitation List, you will be asked to identify yourself.

Indicate that you are the Family Member and verify your name and Contact Information. Then, click **Submit**.

### Register for Unit access: Pending

After you enter your information, your subscription will be pending approval by the SFRG Admin for the site.

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**Step 3: Success!**

Congratulations, you are now signed up with the vFRG (Virtual Family Readiness Group) for the Unit you have indicated. You can access your Unit’s vFRG Site by selecting the button below. In the future, you can access the Unit’s vFRG Site by logging in to Army FRG.

**Your Account Information**

<table>
<thead>
<tr>
<th>Thomas Travers</th>
</tr>
</thead>
<tbody>
<tr>
<td>User Name: <a href="mailto:thomas.travers@email.com">thomas.travers@email.com</a></td>
</tr>
</tbody>
</table>

**Unit**

1084th United States Army Hospital
9th BCT, Honolu,
Location: Hawaii
UEC: W7E6EA

**Sponsor**

Terry Travers
EID: 9999

Submit
If you are not logged in, you will be asked to create an account.

Indicate that you are a Family Member and enter your Contact Information. Then, create a username and password and fill in the rest of your profile.

When finished, click Submit.
**Not logged in: On Sponsor’s Invitation List**

If the name you use to create the account matches a name on your Sponsor’s Invitation List, then your subscription will be automatically approved. You should see a summary of your registration. You can go to your site by clicking **Visit Your Unit’s vFRG Site**.

Please note, this match must be exact. Capitalization is not important, but spelling is.

**Not logged in: Not on Sponsor’s Invitation List**

If the name you use to create the account does not match any name on your Sponsor’s Invitation List, your subscription will be pending approval by the FRG Admin for the site.