



# RESPIRE CARE FOR ARMY EFMP FAMILIES

Army EFMP Respite Care provides you a needed break from time to time to look after your own personal needs. Eligibility is based on condition and severity for 25 respite care hours monthly.

## STEP 1: To Qualify Initially, or Annual Review

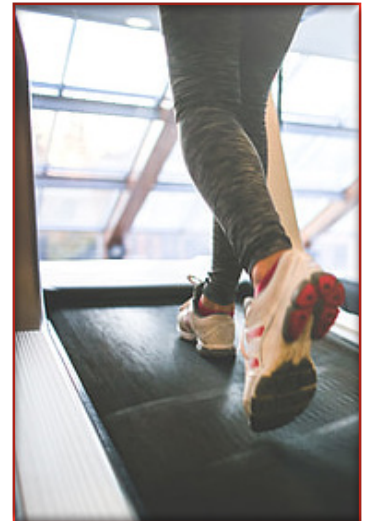
### Eligible Condition Verification

-DA Form 4700 provider signed/stamped

### EFMP verification

-DD Form 2792 provider signed/stamped with an EFMP medical receipt stamp

**or** EFMP Enrollment Summary stamped



## STEP 2: To Apply or Renew

### After Step 1

Provide forms and schedule a respite care appointment with EFMP Family Services, by sending your contact information and/or questions to the group mailbox:

[usarmy.jblm.imcom.list.dpfr-efmp-support-services@mail.mil](mailto:usarmy.jblm.imcom.list.dpfr-efmp-support-services@mail.mil)

### After the Initial Appointment

Decision may take up to 30 days and following, services are coordinated if approved.

## Helpful Tips

DA Form 4700 or enrolling in EFMP may be requested through the MHS Genesis Patient Portal. Often, if you saw your provider in the last six months they may provide without needing to schedule in person or telehealth appointment.

### MHS Genesis Patient Portal

<https://myaccess.dmdc.osd.mil/identitymanagement/authenticate.do?execution=e2s1>

A copy of your EFMP enrollment summary may be obtained through emailing:

### Madigan EFMP group mailbox

[usarmy.jblm.medcom-mamc.mbx.efmp@mail.mil](mailto:usarmy.jblm.medcom-mamc.mbx.efmp@mail.mil)

Joint Base Lewis-McChord  
**Directorate of Personnel  
& Family Readiness**

**JBLM DPFR**  
Your Community Navigator

Follow us on Social Media  
@JBLMDPFR

[jblmdpfr.com](http://jblmdpfr.com) | (253) 967-7166