



**Joint Base Lewis - McChord MWR**  
**Family & Morale, Welfare & Recreation**

**POOL SCHEDULE – EFFECTIVE 3 OCT 2022**

Days of the Week:	Soldiers Field House Pool, 3236 2 <sup>nd</sup> Division Drive 253-967-5390	Kimbro Pool (McVeigh Fitness Center), 2161 Liggett Avenue 253-967-5026
Monday & Wednesday	0500-0630 Lap Swim 0630-0800 Scheduled Military Training* & Lap Swim (2 Lanes) 0800-1200 Scheduled Military Training* 1200-1300 Lap Swim 1300-1415 Lap Swim (3 Lanes), Youth Swim Lessons, & Deep End 1415-1515 Lap Swim (6 Lanes) & Deep Water Running (Deep End) 1515-1715 Lap Swim (3 Lanes) & Recreation Swim** 1715-1910 Youth Swim Lessons (Registration Required)	<b>CLOSED FOR MAINTENANCE STARTING 23 MAY 2022</b>
Tuesday & Thursday	0500-0630 Lap Swim 0630-0800 Scheduled Military Training* & Lap Swim (2 Lanes) 0800-1200 Scheduled Military Training 1200-1300 Lap Swim 1300-1530 MAMC Physical Therapy 1530-1715 Youth Swim Lessons (Registration Required) 1715-1900 Lap Swim (3 Lanes) and Recreation Swim**	
Friday	0500-0630 Lap Swim 0630-0730 P3T (3 Lanes) Lap Swim (3 Lanes & Deep End) 0730-0830 TBI (3 Lanes) Lap Swim (3 Lanes & Deep End) 0830-0930 Lap Swim 0930-1030 Water Aerobics (6 Lanes) & Lap Swim (Deep End) 1030-1300 Lap Swim 1300-1900 Lap Swim (3 Lanes) and Recreation Swim**	
Saturday	1000-1200 Youth Swim Lessons (Registration Required) 1200-1800 Lap (3 Lanes) and Recreation Swim**	
Sunday/HOL/DONSA	1000-1800 Lap Swim (3 Lanes), and Recreation Swim**	

\*LAP SWIM IS AVAILABLE WHEN THERE IS NO MILITARY TRAINING SCHEDULED. PLEASE CALL FOR AVAILABILITY. \*\*RECREATION SWIM INCLUDES THE DEEP END.

**FOR INSTANT UPDATES, FOLLOW US ON FACEBOOK, OR THE OFFICIAL WEBPAGE: JBLM SPORTS, FITNESS & AQUATICS (FB) or <https://jblm.armymwr.com/programs/aquatics>**