

BETTER OPPORTUNITIES FOR SINGLE SERVICE MEMBERS

What's Happening with BOSS

May 2: CrossFit Class (1030–1200)

Work out with the BOSS team and learn the basics of CrossFit!

Cost: FREE

Location: Meet at the Warrior Zone at 0815 or at 1215. **Registration:** Register through QR code, or the BOSS office.

May 2: CPR Class (0900-1030 & 1300-1430)

Join us for a free CPR Class and earn your certification!

Cost: FREE

Location: Meet at the Warrior Zone at 0820 and at 1220. **Registration:** Register through QR code, or the BOSS office.

May 7: Cooking Class (1700-1900)

Learn the basics of cooking with the BOSS team and JBLM Libraries!

Cost: FREE

Location: Grandstaff Library

Registration: Register through QR code, or the BOSS office.

May 8: How to build your BOSS Board (0630-1300)

Join us for a morning of Sports PT and a tutorial on how to build a

BOSS board for your unit!

All unit BOSS reps are invited to join the BOSS team for lunch to follow!

Cost: FREE

Location: Meet at the Warrior Zone at 0945.

Registration: Register through QR code, or the BOSS office.

May 14: Edible Garden (0900-1300)

Cost: Free

Learn to grow your own edible and self-sustaining garden!

Location: Meet at the Warrior Zone at 0815.

Registration: Register through QR code, social media, or the BOSS

office.

May 15: Performance Nutrition Class (1000–1100)

Cost: Free

Learn the fundamentals of nutrition, health, and performance!

Location: Meet at the Warrior Zone at 0945.

Registration: Register through QR code or the BOSS office.

May 15: Community Meeting (1400–1500)

Let your voice be heard and see what's happening with BOSS in our

monthly Community Meeting.

Location: Stone Education Center, 6242 Colorado Ave, JBLM-Lewis

Main.

May 16: Paint N Sip (1800–2000)

Cost: FREE

Come join us at our popular, monthly paint and sip. Bring your

Friends!

Location: Meet at Warrior Zone at 1800.

Registration: Register through QR code, or the BOSS office.

May 22: Twin Falls Hike (1100-1400)

Join BOSS for our first summer waterfall hike at Twin falls in North

Bend, WA! **Cost:** FREE

Location: Meet at Warrior Zone at 0945.

Registration: Register through QR code or the BOSS office.

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2025

Continued

May 24: Pottery Class (1500-1700)

Learn how to throw mud and create your own mug!

Cost: Free

Location: Meet at the Warrior Zone at1415.

Registration: Register through QR code or the BOSS office.

May 28: Bowling (1700-1900)

Join us for a fun afternoon of bowling.

Cost: FREE

Location: Meet at Warrior Zone at 1430.

Registration: Register through QR code, or the BOSS office.

May 29: Kick Boxing (1000-1200)

Join us in learning the skill of kick boxing!

Cost: FREE

Location: Meet at Warrior Zone at 0945.

Registration: Register through QR code, or the BOSS office.

Volunteer Opportunities

May 1-15: Spring Clean Up, JBLM Post-Wide Clothing Drive

Cost: FREE

Clean out your closets of gently used clothing and help us give back to the Tacoma Community through Tacoma Rescue Mission! **Location:** Drop sites at Warrior Zone, any Lewis Main Chapel,

North Fort Chapel, Lewis Main PX and McChord BX.

Drop off time: 0930-1800

May 6: Thrift Store (1000–1200)

Cost: FREE

Help us volunteer at the Fort Lewis Thrift Store.

Location: Meet at the Warrior Zone at 0930.

Registration: Register through QR code, social media, or the BOSS office.

May 14: Lewis Army Museum (0930–1300)

Cost: FREE

Join the BOSS team in experiencing the Lewis Army Museum.

Location: Meet at the Warrior Zone at 0915.

Registration: Register through QR code, social media, or the BOSS office.

May 17: Armed Forces Day (Time TBD)

Join the BOSS team at the annual JBLM Armed Forces Day and help us sell burgers and hotdogs!

Cost: Free

Location: Meet at the Warrior Zone at TBD

Registration: Register through QR code, or the BOSS office.

May 19–23: BOSS Warehouse Clean-Out (1300-1600 Daily)

Help us clean out and organize our BOSS warehouse!

Location: Meet at the Warrior Zone at 1245.

Registration: Register through QR code, social media, or the BOSS

office

Sign up for BOSS events herel

