

# SATURDAY, APRIL 13



**ENTRY • FORM**  
**9AM • COWAN STADIUM**

**YOUTH AGES 5-THRU-16**

**ENTRY IS FREE**

Distance: 5 & 6 Year olds= 1/2 mile • 7-8 Year olds= 1 mile •  
9-16 Year olds= 2 miles

**SHIRTS GUARANTEED FOR  
PRE-REGISTERED PARTICIPANTS ONLY**

Parents/Spectators are encouraged to stand along the route and the Start/Finish area to cheer on the runners

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Telephone \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Check here if Wheelchair Entrant **please call 253.967.2405 if assistance is needed**

**T-SHIRT SIZE (FOR PARTICIPANTS ONLY. PLEASE CHECK ONE)**

Youth Small  Youth Medium  Youth Large

Adult Small  Adult Medium  Adult Large  Adult X-Large

### WAIVER • PARENTS PLEASE READ & SIGN BELOW

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the Joint Base Lewis-McChord America's Armed Forces Kids Run including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release America's Kids Run officials, organizers, the United States Air Force, the United States Navy, the United States Army, the United States Marine Corps, the United States Coast Guard, Reserve Units of the United States Armed Forces, and all volunteers associated with America's Armed Forces Kids Run, MWR, DeCA, Spokane Produce, sponsors, their representatives, event organizers, and their representatives and successors from all claims and liabilities of any kind arising out of participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Youth Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

**PRE-REGISTRATION DEADLINE • MARCH 31, 2019**

**ANY REGISTRATIONS TURNED IN AFTER MARCH 31, 2019 ARE NOT GUARANTEED A SHIRT • LATE REGISTRATION ACCEPTED IN SPORTS OFFICE ONLY**

**Pre-Race Day Packet Pickup available: April 9-12, 9am-1pm**



*Go the distance!*

**NO FEDERAL ENDORSEMENT IMPLIED**