

### Joint Base Lewis-McChord "We are a Joint Force Power Projection Platform"

Trust and Transparency - Collaboration - Collective Responsibility



### **Garrison Update Agenda**



- 0930-0935 Welcome COL Nicole Lucas, Joint Base Garrison Commander
- 0935-0945 Opening Remarks:
  - MG William Graham, Deputy Commanding General, I Corps
  - Col Mark Furhmann, 62<sup>nd</sup> Operations Group Commander
- 0945-1000 Installation Hot Topics:
  - High Speed Rail/Solo Point Update, Mr. Ted Solonar, Deputy Director Emergency Services
  - Road Construction, Mr. Chuck Markham, Deputy Director Public Works
  - Child Supervision Guidelines, Ms. Alecia Grady, D/PFR
  - Civilian Hall of Fame Award, Mr. Joe Piek, Garrison PAO
- 1000-1010 Madigan Army Medical Center, COL Thomas Bundt, Commander Madigan
- 1010-1030 Updates
  - D/Plans, Training, Aviation, Mobilization Services, Mr. Buck James
  - Personnel & Family Readiness, Ms. Alecia Grady, D/Personnel & Family Readiness
  - Sustainability Program, Ms. Catherine Hamilton-Wissmer
  - Housing Office, Ms. Beth Wilson
  - MWR, Ms. Kelly Wetzel
  - BOSS, SGT Jin Lim, President
  - Religious Support, CH (COL) Randy Brandt
  - Commissary Update, Ms. Jan Yandall
  - Post Exchange Update, Mr. Mike Cruz
  - Lewis Community Spouses Club, Ms. Laura Basye
  - Red Cross, Ms. Moira Neal
- 1030-1045 Command Comments Next Community Update 1 May 19 at Nelson Rec Center





### Commander's Comments

MG William Graham, Deputy Commanding General, I Corps

Col Mark Furhmann, 62<sup>nd</sup> Operations Group Commander



- High speed rail will resume service through the JBLM corridor in Spring 2019.
- Trains will travel at 79 MPH as they pass through the installation between Liberty and 41<sup>st</sup> Gates.

- DO NOT TRY TO BEAT THE TRAIN!!
- DO NOT STOP ON THE TRACKS!!





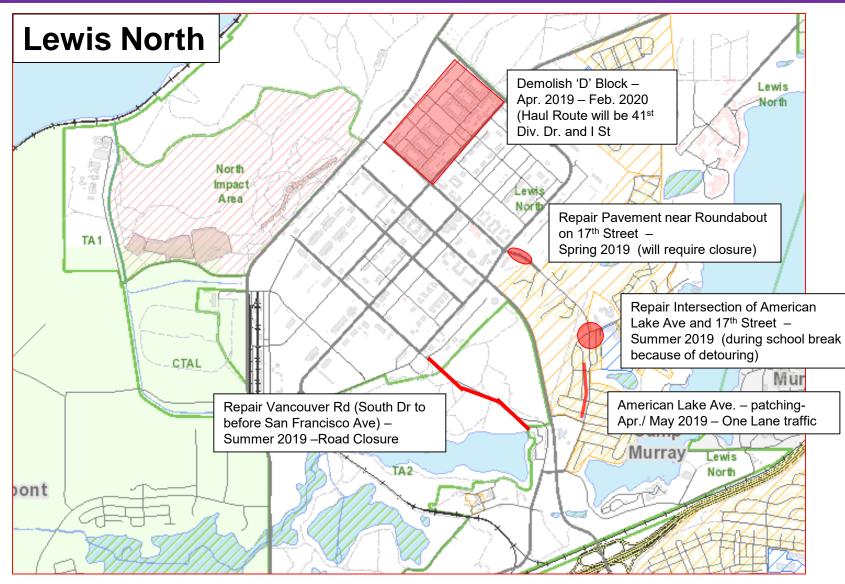
#### Flashing Lights- STOP!!!

Saturday, 23 March 2019- Rail crossing leading into Lewis-North



### Spring / Summer 2019 Road Work

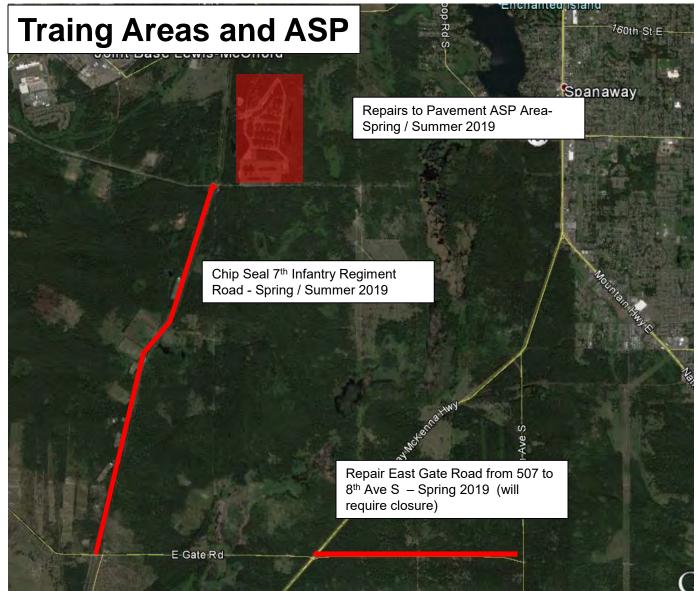






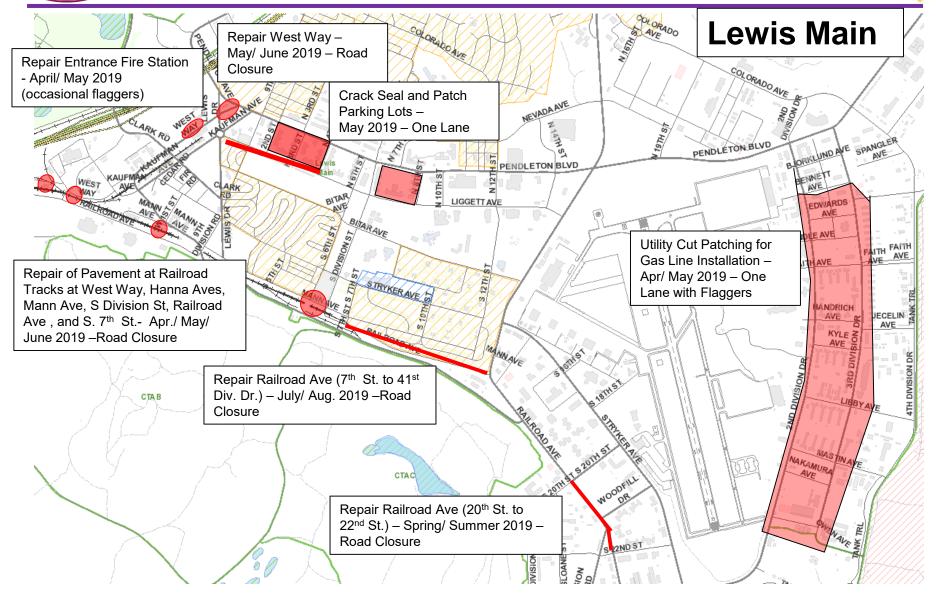
### Spring / Summer 2019 Road Work





### Spring / Summer 2019 Road Work







#### GUIDELINES FOR LEAVING KIDS HOME ALONE on Joint Base Lewis-McChord

Age of Child	* <u>Supervision Level</u>	Length of Time
0-9 YEARS	DIRECT SUPERVISION	AT ALL TIMES
10-11 YEARS	MONITORED CARE	2 CONSECUTIVE HOURS
11-12 YEARS	SELF-CARE	4 CONSECUTIVE HOURS
13-15 YEARS	SELF-CARE	6 CONSECUTIVE HOURS
16-17 YEARS	SELF-CARE	10 CONSECUTIVE HOURS

#### \*LEVELS OF SUPERVISION

#### DIRECT SUPERVISION

Adult supervision on a regular basis during out of school hours & parental duty day. After age 3, an adult must have line-of-sight monitoring ability to be able to respond immediately if needed.

#### MONITORED CARE

An adult is aware of child's location and activcities during out of school hours. An emergency contact is available at all times.

#### SELF-CARE

Parents must assess child's ability to be in self-care.

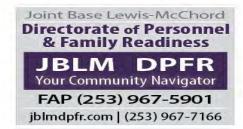
#### **GUIDELINES FOR BABYSITTING**

Age of Sitter	<u>Requirements</u>	
12	May babysit other children 1-11 years old up to 3 hours without adult supervision.	
13 - 14	May babysit other children <b>0-11 years old up to 3 hours</b> without adult supervision.	
15 - 17	May babysit other children <b>0-11 years old</b> . (not overnight)	
18 +	18 + May babysit children of all ages overnight or for extende periods of time (TDY, parents on vacation, deployment, etc)	

AR 608-10, AR 608-18, & AR 608-75 Require all installation commanders implement a "home alone" policy to address ages & circumstances under which a child may be left at home alone during parental duty hours without adult supervision.



- Things to memorize: Full name, address, telephone number
- Post a list of numbers to call in case of emergency
- Let trusted neighbors know that your child may be home alone
- Call the child several times while you are away
- Tell children not to go into other people's homes without your permission
- Designate a safe house to run to if the child feels like he/she is in danger
- Teach children basic home safety (lock doors and windows, kitchen safety, etc)





UNCLASSIFIED

### **JBLM Civilian Hall of Fame**



#### 2019 JBLM Civilian Hall of Fame LTG William H. Harrison Service Award

Nomination period Jan. - Oct. 2019

- Established in 2003
- Recognizes community member(s) who have contributed to the community as a civilian for three or more years, and who through their efforts, made an exceptional impact on Service members, military families, or the JBLM community
- 25 inductions since 2004

For more information, contact JBLM Garrison Public Affairs, 253-967-0148 or 0168

	2018	Mary Findlay – Suits for Service members
	2016	John and Margaret Farrell Farelli's and McNamara's restaurants
	2016	John Caulfield City Manager, City of Lakewood
	2015	Amy Tiemeyer America's Credit Union / AUSA
	2014	Joan Shalikashvili USO – Puget Sound
	2013	Carlene Joseph Harborstone Credit Union / AUSA
	2012	Tamara Jenkins Mayor, City of DuPont
	2012	Ken Swarner Swarner Communications
	2012	CSM (Ret.) Herb Schmeling USO, AUSA, SMA Assoc., Fisher House
	2011	Janice Buckley Operation Homefront
	2010	Mike Fried Volunteer, 201st Battlefield Surveillance Brigade
	2010	Denise Dhane Operation Make A Soldier Smile
	2010	Vicky Mohler Support America's Armed Forces, Operation Santa
	2007	Nadine Gulit Operation Support Our Troops
	2007	AI Eckroth Military Family Support March (Lacey)
	2006	Kathy Turner Mayor, City of Puyallup
	2006	Marion Sydenham-Ball Volunteer, Lewis Army Museum
	2005	Dick Muri Councilmember, Pierce County
		Adam Smith U.S. Representative (WA-9)
		LTG (Ret.) Bill Harrison Mayor, City of Lakewood
	2004	
	2004	
	2004	
	2004	
I	2004	Norm Dicks U.S. Representative (WA-6)





### **Madigan Army Medical Center**



#### **Community Update April 2019**



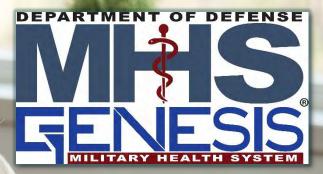
#### Madigan's 4<sup>th</sup> LIVE! Pediatrics virtual town hall

LIVE





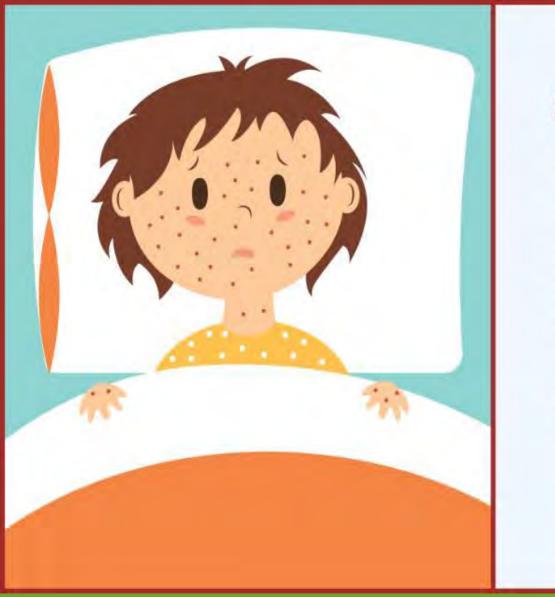
### Establishing a DS LOGON is the first step to accessing the MHS GENESIS Patient Portal.





Need assistance? Contact the DMDC/DEERS Support office: 800-538-9552

Madigan has also created video tutorials to assist you on the Madigan website at: https://www.mamc.health.mil/patients/mhs-genesis.aspx



### **Measles Symptoms**

- High fever
- Cough
- Runny nose
- Red, watery eyes
- Rash (3-5 days after symptoms begin)
- White dots inside of the mouth (in some cases)

HHS.gov

Contact Madigan's Pediatric Clinic: 253-968-3066, use option #3 to speak with a nurse. Nurse Advice Line | Call 1-800-TRICARE (1-800-874-2273), option 1 (24 hours a day, 7 days a week.) MHS Genesis Patient Portal: <u>https://patientportal.mhsgenesis.health.mil/</u>

## FOLLOW MADIGAN G D D D D D

Are you following Madigan Army Medical Center on social media? We are active on multiple social media platforms for your convenience. Follow us today to keep up to date on the latest news involving Madigan!



Facebook.com/MadiganHealth Twitter.com/MadiganHealth Instagram.com/MadiganMedicine YouTube.com/c/MadiganArmyMedicalCenter





#### Directorate Plans, Training, Mobilization, and Security Key Events – April 2019-June 2019



- 01-05 APR 19, Spring Break (Bethel, Central Kitsap, Clover Park, Olympia, North Thurston. Selah, Shelton, Tacoma, Tenino, Tumwater, Yelm)
- 01-05 APR 19, Spring Clean Up, Times vary, C5A Mock-up and various other Locations, Lead: JBG/DPTAMS/I Corps
- 04 APR 19, Kids Fest (Month of the Military Child Kick-off), 1300, MWR Fest Tent, Lead: DFMWR
- 07-13 APR 19, Volunteer Appreciation Week, Lead DPFR
- 08-12 APR 19, Spring Break (Auburn, Federal Way, Franklin Pierce, Orting, Puyallup)
- 09 APR 19, CYS Job Fair, 0800, Eagles Pride Golf Course, Lead: DFMWR
- 16 APR 19, Commander's Cup Outdoor Soccer Season Begins, Time TBD, LNAC and Cowan Stadium, Lead: DFMWR
- 18 APR 19, Monthly RET Ceremony, 1400 (Retirees Show up at 1230), Carey Theater, Lead: I Corps/7 ID
- 19 APR 19, Commander's Cup 10-Miler Qualifier, 0430-0830, Location: TBD, Lead: DFMWR
- 20 APR 19, Easter Dash, Time TBD, Cowan Stadium, Lead: DFMWR
- 23 APR 19, CYS Job Fair, 0800, Eagles Pride Golf Course, Lead: DFMWR
- 26 APR 19, Latin Night, 1900, Samuel Adams Cascade, Lead: DFMWR
- 26 APR 19, Wine and Canvas Night, 1745-2030, Nelson Rec Center, Lead: DFMWR
- 27 APR 19, Spring Flea Market, 0900-1300, MWR Fest Tent, Lead: DFMWR
- 01 MAY 19, Holocaust Remembrance Day & Days of Remembrance, Location/Time TBD, Lead: 42 MP
- 01 MAY 19, Asian American / Pacific Islander Heritage Month Observance, Location/Time TBD, Lead: 555 EN
- 02 MAY 19, JBLM National Prayer Breakfast, 0700, McChord Club, Lead: Chaplain
- 11 MAY 19, Northwest Adventure Center (NAC) Open House and Yard Sale, 0900-1700, NAC, Lead: DFMWR
- 11 MAY 19, Down & Dirty Mud Run, 0900-1300, Soldiers Field House, Lead: DFMWR
- 12 MAY 19, Mother's Day Brunch, Time TBD, McChord Club, Lead: DFMWR
- 17 MAY 19, Retiree Appreciation Day, 0730-1600, American Lake Conference Center, Lead: DPFR
- 17 MAY 19, Monthly Retirement Ceremony, 1400, Carey Theater, Lead: I Corps
- 27 MAY 19, JBLM Memorial Day Ceremony, 1130-1230, Camp Lewis Cemetery, Lead: Protocol
- 31 MAY-02 JUN 19, Special Olympics of Washington (SOWA) Spring Games, Various Times/Locations, Lead: I Corps/DPTAMS
- 03 JUN 19, Seattle Hiring Expo with the Seattle Mariners, Times TBD, T-Mobile Field (Seattle), Lead: DPFR
- 08 JUN 19, Sound to Narrows Military 12K, 0630, Vassault Park, Tacoma, Lead: DFMWR
- 14 JUN 19, CG Golf Scramble, Time TBD, Eagles Pride Golf Course, Lead: DFMWR
- 14 JUN 19, Army's 244rd Birthday & DONSA
- 21 JUN 19, Monthly Retirement Ceremony, 1400, Carey Theater, Lead: I Corps
- 22 JUN 19. Rainier Cup. 1300. Whispering Firs Golf Course. Lead: DFMWR



#### **PERFORMANCE FUELING VENDING OPTIONS!**

In partnership with AAFES Exchange, JBLM is conducting a pilot program starting March 2019 to offer 100% healthy snacks & beverages in 22 vending machines Check them out at these locations!

#### PARTICIPATING VENDING MACHINE LOCATIONS

Look for the #EatWellPerformWell Logo!

#### **JBLM** Main

- 1. Garrison HHC Reception Center, Bldg 2021
- 2. Jensen Gym, Bldg 2022
- 3. McVeigh Gym, Bldg 2161
- 4. 1-2 SBCT, Brigade HQ (tower) Bldg 3733
- 5. 1-2 SBCT, Brigade Annex Bldg 3734
- 6. 42 MP, 504th MP Companies Bldg 6160
- 7. 62 MED BDE, Large Consolidated Office Facility (LCOF), Bldg 3369
- 8. 16 CAB, 2-158 Hangar, Bldg 31010
- 9. 201 EMIB, HHC, Company Operations Facility Bldg 3373

#### **JBLM** North

- 1. 17 FAB, Brigade HQ Bldg 13711
- 2. 555 Engineers, Brigade Annex Bldg 12888
- 3. 555 Engineers, Brigade HQ Bldg 12835
- 4. 2-2 SBCT, Brigade HQ Bldg 11265

\*Find additional vending machines with healthy items at these JBLM-McChord Field locations:

- 1. McChord Fitness Center, Bldg 729
- 2. McChord Clinic, Bldg 690
- 3. McChord Pax Terminal, Bldg 1179





Support this initiative & provide feedback!

www.surveymonkey.com/r/VendingG4G





### Leschi-Quiemuth Honor Walk



11<sup>th</sup> Annual Leschi-Quiemuth Honor Walk

27 April 2019 9 a.m. – 4 p.m.

- 7-mile walk or bus ride encourages and connects generations of Nisqually tribal members to their ancestral lands
- Serves as a physical piece of Tribal History
- Organizes visitation of Pioneer cemeteries
  and family homesteads







Chief Leschi

Chief Quiemuth

Attendees:

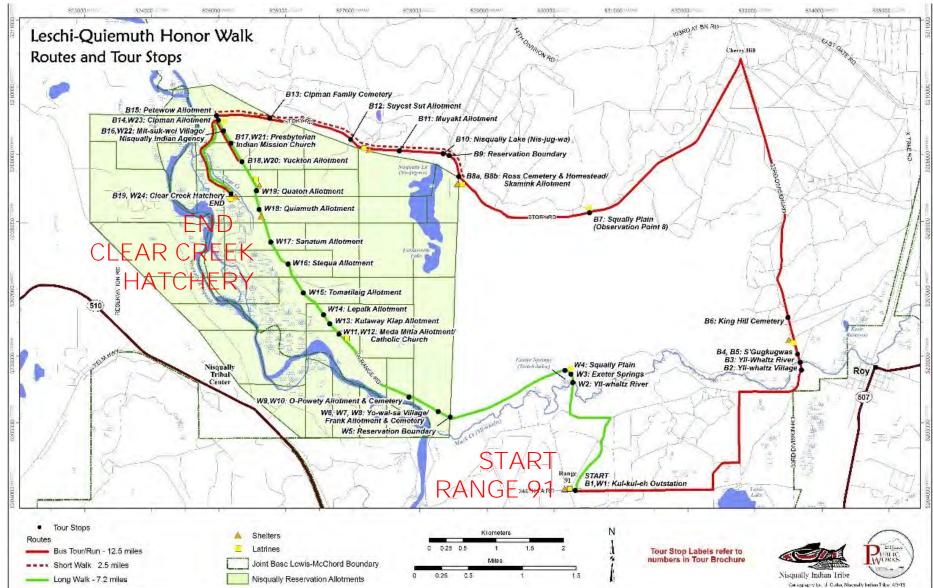
- Nisqually, Puyallup, Squaxin Island Tribal members
- Regional Tribal Members of neighboring Tribes
- Military Service and Family Members





### **Leschi-Quiemuth Honor Walk**







### Leschi-Quiemuth Honor Walk



- 0900 JBLM Military and Family participants meet at Carey Theater Board 44-PAX bus; drive to Range 91
- 1000 Opening Remarks and Safety Briefing
- 1020 Hikers and buses depart

<u>3 options:</u> 7-mile walk, 12-mile bus ride, or 9-mile bus ride and 3-mile walk

- Participants bring your own water, snacks, and back pack
- Route around Artillery Impact Area and Southern Impact Area

#### Route includes:

- Village sites where cedar long houses once stood
- Nisqually homesteads, Pioneer cemeteries, and plains where Chief Leschi trained his men during the Indian War of 1854-1855
- 1500 Event ends at the Clear Creek Fish Hatchery
- 1600 Bus returns to Carey Theater

RSVP: Donna Turnipseed, DPW Cultural Resources Manager 253-966-1766 donna.l.turnipseed2.civ@mail.mil





### GO Transit gets you there!



Need a ride? Catch *GO* Transit! If you can get on base, you can ride for FREE!

The shuttle service runs every 20 minutes to over 80 stops! 0700-1800 Mon-Friday 1000-1800 Weekends

Keep Service members in formation:

- Use GO Transit to get to appointments
- Travel all over the installation
- Family members can use it for FREE
- Connect to off-base locations
- No car, no worries!



www.GOLewisMcChord.com









### **Car Washing on JBLM**





#### WHAT YOU CAN DO:

- Use commercial car washes or MWR Auto craft shops
- Wash on lawns or other surfaces where water can seep into the ground
- Divert wash water away from storm drains

#### JBLM STORMWATER PROGRAM

Phone: 253-967-2837 Stormwater website: JBLM home page, DPW Environmental division





### **Recycling on JBLM**



- Shredded paper is no longer recyclable in commingled containers on JBLM
- Please dispose of shredded paper in the garbage
- Organization can make arrangements with shred vendor at it's expense
- PII & Hippa are the responsibility of the organization to shred and dispose
- Installation Destruction Facility (BLDG 3152) open Tues/Weds and limited to Classified documents only







### On Base Housing Home Pride Winners (Annual)



Weekend Getaway to Alder Resort plus spending money



TSgt Mayor Family

SPC William Family







### **MWR Happenings**





Military Long Drive Qualifier
 10 Apr, 1300, Eagles Pride



- Armed Forces Kids Run 13 Apr, 0900 Cowan Stad.
- **CG Scramble** Eagles Pride 19 Apr, 0900



- Bob Ross Paint Night 26 Apr @ Grandstaff Library
- Latin Night 26 Apr, 1900 @ Sam Adams Cascade
- Spring Flea Market 0900-1300 27 Apr @ MWR Fest Tent





#### **Coming in Mav**

4-5 May 4 May 11 May 11 May

12 May

17 May 18 May

61<sup>st</sup> Fort Lewis Amateur Tourney Eagles Pride Super Smash Bros Tourney Down & Dirty Mud Run **Open House/Yard Sale** Mother's Day Brunch CG's Scramble Armed Forces Day

Warrior Zone Soldiers Field House **NW Adventure Ctr** McChord Club Whispering Firs Cowan/Memorial

### **Coming in June**

1 Jun 8 Jun 14 Jun 22 Jun

**Equipment Sale MWR** Supply Sound to Narrows 12K Vassault Park **Eagles Pride** CG's Scramble **Nelson Rec** Bodybuilding Championship



### Work for MWR!





No guaranteed hours; not eligible for employees benefits or leave accrual.

If you can't make it, join us at our next summer job fair April 23 or apply online at USAjobs.gov.

Over 18 & looking for Summer Employment? Bring:

- HS diploma/GED
- Photo ID
- Social Security Card
- 4 Reference names/numbers

Submit paper application & resume by 10 a.m. to be considered for same-day interview.

Preliminary background checks/interviews initiated from 10 a.m. to 3 p.m.

Applications also accepted online at usajobs.gov



#### **Community Service**



- Washington State Soldiers Home: March 9<sup>th</sup>
  - BOSS went out to the Washington State Soldiers to assist the residents with their Reno Day carnival events and prize winning.
  - Volunteers: 26
  - Hours Volunteered: 104
- Boy Scouts of America: March 9th
  - BOSS went out to assist the Boy Scouts of America at American Lake with their 100<sup>th</sup> year celebration.
  - Volunteers: 12
  - Hours Volunteered: 48
- Building 10: March 12th
  - BOSS returns to Building 10 and helped paint one of the many corridors in the facility. We are hoping to return and continue helping their renovations.
  - Volunteers: 8
  - Hours Volunteered: 24
- Suits for Service Members: March 19th
  - BOSS helped out Suits for Service Members by sizing and organizing the suits that were donated.
  - Volunteers: 5
  - Hours Volunteered: 15







#### **Recreation and Leisure/ Life Skills**



- Emerald Con: March 14<sup>th</sup>
  - BOSS went out to Emerald City Comic-Con in Seattle, WA, where we participated in panels, met amazing cosplayers, viewed and purchased amazing art work from artist both new and old.
  - Attendees: 25
- Snowboarding: March 23<sup>rd</sup>
  - BOSS went out and shredded the slopes on Saturday with a large group of personnel to learn how the mechanics of snowboarding work, a thank you goes out to the great instructors at Snoqualmie.
  - Attendees: 16
- BoomShaka: March 30th
  - BOSS went out to touch the sky at Boomshaka in Lacey, WA with an amazing turn out thanks to everyone who went out and participated.
  - Attendees: TBD







#### **April Events**



- Clam Digging- April 6<sup>th</sup>
  - Come and join BOSS on a Clam-tastic trip to the Twin Harbors State Park outside of Westhaven, WA where we will spend an amazing morning digging for clams guided by Bruce our local resident expert. After we have completed collecting and digging for clams we will be having a clam fry for lunch.
  - 20 Slots available
- Suits for Service Members- April 9th
  - BOSS helped out Suits for Service Members by sizing and organizing the suits that were donated.
  - 10 Volunteers requested
- Easter Dash Bag Prep: April 13th
  - Come out to the BOSS Office on Saturday to help fill up Goodie Bags for the Easter Dash.
  - 20 Volunteers requested
- Easter Dash: April 20<sup>th</sup>
  - Come out to Cowan Stadium on Main Post to help out with the MWR Easter Dash, we will have two different Volunteer Groups.
  - 30 Volunteers needed
- Building 10- April 22<sup>nd</sup>
  - BOSS returns to Building 10 and helped paint one of the many corridors in the facility.
  - 15 Volunteers requested
- Escape Room- April 27th
  - Come test your mental prowess with the Escape room activities. See how far you can go without a hint.
  - 20 Slots Available



#### Joint Base Lewis-McChord Catholic Lenten/Easter Services & Events



ASH WEDNESDAY MASS - 6 MARCH

1200 & 1800 @ Main Post Chapel (MPC) & McChord Chapel #2 0900 & 1200 @ Madigan Army Medical Center (MAMC) Chapel

FRIDAYS OF LENT – STATIONS OF THE CROSS – 8, 15, 22, 29 March; 5 & 12 April 1630 @ Madigan Army Medical Center 1730 @ Main Post Chapel (followed by Lenten Meal)

First Confession: 8 March (Fri), 1830 @ MPC Community Reconciliation Service w/Individual Confession – 13 April (Sat), 1000~1130 @ MPC

<u>PASSION SUNDAY (with distribution of Palms) – 14 APRIL</u> 0900 Mass starts at 0845 this Sunday (regular schedule otherwise)

<u>HOLY THURSDAY – 18 APRIL – Mass of the Lord's Supper</u> 1630 @ Madigan Army Medical Center & 1900 @ McChord Chapel #2

#### <u>GOOD FRIDAY – 19 APRIL</u>

1500: Stations of the Cross followed by Lenten Meal (Fish & Chips) @ MPC 1630: Good Friday Service @ Madigan Army Medical Center 1700: Commemoration of the Lord's Passion @ MPC

#### EASTER VIGIL – 20 April: 2030 @ MPC

<u>EASTER SUNDAY – 21 APRIL</u> Regular Schedule; Easter Egg Hunt Follows 0900/1030 Masses





#### Joint Base Lewis-McChord 2019 Protestant Holy Week Services/Events





#### MESSIANIC SEDER MEAL – TUESDAY 16 APRIL 2019

1800 @ Lewis Main Chapel (Fellowship Hall) | Join us for this meal and educational event to understand how Jesus experienced Passover and its meaning for Christianity today. Childwatch for ages 6 mos. – 6 years and children's activities for children 7 and over will be available. Seating is limited. R.S.V.P.s are required NLT 11 APR. Please contact CH (CPT) Tony Hunley at anthony.j.hunley.mil@mail.mil for more info or to reserve your seat(s).

Available from 0630-1300 @ McKay Marsh Trail (Lewis North, behind the Lewis Army Museum)

STATIONS OF THE CROSS DEVOTIONAL HIKE – WEDNESDAY 17 APRIL 2019

Please visit https://www.alltrails.com/explore/recording/mckay-marsh-trail-~21 for trail location.





#### MAUNDY/HOLY THURSDAY – 18 APRIL 2019

POC: CH (CPT) Chris Schaefer at christopher.j.schafer.mil@mail.mil.

1800: Maundy/Holy Thursday Worship @ Lewis Main Chapel (Sanctuary) As recorded in John's gospel, on his last night before his betrayal and arrest, Jesus washed the feet of his disciples and then gave them a new commandment to love one another as he had loved them. This traditional worship service will recognize the events of that night and conclude with the Lord's Supper.



#### <u>GOOD FRIDAY – 19 APRIL 2019</u>

1900: Combined Protestant Good Friday Worship @ Lewis Main Chapel (Sanctuary) Good Friday recognizes the events of the betrayal, arrest, trial, and crucifixion of Jesus. We call it "good" because we look backward at the crucifixion through the lens of Easter!



#### EASTER SUNDAY - 21 APRIL 2019

0600: Easter Sunrise Service @ Watkins Parade Field Please join us following worship for breakfast at Lewis Main Chapel. ALL Chapel Services will follow the regular Sunday worship schedule.



#### Garrison Chaplain's Office: 253-967-3718



### **Religious Support Office**

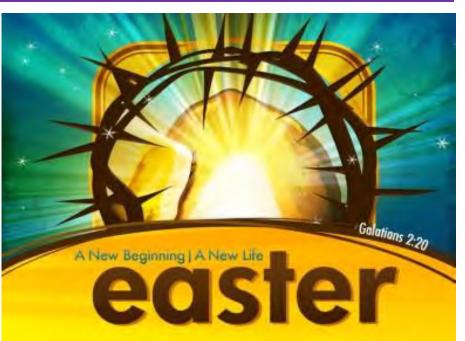




Lewis Main Chapel



Garrison Chaplain's Office @ 967-3718



### **Easter Sunrise SVC**

**@ Watkins Parade Field** (w/ Breakfast at Lewis Main Chapel)

21 April 2019, 0600-0700



### **EXCHANGE UPDATES**



#### McChord Main Exchange

- Military Brat Patch Give-a-Way: Saturday, 6 April 1200-1300 hours
- Lego Event: Saturday, 6 April: Time TBD
- Meet the Manager: Saturday, 13 April 1200-1300 hours
- Outdoor Living Grand Opening: Saturday, 13 April 1100-1500 hours
- Spring Fashion Show: Saturday, 13 April 1300-1400 hours
- Play-Doh Event: Saturday, 13 April Time TBD
- Nerf Event: Saturday, 20 April Time TBD



Lewis Main Exchange

- Military Brat Patch Give-away: Saturday, 6 April 1100 hours
- Lego Event: Saturday, 6 April
  1100 hours
- Exchange at the Military Long Drive Event- Eagles Pride Golf Course- Wednesday 10 April
- Easter Fashion Show: Saturday, 13 April 1400 hours
- Outdoor Living Grand Opening: Saturday, April 1100-1400 hours
- Play-Doh Event: Saturday, 13 April 1100 hours
- In Store Easter Egg Dash: Saturday, 13 April 1000-1100
- Nerf Event: Saturday, 20 April Time TBD



### **ATTENTION CUSTOMERS:**

### Effective Monday 1 April Breakfast will no longer be served. Our new opening time will be 1030 everyday

Please visit your McChord Field Starbucks, Subway & Burger King for Breakfast



Mon-Fri 0630-1900 Sat 0800-1900 Sun 0900-1800



Mon-Fri 0700-1900 Sat 1000-1800 Sun 1100-1700



Mon-Fri 0600-1900 Sat 0800-1730 Sun 1100-1600



Princeton Tec\*

*<b>BironCLAD* 

PERFORMANCE WEAR

**FREE Product Give-A-Ways** and Free Drawings!



#### EXCHANGE

ER

36







### **April: Month of the Military Child**

#### Chef Dave Visiting Produce Departments

Lewis Main Commissary April 11 @ 10 am McChord Field Commissary April 11 @ 12 pm

#### COLORING CONTEST APRIL 1-30

- The child must use the printable template that is available for download at www.commissaries.com/color.
  - Entries must be colored by a military child 11 years of age or younger.
  - Only one (1) entry per child will be accepted.
  - Entries will only be accepted at your commissary's customer service office April 1 - 30, 2019.



# **KIDS FUN RUN**



### ENTRY • FORM 9AM • COWAN STADIUM • YOUTH AGES 5-THRU-16 ENTRY IS FREE

Distance: 5 & 6 Year olds= 1/2 mile • 7-8 Year olds= 1 mile • 9-16 Year olds= 2 miles SHIRTS GUARANTEED FOR PRE-REGISTERED PARTICIPANTS ONLY

Parents/Spectators are encouraged to stand along the route and the Start/Finish area to cheer on the runners

#### PRE-REGISTRATION DEADLINE • MARCH 31, 2019

ENTRY FORMS AVAILABLE AT YOUR LEWIS-MCCHORD COMMISSARIES



Lewis Main- McChord Field Commissaries



### **MILITARY APPRECIATION** SIDEWALK SALE McChord Field Commissary **M&Y 1-4** Lewis Main Commissary **MAY 17-20**

Great deals at huge savings!! Shop early for the best selection.



#### Upcoming events:

17 April Made In Italy Luncheon Olive Garden, Tacoma

8 May Maycation Luncheon Patriot's Landing, DuPont

> June Summer Social Location, TBD

Applications are open for both the Executive and Governing Board! Please apply online or email Catherine Ford with any questions, ParliamentarianLCSC@gmail.com

The Lewis Community Spouses' Club is a volunteer run, non-profit, all ranks, spouses group at JBLM.

Membership is open to all spouses of Active Duty, Reserve, National Guard and retired personnel of the Armed Forces. We are also honored to extend membership to Gold Star spouses.



- Every day 7 people die in a home fire
- Since 2015 in the PNW
  - Over 21,000 smoke alarms have been installed
  - Over 8,600 households made safer
  - Over 20,000 people served (about 1,000 military)
- One Mission: #endhomefires



### Sound the Alarm - JBLM

- 7 May 1200-1630
- Service Members will install smoke alarms in the communities surrounding JBLM
- Hosted by Camp Murray
- Interested in Volunteering? Call 253-966-3889





### **Red Cross - Summer Youth Program 2019**

- Madigan Army Medical Center
- 17 June 9 August
- Open to Military ID Holders
- Ages 14-17
- Allows teens exposure to the workplace, experience in a medical setting, and a way to give back to the military community
- Applications are available on our Facebook page @JBLMRedCross and through request to JBLM@redcross.org





#### **Become a Red Cross Volunteer!**



- Next Orientation: 17 April 0900-1100
  4201 West Way (Lewis-Main Office)
- Questions? Email us at: <u>JBLM@redcross.org</u>







#### Next Garrison Update

### 1 May 19 @ 0930

#### **Nelson Recreation Center**