



### **“Women Rock” Climbing Course Sept. 1**

6–8 p.m. at Adventures Unlimited, McChord Field

\*Coupled event with Sept. 4 Women Rock

### **Kids’ Climb Sept. 2-Oct. 21, recurring Thursdays**

5:30–7 p.m. at Adventures Unlimited, McChord Field.

Cost: \$125 for 8 classes

Join our climbing instructor each week to work on fitness and climbing techniques for bouldering and sport climbing. Techniques include belaying, commands, footwork and knots. Kids will work as a group while having the opportunity to advance in skills at their own pace.

Age requirements: 5–12 with parent/guardian supervision

Max participants: 6

What ODR provides: Equipment and instruction

What you pack: Water, parental supervision, athletic apparel

### **End-of-Summer Sale Sept. 3, 4 & 6,**

9 a.m.–5:30 p.m.

Cap the summer off with a storewide sale at Northwest Adventure Center! Purchase gear up to 20% off no matter your outdoor recreation preference (excluding clearance items, guns & ammo). Also stock up on new items for fall and winter recreation!

### **“Women Rock” Vantage Climbing Sept. 4**

Adventures Unlimited, McChord Field, 9 a.m.–4 p.m.

Cost: \$225

Learn how to rock climb and take your new skills outside! This course includes three instructional nights at Adventures Unlimited’s climbing wall before heading out to climb real rock on an all-day trip at Frenchman Coulee in Vantage. Age requirements: 16+ with parent/guardian supervision  
Max participants: 10  
What ODR provides: Instruction and all equipment  
What you pack: Personal climbing equipment as desired, clothing, food and water

### **End-of-Summer Family Campout Sept. 4–5**

10 a.m. Saturday–10 a.m. Sunday at Summer Cove, Lewis North.

Cost: \$25 per site/family

Join JBLM ODR for a special Labor Day weekend experience on the shores of American Lake. Camping is a fun, easy way for families to connect with nature and wildlife. The average American child spends more than seven hours a day in front of an electronic screen but as few as 30 minutes in unstructured outdoor play. Getting kids in nature is proven to reduce stress, improve sleep and even lead to higher test scores, among other benefits. Gather the family to unplug, recharge and reconnect with an adventure into the wild outdoors!

Age requirements: None

Max participants: 15 sites, 30–60 people

What ODR provides: Adventure equipment support, staff and group stove resources

What you pack: Personal camping equipment available for rent at AU and NAC, food, clothing

### **“Women Rock” Backpacking Pre-trip Meeting Sept. 10**

6–8 p.m. at Adventures Unlimited, McChord Field

\*Coupled event with Sept. 18–19 backpacking

### **“Women Rock” SUP Sept. 11**

11 a.m.–2 p.m. at Northwest Adventure Center, Lewis North.

Cost: \$45

Never tried SUP before or don’t have one to call your own? No worries! All equipment is provided, as well as hands-on training (if you need some instruction or a quick refresher). We’ll spend time learning about equipment, beginning strokes, turning, balance and how to get on and off the board. Once you’re ready, the group will paddle around and explore American Lake!

Age requirements: 16+ with parent/guardian supervision

Max participants: 12

What ODR provides: Paddling equipment, instruction

What you pack: Water clothing, snacks, water, a dry change of clothes

### **Lake Easton Family Camping Sept. 11–12**

8 a.m. Saturday–6 p.m. Sunday. Meet at Northwest Adventure Center, Lewis North.

Cost: \$45 per person

On the shores of Lake Easton is a forested, 516-acre year-round camping park with 24,000 feet of fresh-water access in the glacially carved Cascade Mountain foothills. Come enjoy the beautiful mountain views, hiking trails, cool waters and access to the Iron Horse Cycling Trail. Sites are vehicle accessible. POVs may be used with advanced notice for a small additional fee.

Age requirements: 8+ with parent/guardian supervision

Max participants: 12

What ODR provides: Optional transportation, equipment trailer, communal campsite access, access to inflatable kayaks/ bicycles/ SUPs and group cooking stove resources

What you pack: Overnight car camping equipment (available for rent at AU or NAC prior to the trip at your expense), clothing appropriate to the weather, food

### **“Women Rock” Backpacking Sept. 18–19**

8 a.m.–3 p.m. Meet at Adventures Unlimited, McChord Field. Cost: \$125

Immerse yourself in the beautiful landscapes of the Pacific Northwest and learn new skills on a memorable backpacking trip designed for women and guided by women. You’ll learn all the basics of backpacking through a hands-on weekend and leave empowered to spend more time on the trail! Space is limited on this overnight trip at the Blue Lake and Loowit trails.

Age requirements: 18+

Max participants: 10

What ODR provides: Instructional class, some equipment and camping fees.

What you pack: Personal camping equipment, food, hygiene items, footwear and clothing

### **Gym to Crag: Outdoor Climbing Day Trip Sept. 18**

8 a.m.–6 p.m. Meet at Adventures Unlimited, McChord Field. Cost: \$49

Exit 38 climbing serves as a fantastic setting for climbers both new and experienced to step out of the gym and onto real rock! Our AMGA-trained instructor will deliver a full spectrum of experiences suitable for both novice and accomplished climbers. Sweeping views of the Cascade Mountains near the summit of Snoqualmie Pass create the backdrop for a day of learning and exploration in the mountains.

Age requirements: 14+ with parent/guardian supervision

Max participants: 12

What ODR provides: Equipment, instruction,

transportation

What customer packs: Food, water, clothing, and a 30–60 liter backpack for your gear

### **Swan Creek Mountain Bike Foundations Sept. 19**

8 a.m.–2 p.m. Meet at Northwest Adventure Center, Lewis North. Cost: \$45

The skills parks and single-track trails of Swan Creek create a phenomenal venue both to explore mountain biking for the first time or hone in your advanced maneuvering. Join us for a day on the trails for skills instruction and a beautiful time exploring the forest on site.

Age requirements: 14+ with parent/guardian supervision, ability to ride a bike required

Max participants: 8

What ODR provides: Transportation, equipment, instruction

What customer packs: Food, water, active clothing, personal mountain bikes (optional)

### **Iron Horse Multisport:**

#### **Cycling and Rock Climbing Sept. 25**

9 a.m.–6 p.m. Meet at Adventures Unlimited, McChord. Cost: \$55

The Snoqualmie Pass corridor provides a top regional destination for both cycling and rock-climbing activities. This multisport itinerary combines leisure cycling along the former railroad line past cliffs, canyons and forestland and over trestle bridges to the perfect sport for an exposure to rock climbing. No previous climbing experience is required. Those interested in exclusively cycling can enjoy additional trail time while the group goes vertical!

Age requirements: 14+ with parent/guardian supervision, ability to ride a bike required

Max participants: 10

What ODR provides: Cycling and climbing equipment, transportation

What you pack: Food, water, daypack, optional personal bike or climbing gear

### **Alder Lake Kayaking Sept. 26**

9 a.m.–5 p.m. Meet at Northwest Adventure Center, Lewis North. Cost: \$49

Enjoy the waters of Alder Lake, fed by the Nisqually River. You’ll be treated to views of cascade forests and Mount Rainier as we paddle around and stop for lunch on Bogucki Island.

Age requirements: 14+ with parent/guardian supervision

Max participants: 10

What ODR provides: Equipment, instruction, transportation

What customer packs: Food, water, non-cotton paddling clothing, dry change of clothes, towel



# SEPTEMBER



## OUTDOOR RECREATION

Northwest Adventure Center  
8050 NCO Beach Rd. | 253-967-7744

Adventures Unlimited

729 Battery Rd. | 253-982-2206

JBLM Outdoor Rec  
JBLModr.com

### Legend:

Water Sports

Cycling

Hiking

Special Events

Climbing

### NOTES:

- Register for trips in person at Northwest Adventure Center or Adventures Unlimited, by phone at 253-967-7744/253-982-2206 or online at JBLMmwrRegistration.com
- All trips depart from Northwest Adventure Center or Adventures Unlimited.
- Pack weather appropriate clothing, water, DOD ID, cash for food and beverages and a portable lunch depending on your itinerary.

## ODR MONTHLY PROGRAM SCHEDULE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 Women Rock: Climbing Course 6-8 p.m.	2 Kids Climb \$125/8 classes • 5:30-7 p.m.	3 End-of-Summer Sale 9 a.m.-5:30 p.m.	4 Women Rock: Vantage Climbing \$225 • 9 a.m.-4 p.m. End-of-Summer Sale 9 a.m.-5:30 p.m. End-of-Summer Family Campout \$25 • 10 a.m., Sat.-10 a.m., Sun.
5 End-of-Summer Family Campout \$25 • 10 a.m., Sat.-10 a.m., Sun.	6 Labor Day Federal Holiday End-of-Summer Sale 9 a.m.-5:30 p.m.	7	8	9 Kids Climb \$125/8 classes • 5:30-7 p.m.	10 Women's Backpacking: Pre-Trip Meeting 5:30-7 p.m.	11 Women Rock: SUP \$45 • 11 a.m.-2 p.m. Lake Easton Family Camping \$45 • 8 a.m., Sat.-6 p.m., Sun.
12 Lake Easton Family Camping \$45 • 8 a.m. Sat.-6 p.m., Sun.	13	14	15	16 Kids Climb \$125/8 classes • 5:30-7 p.m.	17	18 Women's Backpacking Trip \$125 • 8 a.m. Sat.-3 p.m., Sun. Gym to Crag: Outdoor Climbing Day Trip \$49 • 8 a.m.-6 p.m.
19 Women's Backpacking Trip \$125 • 8 a.m. Sat.-3 p.m., Sun. Swan Creek Mountain Bike Foundations \$45 • 8 a.m.-2 p.m.	20	21	22	23 Kids Climb \$125/8 classes • 5:30-7 p.m.	24	25 Iron Horse Multisport: Cycling & Rock Climbing \$55 • 9 a.m.-5 p.m.
26 Alder Lake Kayaking \$49 • 9 a.m.-5 p.m.	27	28	29	30 Kids Climb \$125/8 classes • 5:30-7 p.m.		

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