Joint Base Lewis-McChord

"We are a Joint Force Power Projection Platform"

Trust and Transparency - Collaboration - Collective Responsibility

Garrison Update Agenda

- 0930-0935 – Welcome – COL Skye Duncan, Joint Base Garrison Commander

- 0935-0940 - Recognition

- 0940-0945 – Opening Remarks:
    - Col Robert Lankford, Ops Group Commander

- 0945-1000 – Installation Hot Topics:
    - Abandoned Vehicles, MAJ Flannigan, Provost Marshal
    - MILCON and Road Work / I-5 Construction, Lt Col Tim Scheffold, Deputy, PW
    - POW/MIA Events

- 1000-1010 – Madigan Army Medical Center, COL Suzie Scott, Commander Madigan

- 1010-1030 – Updates
    - Personnel & Family Readiness, Ms. Alecia Grady, Director
    - Sustainability Program, Ms. Catherine Hamilton-Wissmer
    - Housing Office, Ms. Beth Wilson, Housing Manager
    - MWR, Ms. Kelly Wetzel
    - BOSS, SGT Dawson Nauglesuchman, President
    - Religious Support, CH (COL) Randy Brandt
    - Commissary Update, Mr. Michael Cruz
    - Post Exchange Update, Ms. Celeste Gillum
    - Lewis Community Spouses Club, Ms. Jamie Lynn Blum
    - Santa Castle, Ms. Shelly Hinzman
    - South Sound Military & Communities Partnership (SSMCP), Sarah Luna
    - Guide On App, COL Duncan

- 1030-1045 - Command Comments – Next Community Update 2 Oct 19 at McChord Club

Commander’s Comments

Col Robert Lankford, Ops Group Commander

Operation Clean-Up

Ongoing: JBLM Police Abandoned Vehicle Section locates and identifies abandoned and illegally parked vehicles (POVs, boats, RVs, etc.)

Upon identification, abandoned vehicles are issued a DD Form 2504 (Abandoned Vehicle Notice). Attempts to contact the owner or unit are made prior to any impoundment action. Unit CSMs are key in this process.

Operation Clean-Up Vehicle Removal: On 15 October, vehicles that are inoperable, pose environmental hazards, or have failed attempts to contact, owners no longer assigned to JBLM, no DOL records, no registration, or expired plates, are removed from JBLM same-day.

Vehicles in parking lot of BLDG 11476, 2-2 SBCT Barracks

Reporting

Abandoned vehicles are reported via telephone. Provide the following information: individual who found the vehicle, location, and vehicle identification number if possible.

POC: Officer Timothy Durga, JBLM Police Abandoned Vehicle Section, (253) 966-6970 (office), (253) 343-4103 (cell) or timothy.w.durga.civ@mail.mil.

JBLM Construction Overview (Ongoing Projects)

Historical JBLM MILCON*

Program Year	MCA ($000)	UMMCA ($000)
FY10	136,700	–
FY11	200,550	–
FY12	332,300	–
FY13	304,020	1,800
FY14	171,681	1,500
FY15	6,930	1,750
FY16	35,100	2,850
FY17	–	–
FY18	85,500	6,000
FY19	–	8,900
Total	1,272,781	23,400

* MCA, UMMCA, MCAF & UMMCAF only. No MCAF or UMMCAF projects were funded in the program years shown.

JBLM Current FYDP (All Funding Sources)

FY14: Fire Station, GAAF (PN 76776), MCA [COMPLETED: JUL 2019]
FY14: Barracks, 1-2 SBCT (PN 64456), MCA [COMPLETED: JUL 2019]

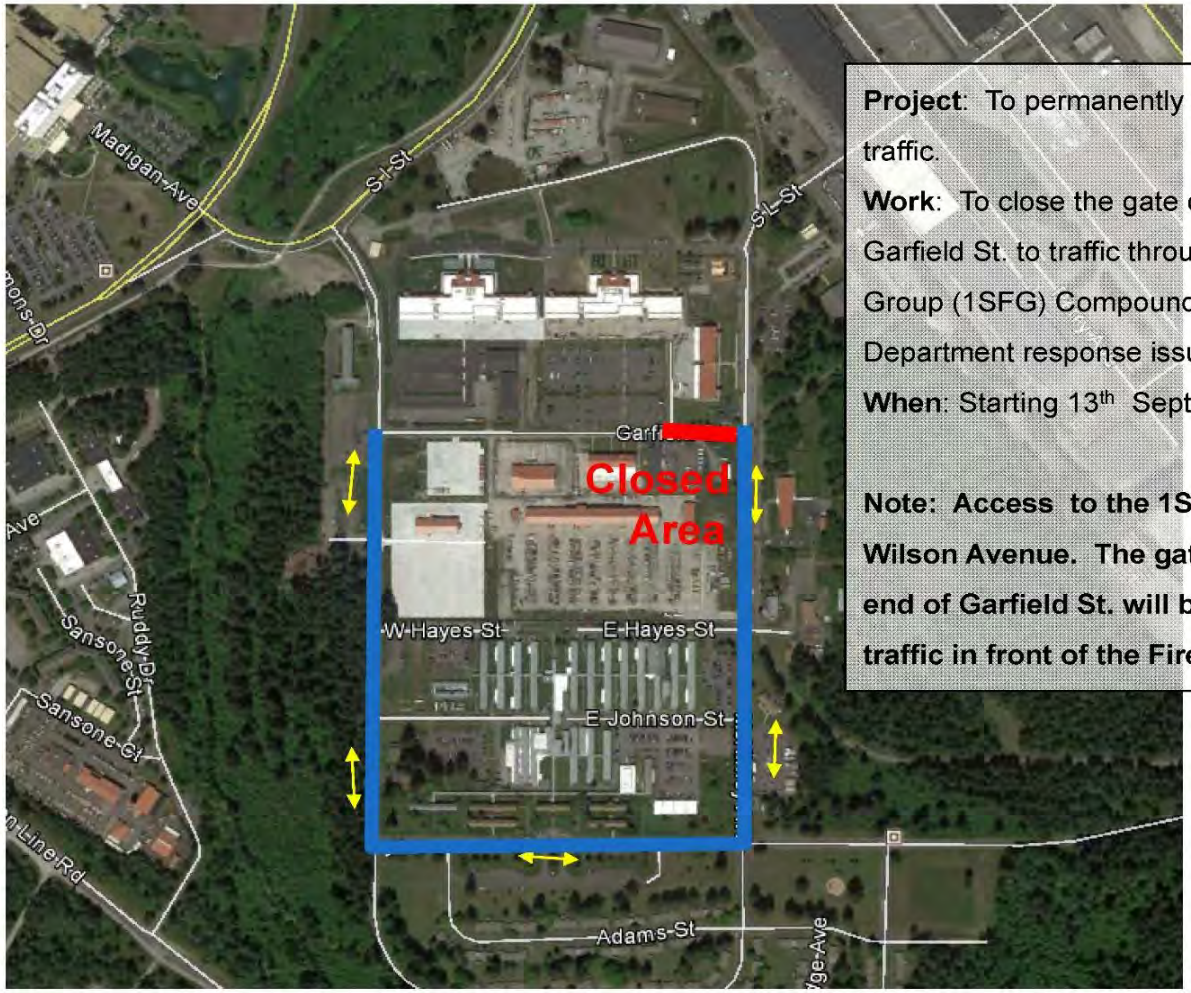
FY17: Lewis Exchange Expansion (PN 88721), AAFES
FY17: Dual Food (PN 88870), AAFES

FY18: Candlewood Suites, Privatized Army Lodging
FY18: Madigan Gate Approach Zone to I-5, WSDOT-funded
FY18: YTC: Fire Station (PN 55199), MCA
FY18: Regional Correctional Facility (PN 61147), MCA
FY18: Army Reserve Center (PN 77324), MCAR
FY18: RASM-P Engine Test Stand (PN 86518), UMMCA
FY18: Texas Roadhouse (PN 86815), NAF
FY18: Entertainment Center (PN 89251), AAFES

FY19: GAAF: Hot/Bulk Refueling Facilities (PN 80505), DLA
FY19: YTC: Vehicle Maintenance Shop (Panther) (PN 82337), UMMCA
FY19: YTC: ECS Modified TEMF (PN 90202), USAR
FY19: YTC: ECS Military Equipment Parking (PN 90912), USAR
FY19: Clear Water Rinse System (PN 92526), UMMCA
FY19: Aviation Parts Storage Facility (PN 93019), UMMCA

Note: MCA, UMMCA, MCAF & UMMCAF projects are shown in red text (39% of JBLM MILCON Program, FY19-26)

Garfield Ave. to thru Traffic
13th September 2019 (Permanent Road Closure)
(Lewis Main)



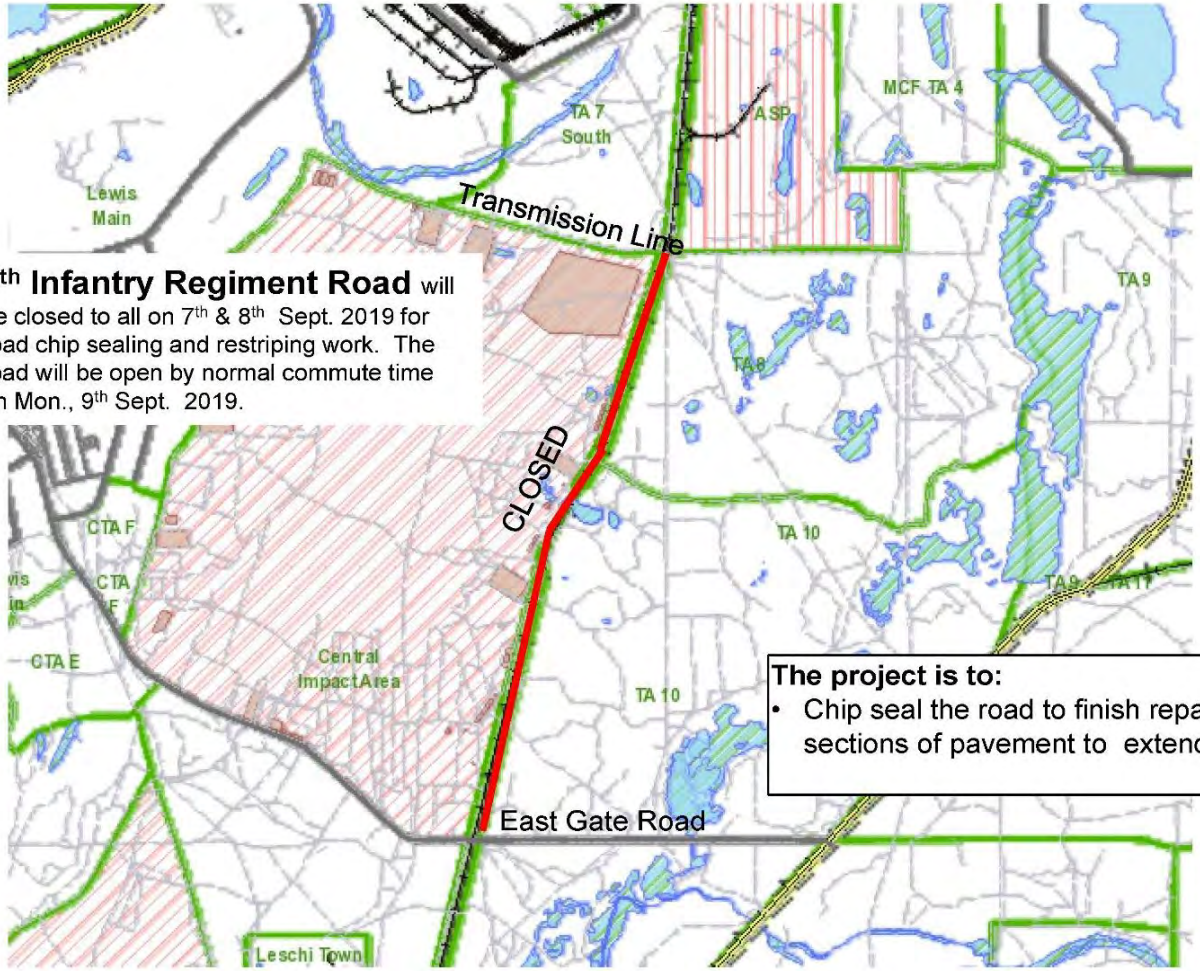
Project: To permanently close Garfield Ave to through traffic.

Work: To close the gate on the McKinley Ave. end of Garfield St. to traffic through the 1st Special Forces Group (1SFG) Compound for traffic safety and Fire Department response issues.

When: Starting 13th September 2019.

Note: Access to the 1SFG will be provided from Wilson Avenue. The gate on the McKinley Avenue end of Garfield St. will be closed to eliminate vehicle traffic in front of the Fire Station.

7th Infantry Regiment Road
7th & 8th September 2019, Sat. & Sun. (Closure)
(Outside Cantonment)



7th Infantry Regiment Road will be closed to all on 7th & 8th Sept. 2019 for road chip sealing and restriping work. The road will be open by normal commute time on Mon., 9th Sept. 2019.

The project is to:

- Chip seal the road to finish repairing failing sections of pavement to extend the life.

Area below Mann Ave. of S Division Dr., S 7th St., & Railroad Ave
16 – 27 September 2019 (Road Closure)
(Lewis Main)

Project: Repair S Division Drive, Railroad Ave., and S 7th St by Mann Ave.

Work: Repair Road at railroad tracks

When: 16th – 27th September 2019.

East Division Area
1 Sept. thru 31 Dec. 2019 (Flaggers with one lane of traffic)
(Lewis Main)

Project: Sanitary sewer system repairs

Work: To clean, repair, and replace various lines and manholes. Flaggers will be used in areas infringing on the road.

When: 1 Sept. – 31 Dec. 2019

D Block Demolition
April 2019 – February 2020
(Lewis North)

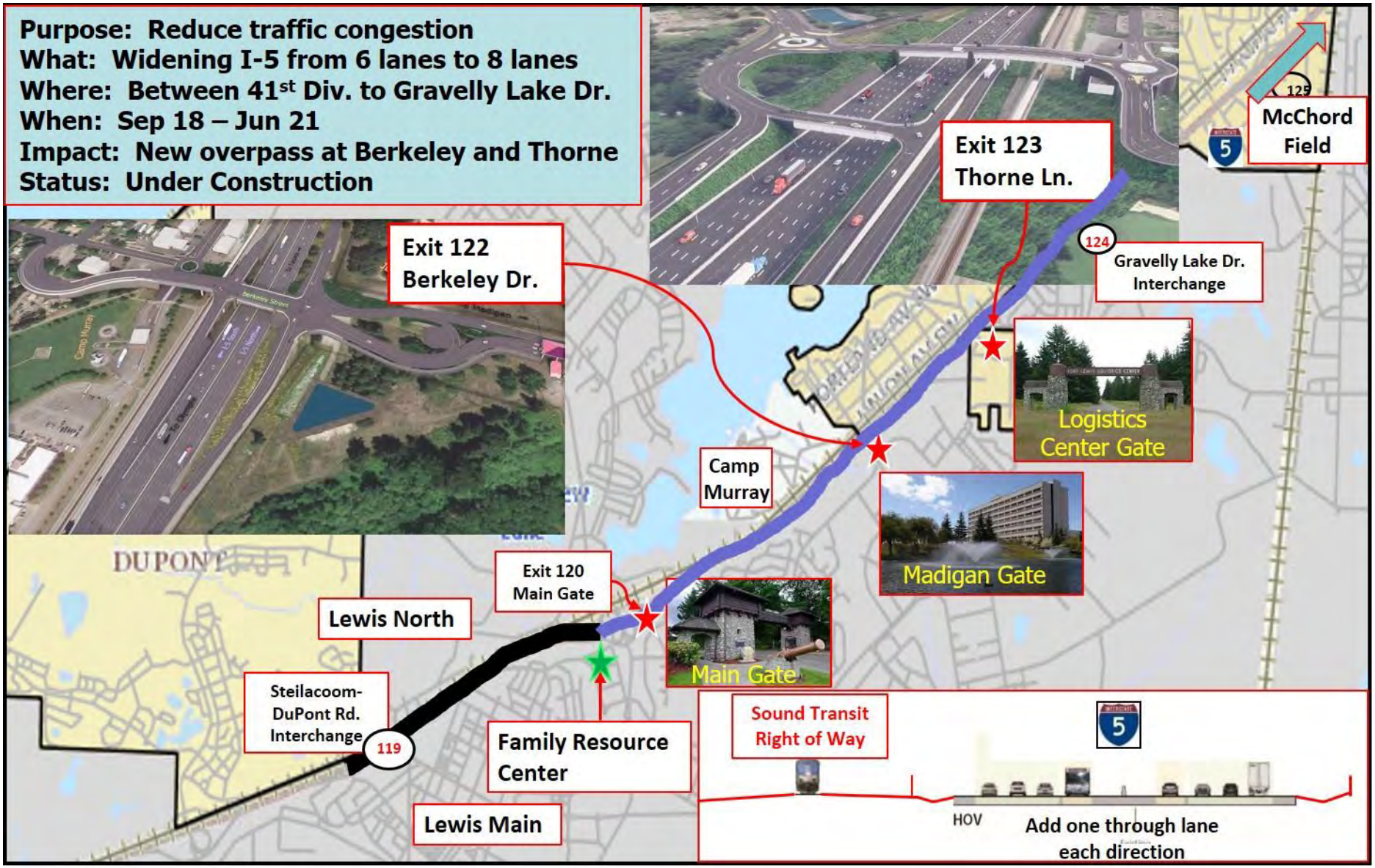
Project: Demolish 'D' Block

Work: To remove old buildings.

Haul Route of demolished buildings will be will be 41st Div. Dr. and I St.

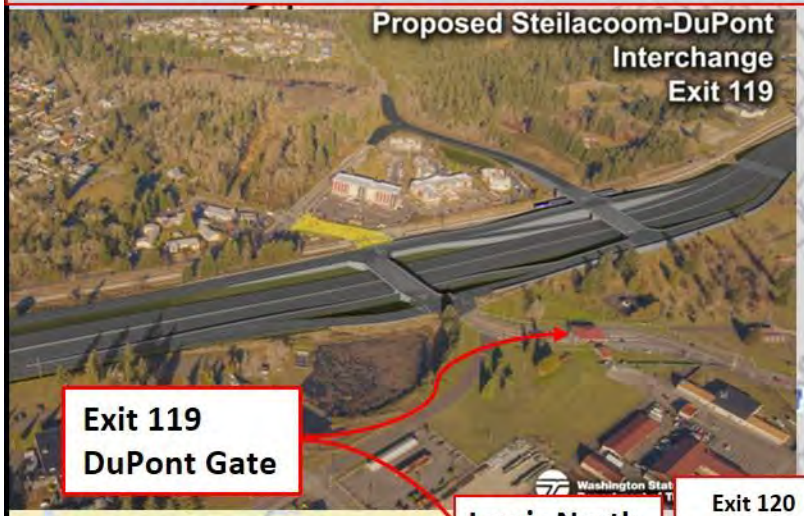
I-5 Construction (Stage-2)
JBLM Main/North To Gravelly Lake Dr.

Purpose: Reduce traffic congestion
What: Widening I-5 from 6 lanes to 8 lanes
Where: Between 41st Div. to Gravelly Lake Dr.
When: Sep 18 – Jun 21
Impact: New overpass at Berkeley and Thorne
Status: Under Construction



I-5 Construction (Stage-3)
Center Drive To JBLM Main/North

Purpose: Reduce traffic congestion
What: Widening I-5 from 6 lanes to 8 lanes
Where: Between Center Dr. and South of 41st Div.
When: Sep 21 – Sep 24
Impact: Separate/dedicated exits to DuPont Gate and City of DuPont
Status: Under Design



Gravelly Lake

Lake

McChord Field

125

124

Gravelly Lake Dr. Interchange

Exit 123 Thorne Ln.

Center Gate

Camp Murray

Exit 122 Berkeley Dr.

Madigan Gate

Exit 119 DuPont Gate

Lewis North

Exit 120 Main Gate

Steilacoom-DuPont Rd. Interchange

119

Main Gte

Family Resource Center

Lewis Main

Sound Transit Right of Way

HOV

Add one through lane each direction

2019 POW / MIA Week

Annual 62nd Airlift Wing POW/MIA week events on McChord Field

Service members, civilians and families are encouraged to attend

- POW/MIA Wreath Laying Ceremony

19 Sept., 0900, Memorial Grove on McChord Field (intersection of Barnes Blvd and Col Joe Jackson Blvd.)

- POW/MIA Remembrance 24-hour Run

19 Sept., 1100, to 20 Sept, 1100, at the McChord Field running track on Barnes Blvd. The run is open to all DOD ID card holders, $10 per person, includes a t-shirt Registration is required at https://62awpowmiarun2019.eventbrite.com

- POW/MIA Remembrance Motorcycle Ride

19 Sept.; Ride from the McChord Field Club parking lot to the Soldiers Home in Orting, WA. Same day registration begins at 0830 near the Memorial Grove on McChord Field; ride begins shortly after 1000

DEPARTMENT OF DEFENSE
MHS
GENESIS®
MILITARY HEALTH SYSTEM
MHS GENESIS PATIENT PORTAL OVERVIEW
MADIGAN ARMY MEDICAL CENTER
COMMUNITY UPDATE
CARE WITH COMPASSION

Do you have *your* DS LOGON?

Establishing a DS LOGON is essential to access your MHS GENESIS Patient Portal.

Ways to get a DS Logon.

The MHS GENESIS Patient Portal is a secure website for 24/7 access to your health information, including requesting appointments and exchanging messages with your care team at Madigan

1. Create a Premium DS Logon:

https://patientportal.mhsgenesis.health.mil

- Click on **"Need an account?"**

You will need your **DoD ID number** and your **Social Security Number**. Your DoD ID number is located on your military ID card or you can visit the nearest DEERS office or Madigan primary care clinic and ask a staff member to assist you.

Once registered, go back to the homepage and select "**Upgrade To Premium Account**" to create a **Premium Account** (there is no cost associated with upgrading to a "Premium Account").

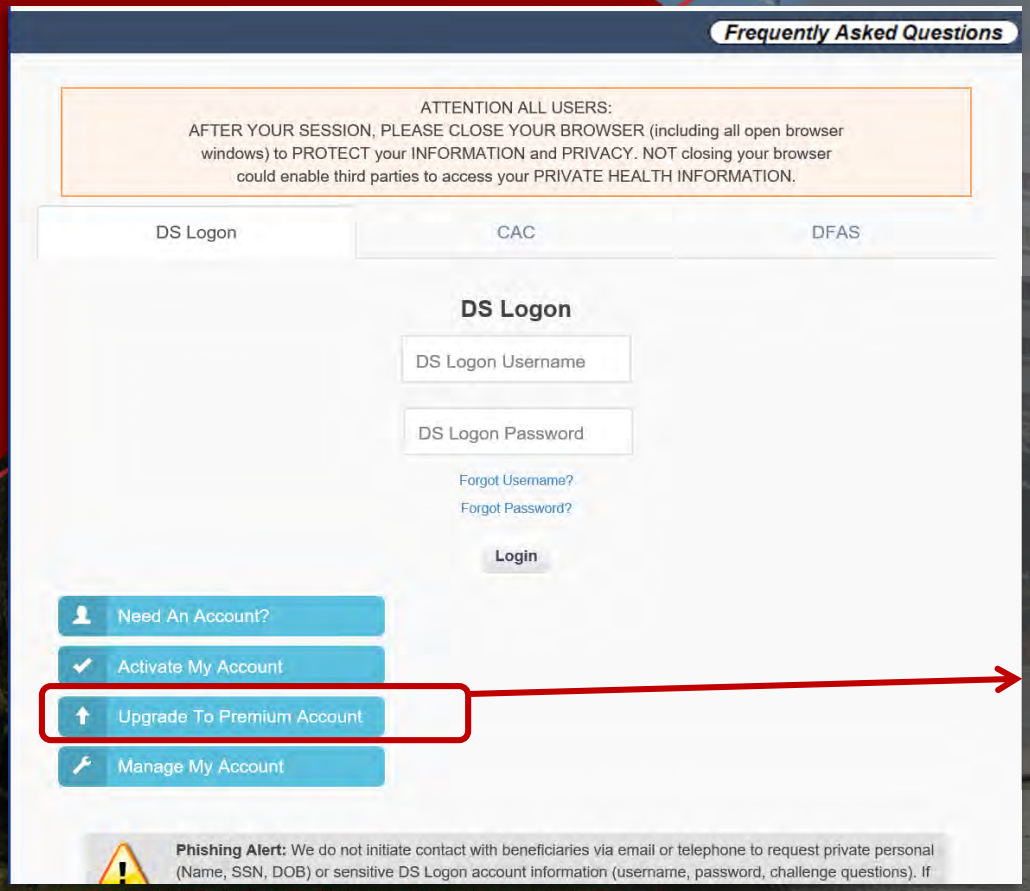
- You will be asked a series of personal identifying questions.
- You will be asked to create a password, valid for 180 days.

2. Sponsor Request for Spouse DS Logon:

https://myaccess.dmdc.osd.mil/identitymanagement

- Military sponsors (active duty and retired) can request a DS Logon for their spouse by logging in with a valid CAC or MyPay account username and password.
- Click "**Register DS Logon for my Dependents**" and complete the prompts.
- A PIN will be sent by mail to the spouse within **7-12 business days**.

MHS GENESIS Patient Portal Login Screen



How can Madigan's patients access their online Health Record?

- **Have a record in MHS GENESIS**
- **Be registered in DEERS**
- **Have a DS Logon Premier Access account, CAC *or* DFAS account credentials**

MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

To access the Patient Portal, visit:

https://patientportal.mhsgenesis.health.mil

MHS GENESIS Patient Portal Dashboard

BIG-IP logout page | Microsoft Office Home | Mail - Chupp_Thomas@ba | MHS GENESIS Patient Port

Secure | https://mhsgenesis.stagingiqhealth.com/person/fZ9gk5n86Yg7IQ3/

Appointments Notice: If you don't see an appointment that meets your needs or your designated MTF is not available, choose Request Appointment (Other) Online or call your provider's office or scheduling line.

DEPARTMENT OF DEFENSE MHS GENESIS

- Dashboard
- Partnership for Defense Health
- Health Record
- Messaging
- Appointments
- View Patient Information
- FAQs
- Pre-visit Questionnaires

TESTONE BANU

Messaging | Appointments | Health Record | TRICARE Online Login

The Military Health System - MHS GENESIS Patient Portal is a comprehensive web-based service that is comprised of health and engagement tools. With the MHS GENESIS Patient Portal, individuals and families can stay informed, educated, and take a more active role in their health. Whether someone is healthy or sick, it allows people to take control of their health where and how they need it most.

- View lab results within a timely manner
- Review medications list, allergies, immunization and procedures
- View and manage future appointments
- Send and receive secure messages to their care team
- Request medication renewals
- View summaries of their visits

Viewing health record for **TESTONE BANU**

Allergies

No Known Allergies

Latest Results

Patient Viewable Results

Height/Length Measured
165 cm
Jan 24, 2018

Weight Measured
60 kg
Jan 24, 2018

Body Mass Index Measured
22 kg/m2
Jan 24, 2018

Temperature Oral
37 Deg C
Jan 24, 2018

Systolic Blood Pressure
120 mmHg
Jan 24, 2018

Diastolic Blood Pressure
75 mmHg
Jan 24, 2018

View Results & Measurements

Help

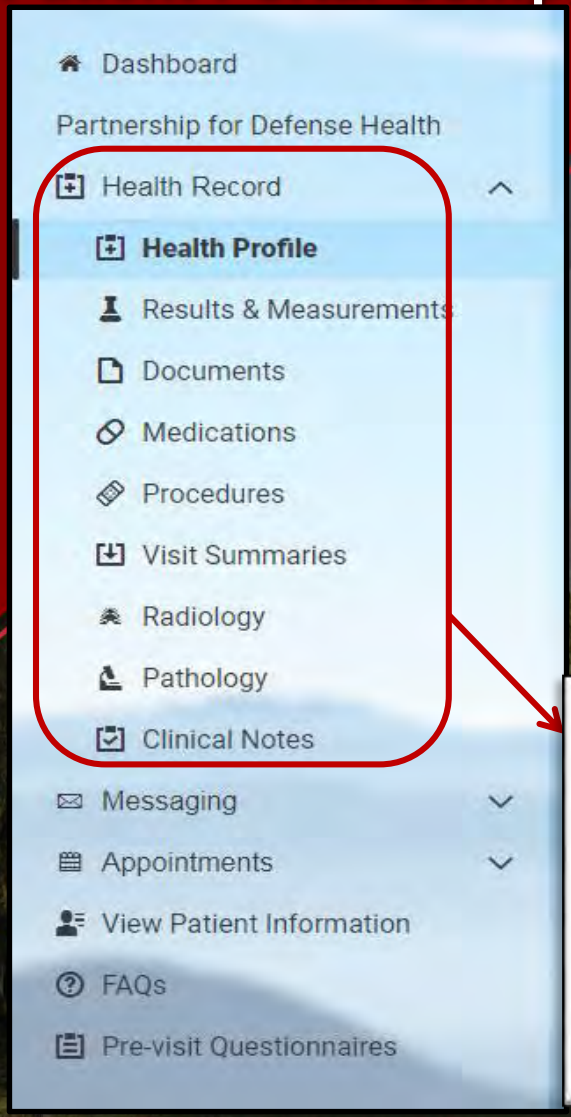
Start | 12:31 PM 2/8/2018

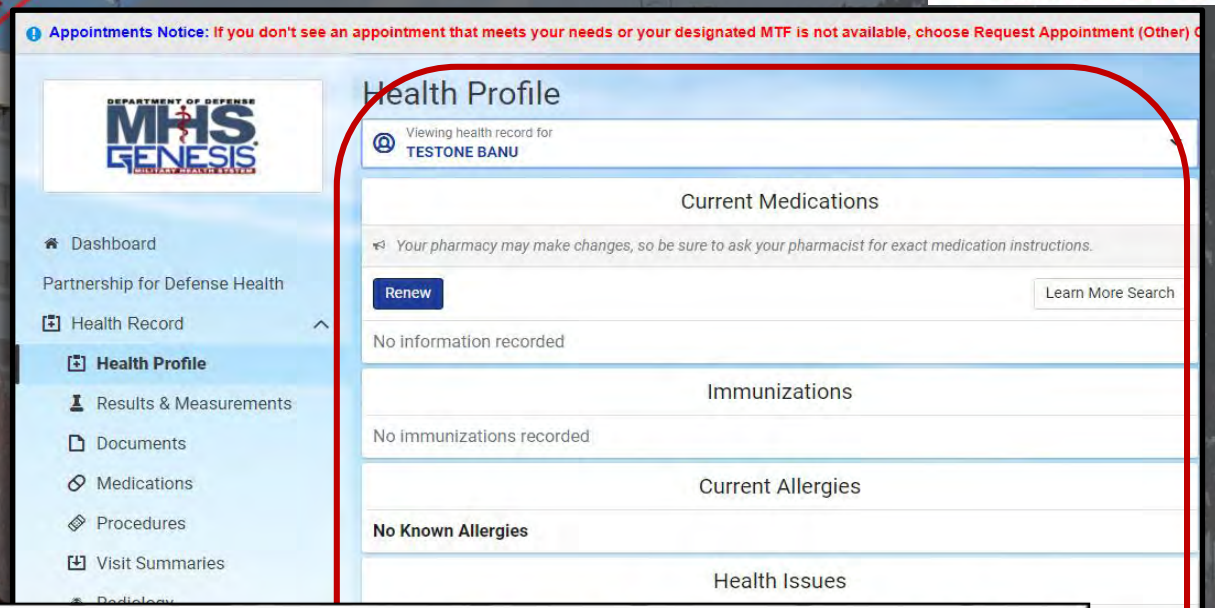
MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

CARE WITH COMPASSION

Patient Portal Components: Your Health Record





Elements of the your Health Record includes:

- ***Health Profile:*** Summary view of health information, includes Problems, Allergies, Medications, and Immunizations
- ***Results & Measurements:*** Record of Vital Signs, Lab results
- ***Lists:*** Documents/Medications/Procedures
- ***Results:*** Radiology/Pathology
- ***Documentation:*** Visit Summaries/Clinical Notes

Patient Portal Components: Prescription Renewal

DEPARTMENT OF DEFENSE
MHS GENESIS
MILITARY HEALTH SYSTEM

Prescription Renewal

Viewing health record for
TESTONE BANU

* Indicates a required field.

* **Who do you want to send the renewal request to?**

TEST ONLY_Jackson, Royal, MD

Is your medication not listed? Add medication

* **How should we contact you if we have questions?**

By secure message

By phone (please provide number)

Additional comments

Please renew my zantac 150 mg

Send Cancel

Prescription Renewal

Viewing health record for
TESTONE BANU

* Indicates a required field.

* **Who do you want to send the renewal request to?**

TEST ONLY_Jackson, Royal, MD

* **Name of medication**

Zantac

Dose

150 mg

Quantity

3 months worth

Example: "one week's worth"

Frequency

once daily

Reason for renewal

out of meds

Example: "out of meds"

Remove medication

Is your medication not listed? Add medicat

* **How should we contact you if we have q**

By secure message

By phone (please provide number)

Additional comments

Send Cancel

Medications

Your prescription renewal request has been sent to your healthcare team for review.

Your pharmacy may make changes, so be sure to ask your pharmacist for exact medication instructions.

Viewing health record for
TESTONE BANU

MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

CARE WITH COMPASSION

Patient Portal Components: Health Record>Results & Measurements

Appointments Notice: If you don't see an appointment that meets your needs or your designated MTF is not available, choose Request Appointment (Other) Online or call your provider's office or scheduling line.

Results & Measurements

Viewing health record for
TESTONE BANU

The information provided below reflects the information in the electronic medical record. If you believe any data is incorrect, please notify the office. Click on the arrow to the right of the result to see additional history.

View More

Most recent results

Learn More

Filter by date range
Start date 01/17/2018
End date 01/24/2018
Submit
Enter date in MM/DD/YYYY format.

Show all results

Patient Viewable Results

Height/Length Measured Learn more about this
165 cm
Date: Jan 24, 2018 12:58 p.m. EST

Weight Measured Learn more about this
60 kg
Date: Jan 24, 2018 12:58 p.m. EST

Body Mass Index Measured Learn more about this
22 kg/m2
Date: Jan 24, 2018 12:58 p.m. EST

Temperature Oral Learn more about this
37 Deg C
Date: Jan 24, 2018 12:58 p.m. EST Reference Range: 35

Systolic Blood Pressure Learn more about this
120 mmHg

- Dashboard
- Partnership for Defense Health
- Health Record
  - Health Profile
  - Results & Measurements
  - Documents
  - Medications
  - Procedures
  - Visit Summaries
  - Radiology
  - Pathology
  - Clinical Notes
- Messaging
- Appointments
- View Patient Information
- FAQs
- Pre-visit Questionnaires

TESTONE BANU

Includes expandable Vital Signs & access to patient education, like the "Health Library Search".

Filter search dates.

Health Library Search

Term
Search
BMI

Search-content
Category: All Categories
Gender: Female
Age: 43

Search

Body Mass Index (BMI)
Yourbody mass index (BMI)and waist sizeaffect your risk oftype 2 diabetes,high blood pressure,high cholesterol, andcoronary artery disease. The following table shows the risk. Classification BMI Waist size and relative risk Men: less than 40 in....

BMI, Waist Size, and Your Health (video)
Learn how a high BMI and waist size affect your health.

Interactive Tool: What Is Your Child's BMI?
Uses your child's weight and height to compare your child's size to that of other boys or girls of the same age. Covers what the results mean and next steps.

Interactive Tool: Do Your BMI and Waist Size Increase Your Health Risks?
Helps you check your risk of weight-related diseases such as diabetes, CAD, and high blood pressure. Tool calculates risk using body mass index (BMI) along with your waist size and other factors. Discusses what scores mean.

Weight Management
Discusses healthy weight and why it is important. Covers the main steps to reaching healthy weight. Discusses difficulties of losing weight. Covers nutrition, lifestyle changes, and physical activity. Offers tips for preparing for changes.

Screening for Weight Problems
Doctors weigh children at routine checkups. They plot measurements on a growth chart to see how your child compares physically to other children of the same age. Doctors update the chart at each routine exam to document your child's growth...

Patient Portal Components: Request Appointments

MHS GENESIS Patient Portal - Ap

patientportal.mhsgenesis.health.mil/appointments/request?person_id=1101951223&flow=1&reason_id=110610187

Apps | OWA | GDAX | MHS GENESIS | MHSG MilSuite | CP34 | IDP | Genesis PP | PCMH | Patient Portals and... | DHA | ATAAPS | RH | eOPF

DEPARTMENT OF DEFENSE MHS GENESIS MILITARY HEALTH SYSTEM

- Dashboard
- Health Record
- Messaging
- Appointments
  - View Upcoming Appointments
  - Schedule a New Appointment
  - View Available e-Visits
- View Patient Information
- FAQs

Request an Appointment

* Indicates a required field.

Type of appointment

Request Appointment (Other) Online

*** Send request to:**

Select a recipient

*** When would you like to visit?**

First available

Select a date range

Which day do you prefer?

Sun Mon Tue Wed Thur Fri

What is your preferred time?

Example: Afternoon or 2:00pm

*** Why is this appointment needed?**

Complete the information below to request an appointment. We'll review your request and respond within one business day.

Visit "Schedule New Appointment" tab

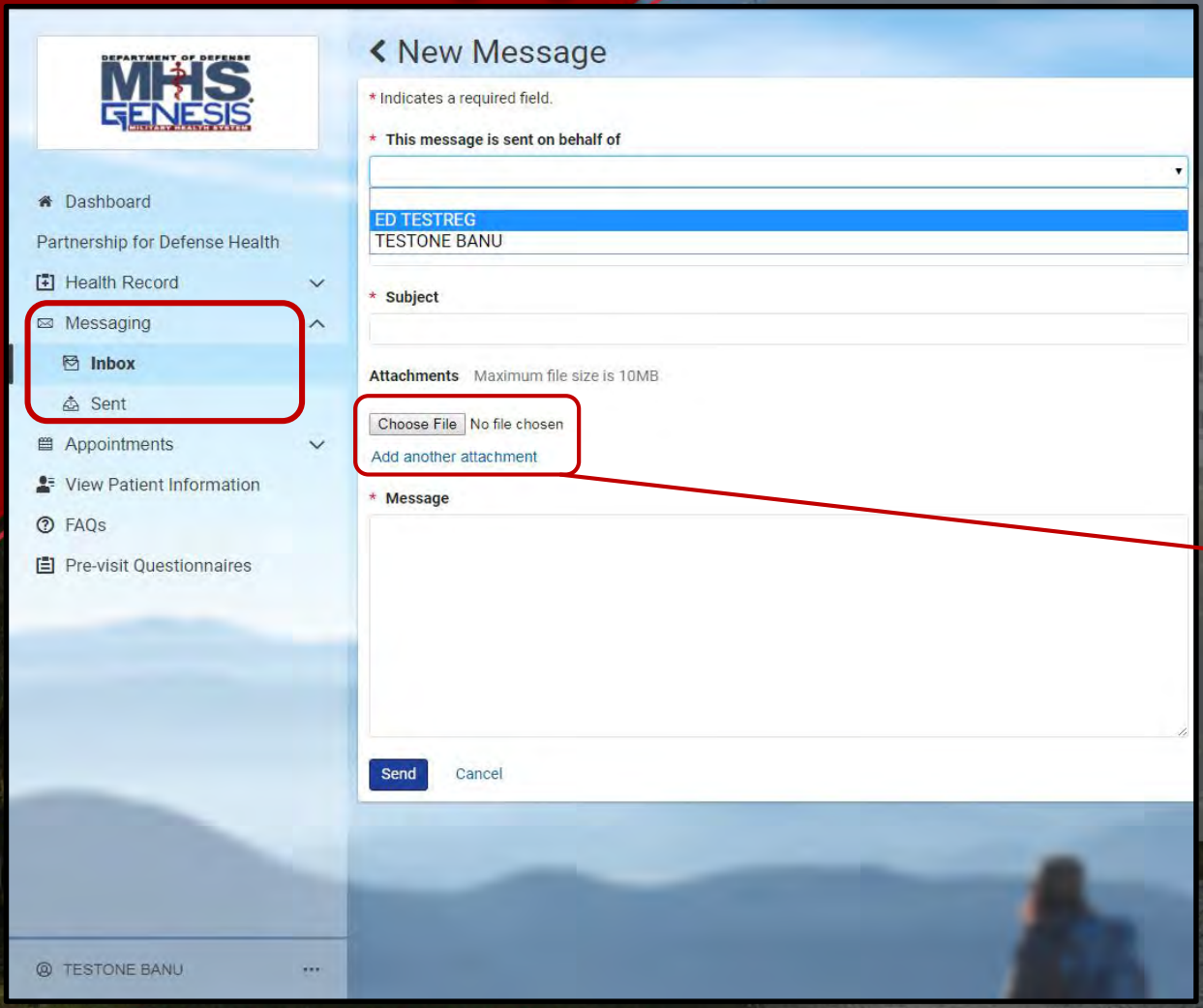
Use the "Request appointment (other) Online"

MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

CARE WITH COMPASSION

Patient Portal Components: Secure Messaging



Patients can communicate securely with their provider or care team using Secure Messaging.

Review list of Sent Messages

Inbox>New Message>Choose File: Includes the ability to share relevant documents such as outside medical data, completed questionnaires, **and even photos**. (Up to 10MB across <=10 files)

MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

Patient Portal Components: Health Record>Medications, Procedures, Documents, Clinical Notes & More

DEPARTMENT OF DEFENSE
MHS GENESIS
MILITARY HEALTH SYSTEM

Medications

Dashboard
Partnership for Defense Health
Health Record
Health Profile

Viewing health record for
TESTONE BANU

Refill/Renew

lisinopril 20 mg oral tablet Learn more about this

Date Started On: Oct 15, 2018

Documents

Viewing health record for
ED TESTREG

Procedures

Viewing health record for
TESTONE BANU

Cardiac stress test stage	Date P
Hernia repair	Date P
Cardiac stress test stage	Date P
Tonsillectomy	Date P
Hip replacement	Date P
Gastric bypass	Date P
Cardiac stress test stage	Date P
Pap smear	Date P
Cesarean delivery only;	Date P
Mammogram	Date P
Pap smear	Date P
Hip replacement	Date P

Dashboard
Partnership for Defense Health
Health Record
Health Profile
Results & Measurements
Documents
Medications
Procedures
Visit Summaries
Radiology
Pathology
Clinical Notes
Messaging
Appointments
View Patient Information
FAQs
Pre-visit Questionnaires

TESTONE BANU

Clinical Notes

Viewing health record for
ED TESTREG

Portal E-Visit
Cold/Flu (test da) completed by TESTONE BANU
Date Created: Mar 06, 2018

Download

Portal Pre-Visit
Dental Health History (approx 5
TESTONE BANU
Date Created: Mar 06, 2018

History and Physical
Admission H&P
Date Created: Feb 14, 2018

Portal E-Visit
Cold/Flu (test da) completed by
Date Created: Feb 06, 2018

Portal E-Visit
Hypertension Follow-Up (test d
Date Created: Feb 05, 2018

Portal E-Visit
Headache Questionnaire (test d
Date Created: Feb 05, 2018

Portal E-Visit
e-Visit with MHS GENESIS com
Date Created: Feb 05, 2018

Download or Preview designated notes from clinic or Inpatient care including e-Visit Questionnaires.

Document info

Result type:	Portal E-Visit
Result date:	Mar 06, 2018, 02:53 p.m.
Result status:	authenticated
Performed by:	Patient Portal Super
Verified by:	Patient Portal Super
Modified by:	Patient Portal Super

Cold/Flu (test da) completed by TESTONE BANU

Patient:	ED TESTREG	DOB:	May 11, 1980

Mar 6, 2018 2:44 PM
5760577
TEST ONLY_Jackson, Royal, MD

Chief Complaint
ED TESTREG is a 37 year old female. The "cold" screening questionnaire was administered. The following are the patient's responses.

Past, Family, and Social History
Past Medical History
Allergy and Immunology
Patient denied: Seasonal allergies
Otolaryngology
Patient denied: Sinusitis
Pulmonology
Patient denied: Lung disease
Surgical History
Otolaryngology
History of: Tonsillectomy.
Patient denied: Head or neck surgery
Social History
Substance Use
Tobacco Use
Patient denied: Smoking cigarettes
Medication History

MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

CARE WITH COMPASSION

Patient Portal Components: Health Record> Visit Summaries

DEPARTMENT OF DEFENSE MHS GENESIS MILITARY HEALTH SYSTEM

Dashboard
Partnership for Defense Health
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Clinical Notes
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View Patient Information
FAQs
Pre-visit Questionnaires
TESTONE BANU

Visit Summaries

Viewing health record for TESTONE BANU

Filter by date range
Start date 03/01/2017 End date 03/06/2018 Submit
Enter date in MM/DD/YYYY format.

Visit Care Summaries

Download and share a care summary that includes important current information as well as information about the care provided in that visit.

Outpatient	Visit Date: Feb 16, 2018	Download	
Clinic	Visit Date: Feb 04, 2018	Download	Send
Clinic	Visit Date: Jan 27, 2018	Download	

Clinical Summaries

Download and share a clinical summary created by your doctor or their staff. The clinical summary contains information regarding your visit or procedure. It may also contain information on appointments and tests that have been, or need to be, scheduled.

Clinic Send

Click here to preview an overview of visit

Visit Summaries provide a summary of your visits. Patients may view, download or transmit summary to another provider or email. Note: Tip Sheet available.

Download Your Health Information

You can choose to download a copy of the record designed for easy viewing (PDF), or a version that is intended to be uploaded into a health record system (XML). These documents contain sensitive personal health information (PHI), so treat them with the same care you would use for important financial records. We recommend that you keep it in a secure location, never save it to a public computer, and delete it when it's no longer needed.

Download Viewable
Download as a file that is built for you to save, print, or view on most computers and smartphones.

Download Codified
Download as a machine-readable format for uploading to a Personal Health Record (PHR), or for doctors requesting this format.

Send Health Record Information

You can send health record information through Direct, which is an email address with a secure inbox set up by participating organizations and individuals. You can also send health record information to any email address that is unsecure.

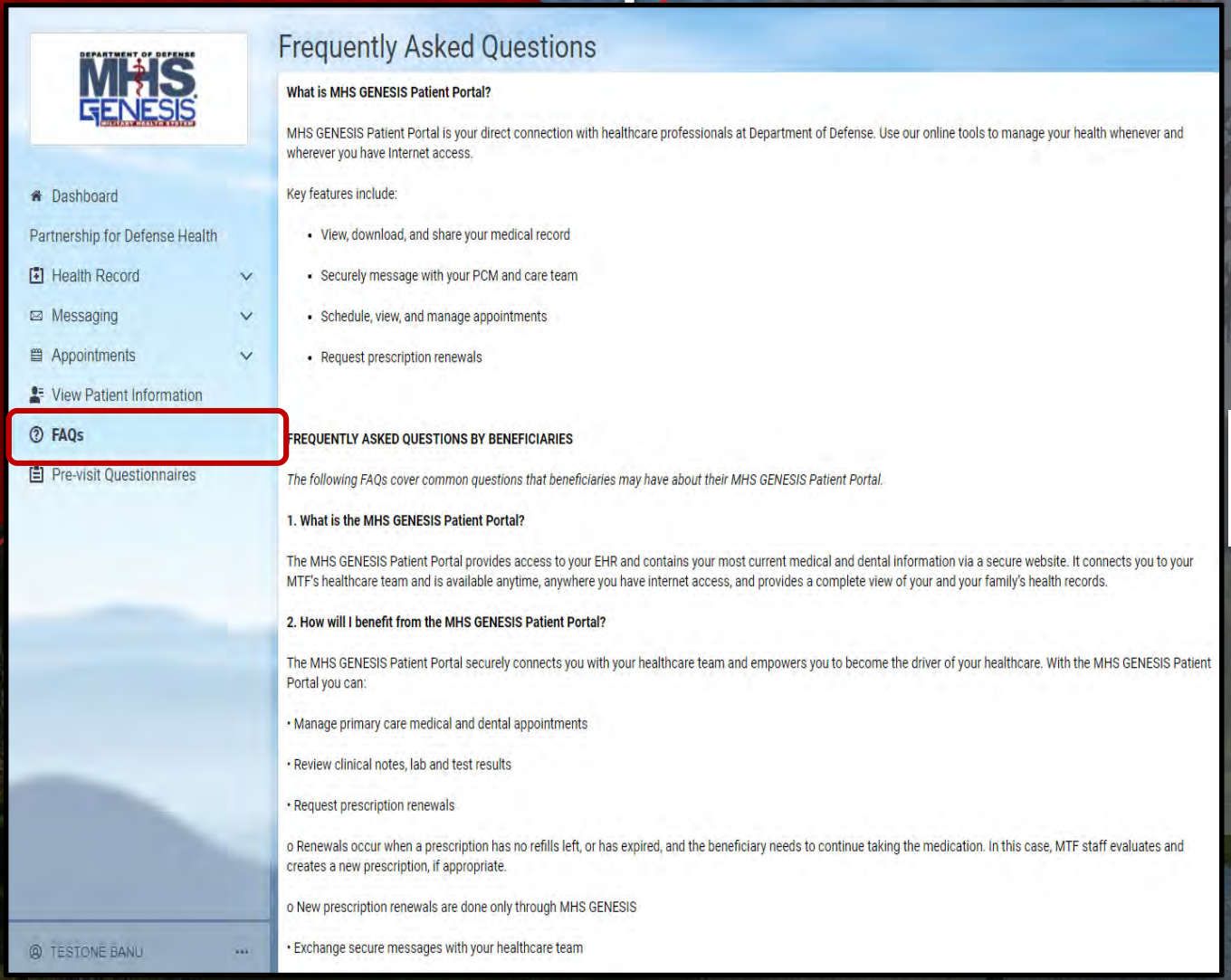
Send Direct Email
Click Send Direct Email to send health record information to a health care provider that uses Direct for secure emails.

Send Unsecure Email
Click Send Unsecure Email to send health record information to any email address.

MADIGAN ARMY MEDICAL CENTER
COMMUNITY UPDATE

CARE WITH COMPASSION

Patient Portal Components: FAQs



- Dashboard
- Partnership for Defense Health
- Health Record
- Messaging
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- View Patient Information
- FAQs
- Pre-visit Questionnaires

TESTONE BANU

Frequently Asked Questions

What is MHS GENESIS Patient Portal?

MHS GENESIS Patient Portal is your direct connection with healthcare professionals at Department of Defense. Use our online tools to manage your health whenever and wherever you have Internet access.

Key features include:

- View, download, and share your medical record
- Securely message with your PCM and care team
- Schedule, view, and manage appointments
- Request prescription renewals

FREQUENTLY ASKED QUESTIONS BY BENEFICIARIES

The following FAQs cover common questions that beneficiaries may have about their MHS GENESIS Patient Portal.

1. What is the MHS GENESIS Patient Portal?

The MHS GENESIS Patient Portal provides access to your EHR and contains your most current medical and dental information via a secure website. It connects you to your MTF's healthcare team and is available anytime, anywhere you have internet access, and provides a complete view of your and your family's health records.

2. How will I benefit from the MHS GENESIS Patient Portal?

The MHS GENESIS Patient Portal securely connects you with your healthcare team and empowers you to become the driver of your healthcare. With the MHS GENESIS Patient Portal you can:

• Manage primary care medical and dental appointments

• Review clinical notes, lab and test results

• Request prescription renewals

o Renewals occur when a prescription has no refills left, or has expired, and the beneficiary needs to continue taking the medication. In this case, MTF staff evaluates and creates a new prescription, if appropriate.

o New prescription renewals are done only through MHS GENESIS

• Exchange secure messages with your healthcare team

17 FAQs along with links to MilSuite, TRICARE Online, and more!

MADIGAN ARMY MEDICAL CENTER

COMMUNITY UPDATE

CAREER SUMMIT

JOINT BASE LEWIS-MCCHORD

SEPTEMBER 24-25, 2019

AMERICAN LAKE CONFERENCE CENTER
8085 NCO BEACH RD, JOINT BASE LEWIS-MCCHORD, WA 98438

GET ALL THE DETAILS AT HIRINGOURHEROES.ORG/EVENTS

TUESDAY, SEPT. 24
5:00 - 7:00 P.M.

Service members, veterans, and military spouses are invited to network with companies at a free reception featuring hosted refreshments.

WEDNESDAY, SEPT. 25
8:00 A.M. - 2:00 P.M.

Service members, veterans and military spouses are invited to join career planning workshops, employer panel discussions, and LinkedIn premium membership overview with free professional headshot before engaging with local, regional and national level employers at the career fair.

2:00 P.M. - 5:00 P.M.

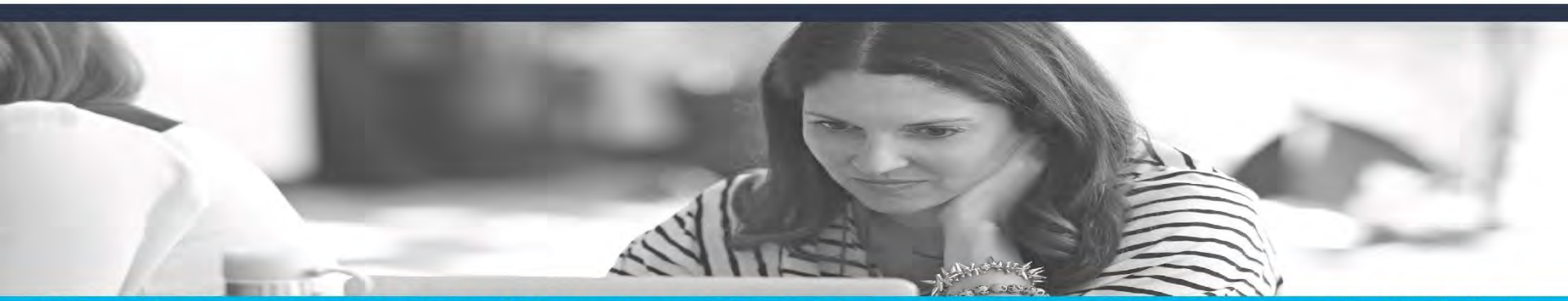
The career fair will be held in the 16th CAB Hangar.

@HIRINGOURHEROES | HIRINGOURHEROES.ORG

HIRING OUR HEROES
U.S. CHAMBER OF COMMERCE FOUNDATION

KEEPING A CAREER ON THE MOVE®

JOINT BASE LEWIS-MCCHORD | SEPTEMBER 24, 2019



Hiring Our Heroes and Military Officers Association of America are joining forces to provide this full-day military spouse employment symposium. Keeping a Career on the Move® is a personal and professional development conference for military spouses who are planning to enter or re-enter the workforce or taking the next step in their professional careers. This event is free and is open to all military, veteran, and Gold Star spouses. Service members and veterans are also welcome. Attendees are invited to stay for the roundtable discussion (2:30 p.m.) and the Career Summit's Networking Reception (4-6 p.m.).

MILITARY SPOUSE EMPLOYMENT SYMPOSIUM

AMERICAN LAKES CONFERENCE CENTER | 8085 NCO BEACH RD, JBLM

8:30 - 9:00 A.M. CHECK-IN & LINKEDIN PHOTOS	9:00 - 9:30 A.M. WELCOME REMARKS	9:30 - 10:30 A.M. REAL SPOUSES, REAL STORIES	10:30 - 11:15 A.M. NETWORKING WORKSHOP
11:15 A.M. - 12:15 P.M. LUNCH & GUEST SPEAKER	12:15 - 1:00 P.M. LINKEDIN BEST PRACTICES	1:00 - 2:00 P.M. RESOURCES PANEL	2:00 - 2:30 P.M. CLOSING REMARKS

MILITARY SPOUSE REGISTER AT
HIRINGOURHEROES.ORG/EVENTS

HIRING OUR HEROES
U.S. CHAMBER OF COMMERCE FOUNDATION

MOAA™ SPOUSE PROGRAMS

USAA®

JBLM | Directorate of Personnel & Family Readiness

Military Spouse CAREER CHALLENGE

Are you ready to jump-start your career in the Pacific Northwest?

Apply today to this unique and exceptional opportunity for Military Spouses seeking employment!

MSCC consists of three 3-hour classes (October 3, 10, 17) culminating in a Reverse Job Fair on October 24th which will **highlight participating job seekers to an audience of targeted employers.**

This event is hosted by DPFR SFL-TAP in partnership with Hiring our Heroes Military Spouse Professional Network - JBLM. Open to Military Spouses of all Servicemembers, past and present.

This opportunity requires an application.

To apply, please visit
http://eepurl.com/gy-5bj

DPFR
Directorate of Personnel & Family Readiness
jblmdpfr.com | (253) 967-7166
Your Community Navigator

JBLM DPFR Marketing | August 2019

For more information
email JBLM@hiringourheroes.org with the subject line "MSCC"

JOINT BASE LEWIS-MCCHORD

Gold Star

Mother's & Family's Day

RECOGNITION EVENT

Saturday, Sep. 21, 2019 - 11 am - 1 pm

Join us for a tour of the Aviation Facility and enjoy hors d'oeuvres and beverages

WAANG Aviation Readiness Center
Bldg. 6224, 2nd Division Drive
JBLM Main

REGISTRATION REQUIRED:
gold-star-mothers-family-recognition-day-2019.eventbrite.com

Gold Star Mother's Day is observed on the last Sunday in September. This year it is on September 29. Gold Star Mother's Day is intended to recognize and honor those mothers who have lost a son or daughter in the service of the U.S. Armed Forces.

JBLM Survivor Outreach Services provides support and brings Survivors together. For more information about this event, program or resources, please call 253-966-5047.

Joint Base Lewis-McChord
Directorate of Personnel & Family Readiness
JBLM DPFR
Your Community Navigator
SOS (253) 966-5047
jblmdpfr.com | (253) 967-7166

JBLM | Directorate of Personnel & Family Readiness | Military Personnel Division

JBLM Voting Support 2019

For voting support...

Unit Voting Assistance Officers

Units will continue to have Unit Voting Assistance Officers (UVAOs). Service Members are directed to go to their UVAO for voting information, registration, updating contact information and requesting an absentee ballot.

fvap.gov

Voting information for all personnel (Service Members, Family Members, Retired Service Members and Civilian Personnel) is available at http://fvap.gov/.

Don't forget to keep your contact information current!

It is important for you to maintain current contact info! Your election office needs your current contact information to reach you come election time. The most efficient way is to complete a Federal Post Card Application (FPCA) annually, with every change of address and at least 90 days prior to the election you want to vote in. That way your election office knows you want to register in that state, how to reach you and most importantly where to send your ballot!

Exercise your right to vote!

Created by JBLM DPFR Marketing | Updated Jan. 14, 2019

What is that smoke over JBLM?

JBLM DPW, Environmental Division conducts prescribed burns every summer for ecological restoration, habitat maintenance and wildfire prevention

The burns help maintain the open fire resilient landscapes that are necessary to meet the JBLM training mission and provide habitat for wildlife including several endangered species

To find out when and where burns will occur follow the Sustainable JBLM Facebook page

www.Facebook.com/SustainableJBLM

Back to School: Go Green!

Buying Green: Reduce, Reuse & Recycle

- Purchase products with recycled content such as recycled paper notebooks
- Don't brown bag it, choose a washable, reusable container to bring your healthy lunch & snacks to school
- New School Clothes? Consider buying from thrift shops, swapping with friends, or your local 'buy nothing' group

WASTE SUSTAINABLE JOINT BASE LEWIS-McCHORD

www.Facebook.com/SustainableJBLM

Get moving with a *GO* Bike!

GO Bikes now at 6 locations around JBLM

GO Bike:

- 6 bike check-out locations including Jensen Gym!
- Check out a bike for up to 2 weeks for FREE
- Available for Service members, dependents age 18 years or older, DoD employees, and contract employees.

Looking for a host on Lewis North for a *GO* bike share location

Be that rider! *GO* Bike location map available on GOLewisMcChord.com

LEWIS-McCHORD
We bike together

YouTube

www.GOLewisMcChord.com

AIR SUSTAINABLE
JOINT BASE LEWIS-McCHORD

GO Lewis-McChord

JBLM is 2nd largest employer in Washington State with over 150,000 trips per day through the gates

- *GO* Transit: FREE on-base transit system with over 80 stops across the installation. 20 minute headway during service hours, connections with local & regional transit
- *GO* Bikes: FREE bike rental for Service members, family members (18+), DoD Civilians and JBLM Contractors
- *GO* Rideshare: Mass Transit Benefit program provides vanpool riders $265.00 in transit benefits. Vanpools come from multiple surrounding counties. Submit the ridematch form and catch a ride!
- *GO* Outreach: Check out *GO* Lewis-McChord.com for times tables, how-to selfie videos, and ride-match opportunities

www.GOLewisMcChord.com

GO Lewis-McChord

On Base Housing
Upcoming Resident Events

- Sep 17 – Spouses Mixer at the Greenwood Community Center
  - ✓ Shadow Boxes
  - ✓ 1800 to 2100 hours

- Oct 15 – Spouses Mixer at the Greenwood Community Center
  - ✓ Halloween signs
  - ✓ 1800 to 2100 hours

- Oct 18 – Spooktakular Night of Trunk or Treating and Movie Magic -
  - ✓ Pokemon Detective Pikachu
  - ✓ Spots are limited/watch email for more information and how to RSVP for tickets
  - ✓ Snack boxes included w/every ticket – soda/candy/popcorn

- Spouses Mixer: Free to Resident and families members 16 years of age and older
  - ✓ RSVP at http://jblmc.com
  - ✓ Check your newsletter at linclonmiliatry.com for more information

MWR Happenings

September Events

- ***CYS & BOD Job Fair*** 17 Sep @ Eagles Pride 0800-1400
- ***CG Golf Scramble*** 20 Sep @ Whispering Firs
- ***CC Indoor Soccer*** 23 Sep Season starts

- ***Oktoberfest*** 21 Sep, MWR Fest tent 1100-2000
- ***Chill in the Grill*** Thurs & Fri dinners @ McChord Club
- ***FCC Provider Orientation*** 24 Sep @ Bldg 2013, 1800

Sports, Fitness & Aquatics

- Fitness Centers
  - Wilson -- Half under construction; 24/7 down during construction
  - Sheridan, McVeigh, Jensen, Soldiers Field House, McChord – Green
- Aquatics
  - Shoreline Beach & McChord Outdoor Pool -- Closed 2 Sept
  - Kimbro -- Closed/Under construction until November
  - Keeler -- Reservation Only
  - Soldiers Field House - Green
- Intramurals/Races
  - Flag Football -- Ongoing Mon - Wed
  - Indoor Soccer -- October
  - Swimming -- November
  - Commanders Cup 5K --October 18th
  - Turkey Trot -- November 16th
  - Jingle Bell Jog 5K -- December 7th

MWR Happenings

Coming in October

5 Oct	UFC 243	McChord Club, Sam Adams & Warrior Zone
5 Oct	eSports: Madden 20	Warrior Zone
11,12,18,19,25,26 Oct	Theatrical Nightmare	Shoreline Park
16 Oct	German Buffet	McChord Club
19 Oct	Harvest Fest	Youth Center
22 Oct	CC Swim Meet Championship	SFH Pool
26 Oct	Trunk or Treat	Russell Landing
26 Oct	Zombie Apocalypse Run	Russell Landing

Coming in November

1 Nov	Dia de los Muertos/Latin Night	Sam Adams Cascade
2 Nov	UFC 244	McChord Club, Sam Adams & Warrior Zone
2 Nov	Family Dance	McChord Club
16 Nov	Turkey Trot/Drumstick Dash	MWR Fest Tent
27 Nov	Holiday Tree Lighting	Jensen Fit Ctr
28 Nov	Thanksgiving Buffet	McChord Club

Community Service

August 13th: Suits for Service Members

- BOSS went out to Steilacoom Town Hall to assist the Association of the United States Army (AUSA) Suits for Service Members team with sizing, sorting, and storing ~50 suits of various brands and styles. Suits for Service Members is a program that provides transitioning Service Members out of the military, two free suits to assist with getting a job/professional image in the Civilian sector.

Volunteers in attendance – 4

August Weekends: Designated Driver Program

- BOSS had an amazing time providing a safe trip for our intoxicated Soldiers back to their barrack facilities all across JBLM. We provide a no questions asked way for Soldiers to make it back on Post from establishments that are within a 15 mile radius of JBLM.

Personnel Helped - 12

Recreation and Leisure/ Life Skills

August 4th: Stand up Paddle Boarding

- BOSS went out to American lake and learned how to properly stand and utilize paddle boarding equipment with the Northwest Adventure Center.
    - **Personnel Trained- 8**

August 18th : Kayaking

- BOSS went back out to American Lake and was taught the proper methods to not only Kayak but also to go from being capsized to upright while in the water.
    - **Personnel Trained- 10**

August 24th: Escape Room

- Single service members will be spending the day solving riddles and enigmas at the Escape Room in Gig Harbor.
    - **Service Members in attendance- 10**

August 31st: White River Rafting

- BOSS will be taking single service members white river rafting. They will get a chance to explore nearby Yakima.
    - **Service Members in attendance-19**

September Events

September 3rd : Suits for Service Members

- BOSS went out to Steilacoom Town Hall to assist the Association of the United States Army (AUSA) Suits for Service Members team with sizing, sorting, and storing suits of various brands and styles

Slots Available – 6

September 7th: JBLM Main Thrift Store

- Come out and assist the JBLM Main Thrift Store with sorting, organizing, and restocking of the items that have been donated to the Thrift Store.

Volunteers Needed – 4

September 7th – October 24th: Setup of JBLM Theatrical Nightmare

- BOSS will be setting up over at Shoreline Park for our annual Walk in the Park (Haunted House) Theatrical Nightmare. We will need personnel to come out and help us Monday through Friday 0900 – 1630 and on Saturday 0900 until complete. We will be building, sorting, assembling, and transporting all of our supplies to Shoreline Park.

Volunteers Needed – 10 During the week
Volunteers Needed – 20 During the weekend

September 21st: Oktoberfest JBLM

- Immerse yourself in fun at JBLM's Oktoberfest Saturday, September 21st in the MWR Fest Tent at Lewis Main. Oktoberfest lasts from 11 a.m. to 8 p.m. and includes authentic German food and brews, entertainment, games, prizes and more! We will be running a root beer float stand for both the children and personnel who don't wish to partake in any alcoholic beverages

Volunteers Needed – 10

September 24th: Washington Veterans Home Port Orchard

- BOSS is going to the Washington Veterans Home Port Orchard out in Retsil, WA to assist the workers with remodeling, moving furniture, and providing basic maintenance to various locations around the facilities in the area.

Slots Available – 12

September Weekends: Designated Driver Program

- BOSS provides a no questions asked pickup from any location within a 15 mile radius of JBLM from 2000-0300 on Friday and Saturdays as well as on Thursday of DONSAs. We will pick up and deliver the Soldier to his/her barracks and drop them of.

  CALL **253-208-9169**

Volunteers Needed – 2 per day

Religious Support

HARVEST FEST 2019

HOSTED BY GRACE GOSPEL CHAPEL
FUN FOR THE WHOLE FAMILY!

Date: 31 October 2019
Location: MWR Fest Tent on JBLM Main
Time: 5:30-8:30 pm

Balloon Twister **Cotton Candy**

Refreshments **Games** **Game Truck**

Candy Activities

Inflatables and more…

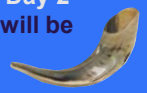
Please no scary costumes

Religious Support

JEWISH HIGH HOLIDAYS * ראש השנה
סוכות * יום כיפור
ב"ה

JBLM Jewish Services held at Main Post Chapel (T2002)

Rosh Hashanah * השנה ראש
09 September - Rosh Hashanah Eve
Evening services 1900
10 September - Rosh Hashanah Day 1
Morning services 1000 - Shofar will be sounded at 1200
11 September - Rosh Hashanah Day 2
Morning services 1100 - Shofar will be sounded at 1200



Yom Kippur * כיפור יום
Day of Atonement
18 September - Yom Kippur Eve
Kol Nidre services TBA
19 September - Yom Kippur Day
Morning services TBA
Yizkor (Remembrance) services TBA
Ne'ilah Services 1800 Fast ends TBA

Sukkot * סוכות
Festival of Booths
23 September - Sukkot Eve
Evening Services 1830
24 September - Sukkoth Day 1
Morning Services 1100
25 September - Sukkoth Day 2
Morning Services 1100

Simchat Torah * תורה שמחת
30 September - Shmini Atzeres Eve
Services 1800 followed by Hakafot
01 October - Shmini Atzeres Day
Morning Services 1100
Yizkor (Remembrance) services 1230
01 October - Simchat Torah Eve
Services 1930 followed by Hakafot
02 October - Simchat Torah Day
Services 1100 followed by Hakafot

For more info, please contact via email michael.f.harari.mil@mail.mil

Religious Support

Faith ‘n’ Family University

Faith and Family University Kick Off

Location: Lewis Main Chapel(Bldg 2001)
When: 3:30 PM Sundays (8 SEP-24 NOV)
What: AWANA and Adult Classes Kick Off

* Lewis Main (AWANA, Introduction to the Bible and REBOOT Trauma / Combat Recovery)

More Information: DRE Mr.Brian Oh at 253-966-2163 brian.y.oh.civ@mail.mil

* Ice Cream will be served on 8 SEP @1700. (Main Post Chapel)

LEWIS MAIN COMMISSARY

LEWIS MAIN COMMISSARY CLOSED SEPTEMBER 17-18 2019

- Lewis Main Commissary will be closed September 17-18 2019 to conducting our Formal Perpetual Inventory.
- To minimize any inconvenience during the Lewis Main Commissary closure the McChord Field Commissary will be open normal operating hours 0900-2000
- For additional information call 253-966-8455 or email: donald.bailey@deca.mil

MCCHORD COMMISSARY

COME SHOP YOUR "BACK TO SCHOOL" NEEDS AT YOUR MCCHORD COMMISSARY

16-21 SEP

GIFT CARD/RAFFLES THROUGHOUT THE WEEK

LEWIS MAIN COMMISSARY

BACK TO SCHOOL SIDEWALK SALE

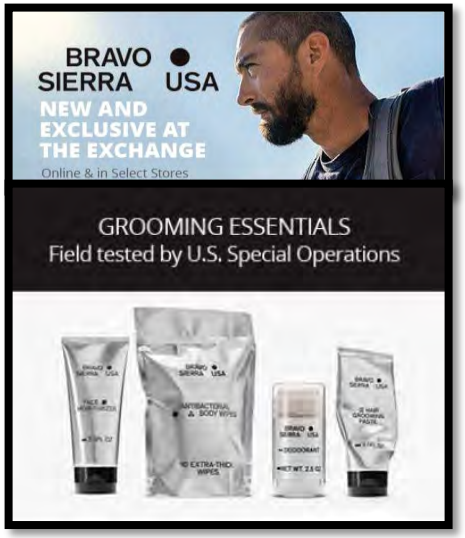
September 27-30

Shop the last big sidewalk sale of the year. Big savings and selection. Shop early for the best selection. Sale located in the warehouse

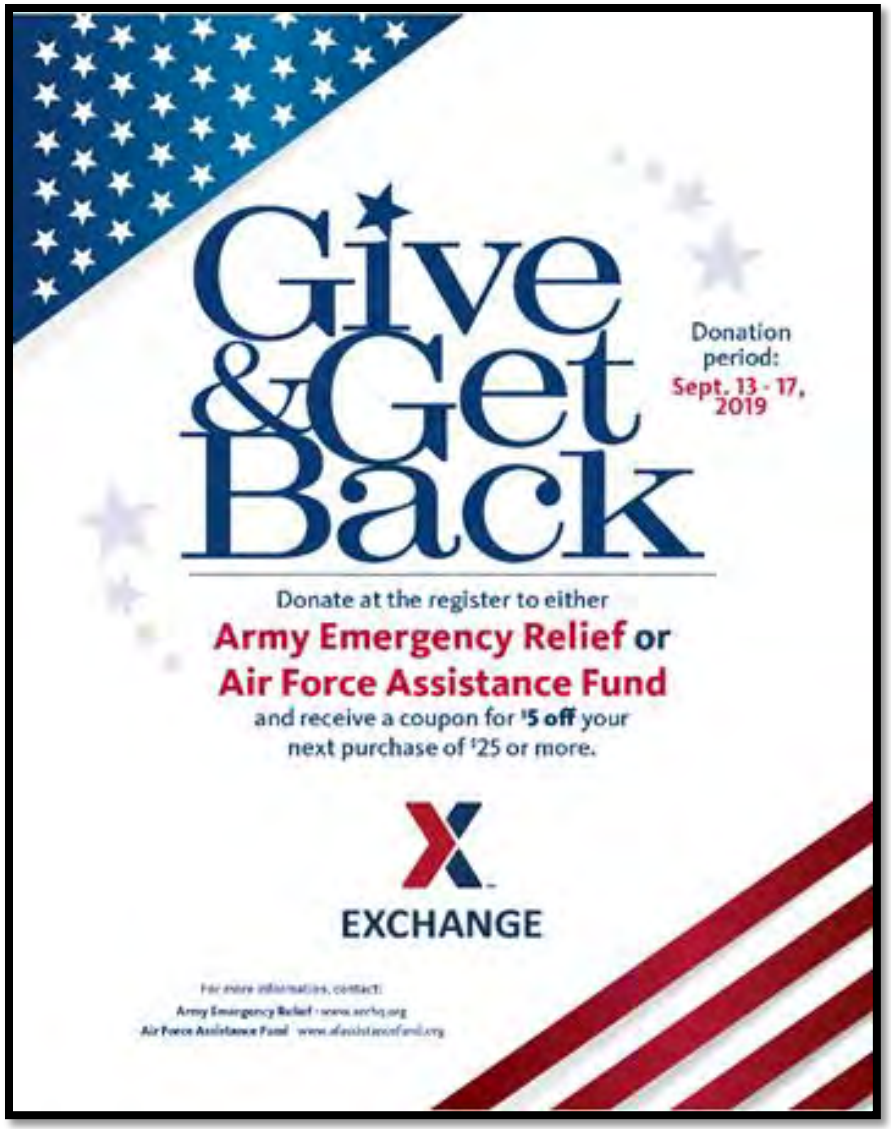
$$$$$$$$$$$$$$$$$$$$

EXCHANGE UPDATES

EXCHANGE UPDATES



EXCHANGE UPDATES



EXCHANGE UPDATES

Upcoming events:

12 Sep. Luncheon
Pineapple Party:
Stand Tall, Wear a Crown
Sam Adams, Eagles Pride Golf Course

10 Oct. Special Event
Costume Party & BINGO
McChord Club

19 Oct. Special Event
Family Nerf Night Fundraiser
CYS North Fort Gym

21 Nov. Luncheon
Farmers Market:
Make it! Bake it! Fake it! Exchange it!
Sam Adams, Eagles Pride Golf Course

The Lewis Community Spouses' Club is a volunteer run, non-profit, all ranks, spouses group at JBLM.

Membership is open to all spouses of Active Duty, Reserve, National Guard and retired personnel of the Armed Forces. We are also honored to extend membership to Gold Star spouses.

SANTA'S CASTLE

OPEN HOUSE

&

25TH SEASON

Of Assisting Military Families

SEPTEMBER 26TH
5:00PM - 7:00PM
2094 BITAR AVE

Join us to learn more about our program, volunteer, a tour of the Castle and CAKE!

Important Santa's Castle Dates

- 26 Sep – Open House (Check Out Our Facility and Process)
- 27 Sep – Office Hours begin! Santa's Castle will be open from 1100-1400 each day, except holidays and DONSAs.
- 1 Oct – 8 Nov (Online Applications Accepted From E-8 And Above Leadership)
  - No Service Member Self Referrals
- Month of November – SMs and Chain of Commands Will Be Notified of Appointments
  - Once applications have been approved and notification sent out
- 2-6 & 9-13 December Service Members Select Toys For Their Children @ Santa's Castle

SOUTH SOUND MILITARY & COMMUNITIES PARTNERSHIP

The South Sound Military & Communities Partnership works to address issues that affect military and civilian communities around JBLM and to foster outcomes that are mutually beneficial for the South Puget Sound region.

Executive Leadership Team

Pierce County
City of Lakewood, WA 1996
Joint Base Lewis-McChord
LACEY

Steering Committee

Pride of the Prairie Yelm Washington
DuPont Washington
Seal of the City of Tacoma 1884
Thurston County Washington
Nisqually Indian Tribe
University Place Washington
PSE Puget Sound Energy

Working Group Chairs

Clover Park School District
United Way of Pierce County
Tacoma-Pierce County Chamber
Tacoma-Pierce County Health Department
Thurston County Chamber
Thurston Regional Planning Council
Pierce Transit
Washington State Department of Transportation

HOW DID SSMCP COME TO BE?

- 2005 BRAC begins move to joint basing
  - JBLM established in 2010
- SSMCP Established by MOU - 2011
  - Funded by membership dues and grant funds
  - Lakewood executive/fiduciary agent

56 members strong!

SOUTH SOUND MILITARY & COMMUNITIES PARTNERSHIP

Focuses on the intersection of issues between local governments and the military community.

2005 BRAC
Joint Basing concept

2010
JBLM
established

2011
SSMCP
established

2008–10
Growth Coordination Plan

2014–15
JLUS

2016–20
JLUS Implementation

Iraq and Afghanistan War
McChord AFB & Fort Lewis
Active duty grows from ~20K to 46K between 2001 to 2008

Need for improved regional coordination & collaboration between communities & JBLM

THINGS WE DO

- SSMCP Initiatives developed in Working Groups:
  - Business & Economic Development
    Transportation
    Health Care
    Education
    Social Services
- Elected Official Council and Steering Committee
- Legislative advocacy
- JBLM Work Force Surveys (2011, 2013, 2015, 2016, 2018)

May 16th, 2019 Elected Officials Council
Eagles Pride Golf Course, JBLM

58

JBLM IS AN INTERDEPENDENT ECONOMIC COMPONENT OF THE SOUTH PUGET SOUND

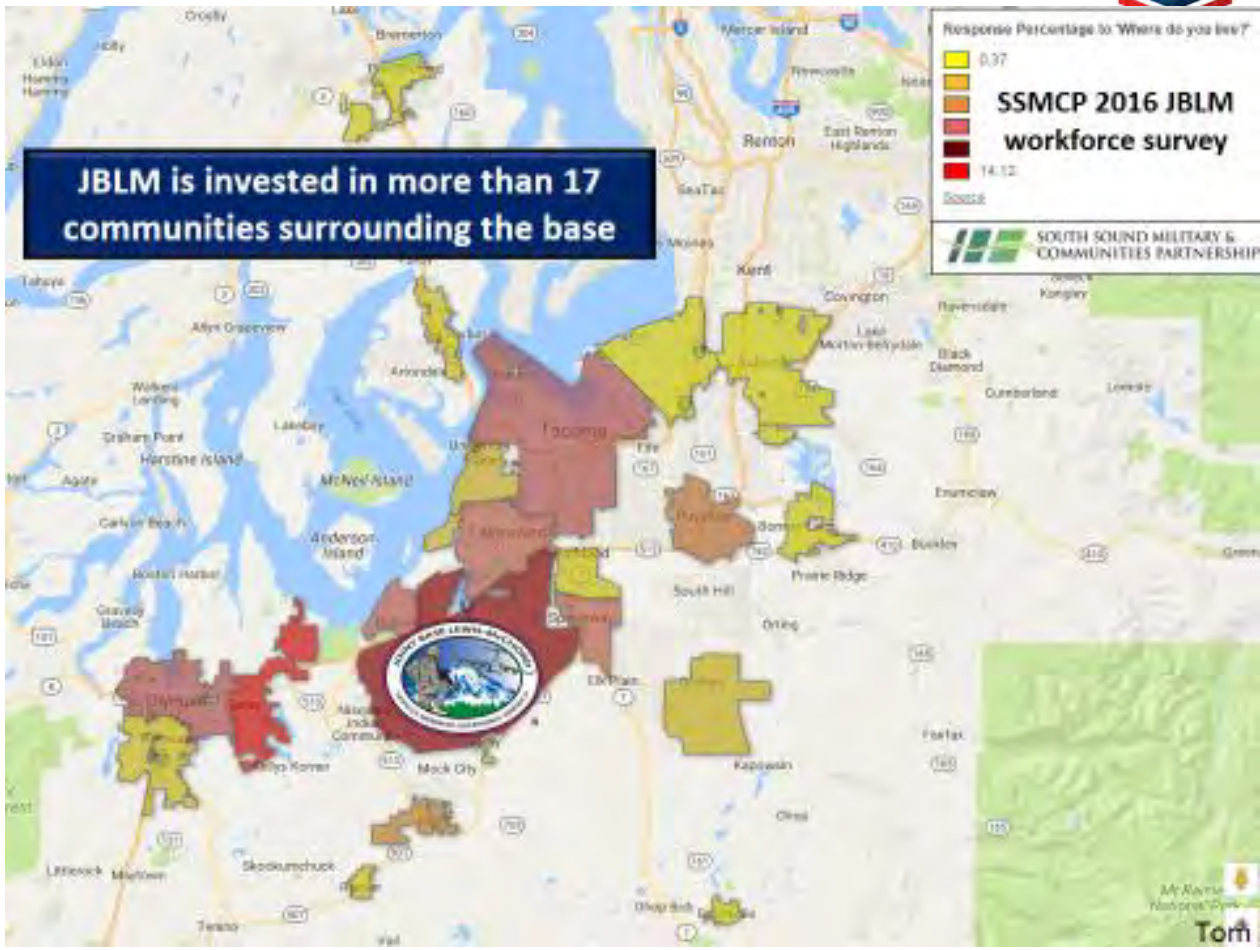
JBLM Impact on Communities:

- 52,000 JBLM workforce
- #1 employer in Pierce County
- #2 employer in Washington State

Top 5 Locations (by number of responses):

- 14.2% Lacey
- 13.5% JBLM
- 9.40% Tacoma
- 8.35% Olympia
- 8.15% DuPont

Regional infrastructure enable JBLM's power projection mission



SOUTH SOUND MILITARY & COMMUNITIES PARTNERSHIP

SOUTH PUGET SOUND, WASHINGTON GREAT AMERICAN DEFENSE COMMUNITIES

OUR "NEXT" ECONOMIC IMPACT ANALYSIS

2018 $9.2B
Economic Impact Analysis
Workforce focus

2020 $..B???
Economic Impact Analysis
Of JBLM on the South Sound

What happened last year?

Our analysis was constrained by time and limited to analyzing the JBLM workforce, defense contracts, and operations

What's different in the next analysis? In addition to previous analysis, determine the impact of 25,000 spin-off jobs, 32,000 military retirees, military families, transitioning service members, military working spouses, etc…

2018 JBLM REGIONAL ECONOMIC IMPACT

$8.3B - $9.2B

- Madigan Army Medical Center O&M $600.2M
- OPERATING BUDGET $684M
- PAYROLL* $4.9B
  - Healthcare $974.4M
  - Rental Housing $560M
  - Education $246M
  - Retail Spending $611.5M - $1.7B
- DEFENSE CONTRACTS $660M
- SPIN-OFF JOBS 25,000 Indirect & induced
- TAX REVENUES $110M-$147M

Concurrent local business survey

2019-20
LOCAL BUSINESS SURVEY

This survey seeks to identify the military connected customer bases of local businesses and the effects of JBLM on the local economy.

2019-2020 OEA GRANT

- Deliverables
  1. **Transportation:** study localized transportation impacts, validating troubled areas, offer mitigation strategies, prioritize selected projects, and recommend funding approaches
  2. **Housing:** evaluation with recommendations on ways to coordinate and provide off-installation adequate housing for service members and dependents
  3. **Conservation Banking:** expand conservation banking and conservation partnering opportunities in Thurston County.

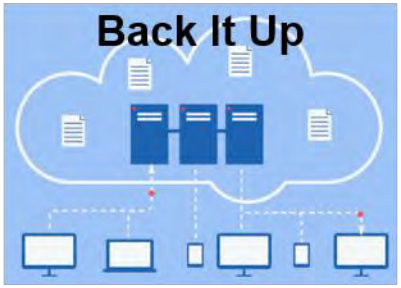
Cyber Awareness

CYBER SECURITY IS OUR SHARED RESPONSIBILITY

More than 99% of cyberattacks rely on human interaction.

Cyber Hazards to the JBLM Community:

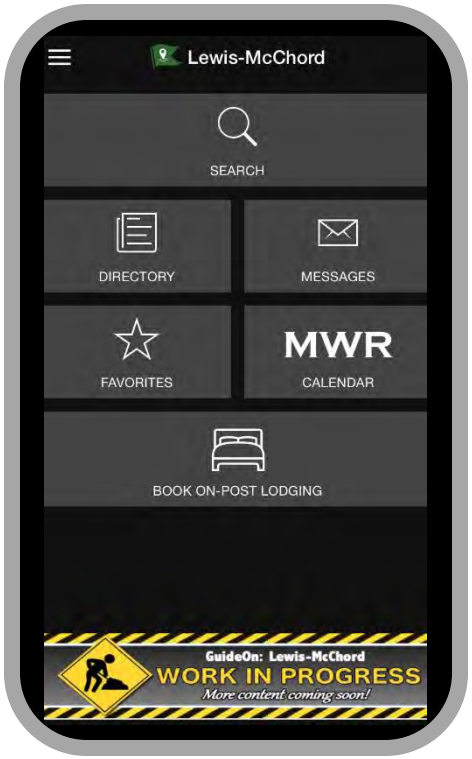
Community Mitigations:



Personal information is like money. Value it. Protect it. Share with care.

GuideOn App

GuideOn
We Get You There



Designed by Army spouse

- To navigate on military installations using *building numbers or names*
- (we seldom us street addresses)
- Searchable; Easy-to-Use directory
- Download for free from App Store
- Uses AppleMap or GoogleMap to plot routes using geo locations
- The base can limit building labeling
- 275K downloads; 50K active users

Full Use - Fort Benning, Fort Gordon, Fort Jackson, Fort Stewart, USAG Bavaria, USAG Stuttgart

Works in Progress - Camp Humphreys, Korea, Fort Lee, JBLM, Redstone Arsenal, USAG Daegu, USAG Italy

Garrison Update

Next Garrison Update

2 Oct 19 @ 0930

McChord Club

Garrison Update

Garrison Commander Comments

JOINT BASE LEWIS-McCHORD
SERVICE MEMBERS DEFENDING AMERICA