



JBLM SOUND SUMMIT

April 2021 | Theme: Month of the Military Child

Submit your questions during the [Facebook Live](#) via comments



Opening Comments: COL Skye Duncan, Joint Base Garrison Commander

Remarks: COL Patrick Ellis, Chief of Staff, I Corps
Col. Erin Staine-Pyne, Commander, 62d Airlift Wing

Sound Byte: Sexual Assault Prevention Month
Mr. Lance Posner, JBLM DPFR SHARP

Organization	Presenter
1. DPFR Family Advocacy Program <i>Child Abuse Prevention Month Activities</i>	Special Guests
2. JBLM MWR <i>Month of the Military Child</i>	Ms. Cori Yahnke
3. Washington State Dept. of Veterans Affairs (WDVA) <i>WSMTRC Childcare Efforts</i>	Mr. Mark Sullivan
4. JBLM Exceptional Family Member Program – Family Support <i>EFMP & Me</i>	Ms. Megan O'Day
5. Madigan Army Medical Center <i>Month of the Military Child, COVID Vaccine Update, New AWC Location</i>	COL Scott Roofe
6. B.O.S.S. <i>Designated Driver Services on JBLM, April Events & Activities</i>	SGT Neal Balaoing
7. Sustainable JBLM <i>Earth Day, Reduce Your Environmental Footprint</i>	Ms. Cathy Wissmer-Hamilton
8. JBLM Risk Reduction <i>Alcohol Awareness Month</i>	Ms. Beth Ellis
9. Spouses Club of Lewis-McChord <i>Upcoming Events</i>	Ms. Melissa Fowler

The next JBLM Sound Summit is Tuesday **04 May 2021** • Follow [#JBLMSoundLiving](#) on Social Media



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Join your DPFR Financial Readiness Team this April for

National Financial Literacy Month

Take a virtual class (or five!) and learn to set meaningful goals for your personal & household finances, as well as for retirement

Visit www.jblmdpfr.com for more information



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April

FAMILY FUN CALENDAR

JBLM DPFR FAMILY ADVOCACY & NEW PARENT SUPPORT PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PICK UP YOUR PINWHEEL KITS, SCAVENGER HUNT CLUES, AND UMBRELLAS AT OUR OUTREACH TABLE AT WALLER HALL THROUGHOUT THE MONTH!				1 Make a fort out of sheets and read books in it.	2 <i>Blue Day</i> Wear blue to raise awareness for Child Abuse Prevention.	3 Go to your favorite playground all afternoon.
4 Compliment your child on something that they did well that day.	5 Make dinner together as a family.	6 Plant a pinwheel garden with your family outside.	7 Ask your children who is important to them.	8 Play a board game with the entire family.	9 <i>Blue Day</i> Wear blue to raise awareness for Child Abuse Prevention.	10 Take the kids to the library to get a library card.
11 Role play emotions with your child: Happy, sad, or excited.	12 Take a family nature walk and collect rocks, leaves, and sticks.	13 Do crafts with your family from your nature walk!	14 Hold, cuddle, and hug your child often!	15 Everyone shares a favorite family memory.	16 <i>Blue Day</i> Wear blue to raise awareness for Child Abuse Prevention.	17 Give everyone in your family a compliment.
18 Teach your child to resolve conflict peacefully.	19 Write a blind note and put it in your child's lunchbox or backpack.	20 Talk to a trusted friend when you are feeling stressed or overwhelmed.	21 Read a book together and act out the scenes.	22 Spend time listening to your child's stories and ask them questions.	23 <i>Blue Day</i> Wear blue to raise awareness for Child Abuse Prevention.	24 Go on a 10 minute walk.
25 Reflect on parenting you received as a child and how that impacts how you parent today.	26 Make a special dessert after dinner with the entire family.	27 Create a board game with your family and play together!	28 Have everyone say one thing they are grateful for before dinner.	29 Make time to do something you enjoy.	30 <i>Blue Day</i> Wear blue to raise awareness for Child Abuse Prevention.	

NOTICE: USE OF THIS CALENDAR MAY RESULT IN CLOSER RELATIONSHIPS WITH LOVED ONES

@JBLMDPFR

JBLM Directorates, Programs & Services

Garrison

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JBLM Sound Living

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Madigan Army Medical Center

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JBLM Sustainability

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Families OverComing Under Stress (F.O.C.U.S.)

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Directorate of Emergency Services (DES)

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MWR

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B.O.S.S.

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Joint Personal Property Office

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Exchange

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Spouses Club of Lewis-McChord

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