



## **Joint Base Lewis-McChord**

*Garrison Community Update*

*"We are a Joint Force Power Projection Platform"*

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Trust and Transparency - Collaboration - Collective Responsibility



# Garrison Update Agenda



- 0930-0935 – Welcome – COL Skye Duncan, Joint Base Garrison Commander
- 0935-0940 - Recognition
- 0940-0945 – Opening Remarks:
  - MG Xavier Brunson, Commander General, 7ID
  - Col Scovill Currin, Vice Commander, 62d Airlift Wing
- 0945-1000 – Installation Hot Topics:
  - DPW, Maj. Matt Smith, DPW O&M Division Deputy
- 1000-1010 – Madigan Army Medical Center, COL Thomas Bundt, Commander Madigan
- 1010-1030 – Updates
  - Personnel & Family Readiness, Ms. Alecia Grady, D/Personnel & Family Readiness
  - Sustainability Program, Ms. Catherine Hamilton-Wissmer
  - Housing Office, Ms. Beth Wilson, Housing Manager
  - MWR, Ms. Kelly Wetzel
  - BOSS, SGT Dawson Nauglesuchman, President
  - Religious Support, CH (COL) Randy Brandt
  - Commissary Update, Mr. Ronald Lewis
  - Post Exchange Update, Ms. Celeste Gillum
  - Joint Personal Property Office, Ms. Shevonne Niehaus
  - American Red Cross, Ms. Lauren Snow
  - Lewis Community Spouses Club, Ms. Jamie Lynn Blum
  - Soldier & Family Readiness Groups, Ms. Lorry Ryan
  - Santa's Castle, Ms. Shelly Hinzman
- 1030-1045 - Command Comments – Next Community Update **4 Dec 19 at McChord Club**

# **Commander's Comments**

**LTG Gary Volesky, Commanding General, I Corps**

**Col Erin Staine-Pyne, Vice Commander, 62d Airlift Wing**



# Winter Weather Road Hazards



- Key Points

- SLOW DOWN!!!
- Different than other winter weather regions
- Black Ice: shaded areas, even if air temp above freezing
- Caution on hills, curves, and traffic circles
- Gates: ice + congestion = accidents
- Limit driving during snow removal operations
- Stick to primary roads for safety
- Road conditions: <https://home.army.mil/lewis-mcchord/index.php/about/visitor-information/road-conditions>
  - 253-967-1733
- Reporting delay/closure: chain of command
- Emergency: call 911
- SLOW DOWN!!!

## JBLM TOP LINKS



ROAD CONDITIONS



GATE INFORMATION

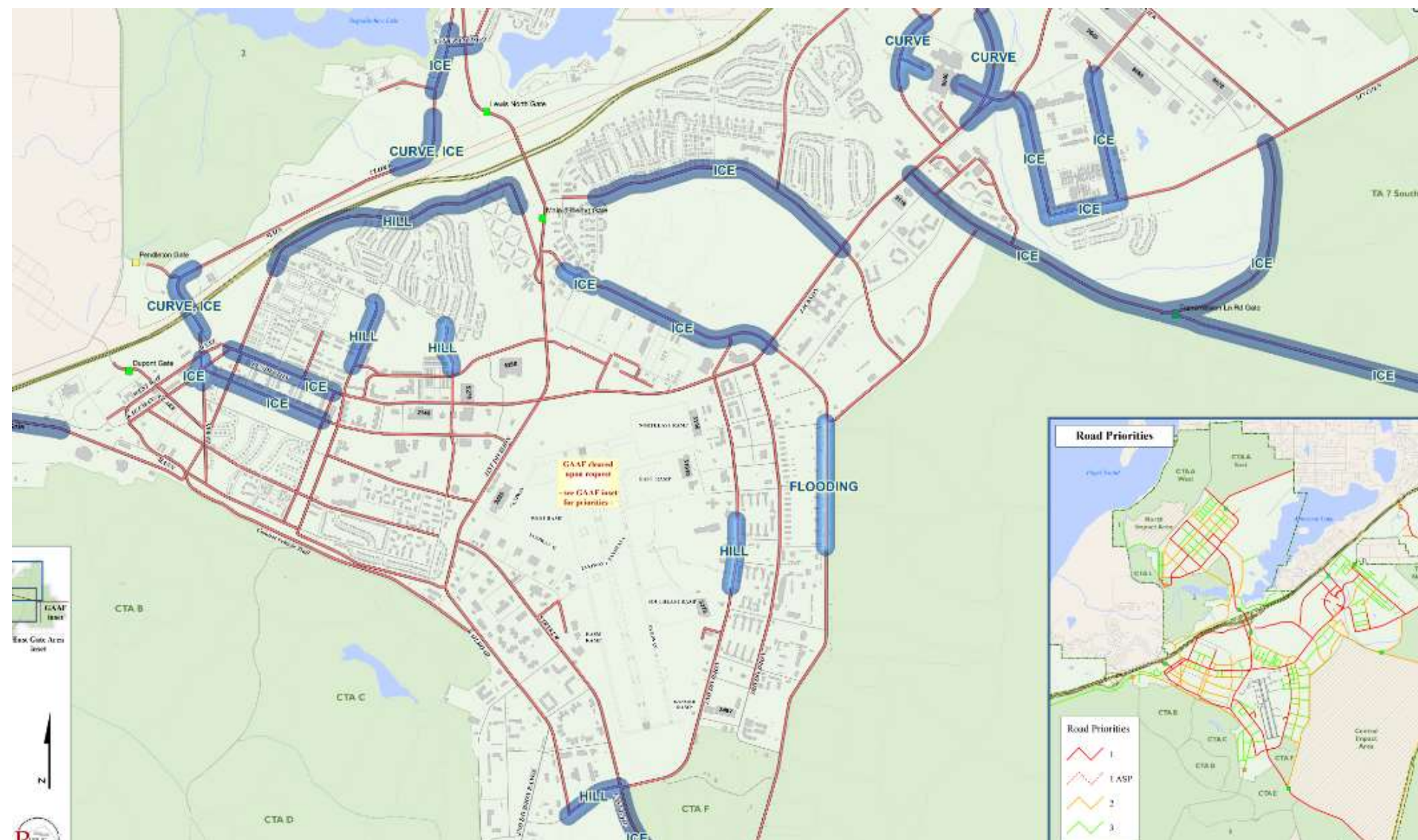


LOCAL WEATHER

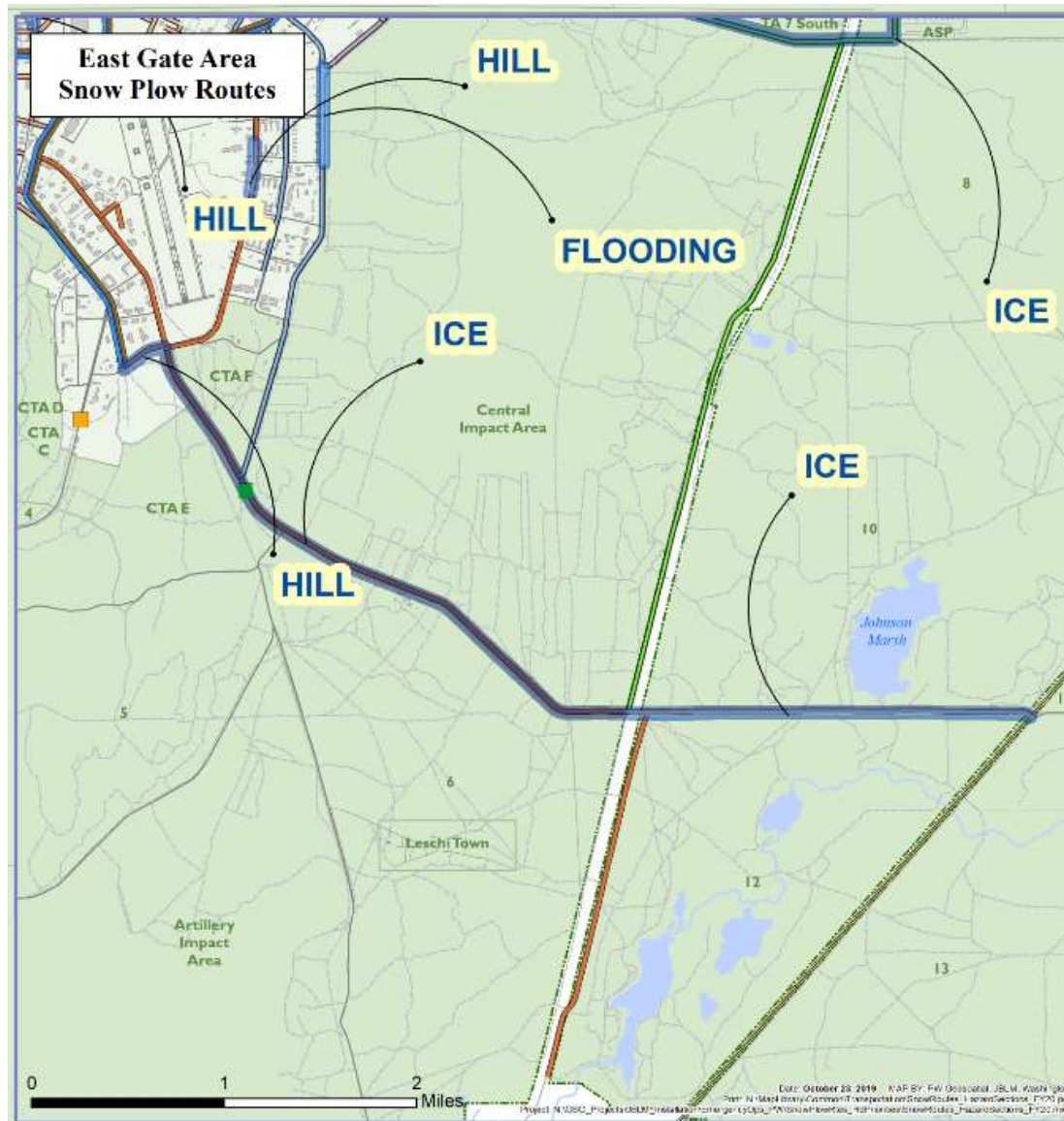




# Lewis Main

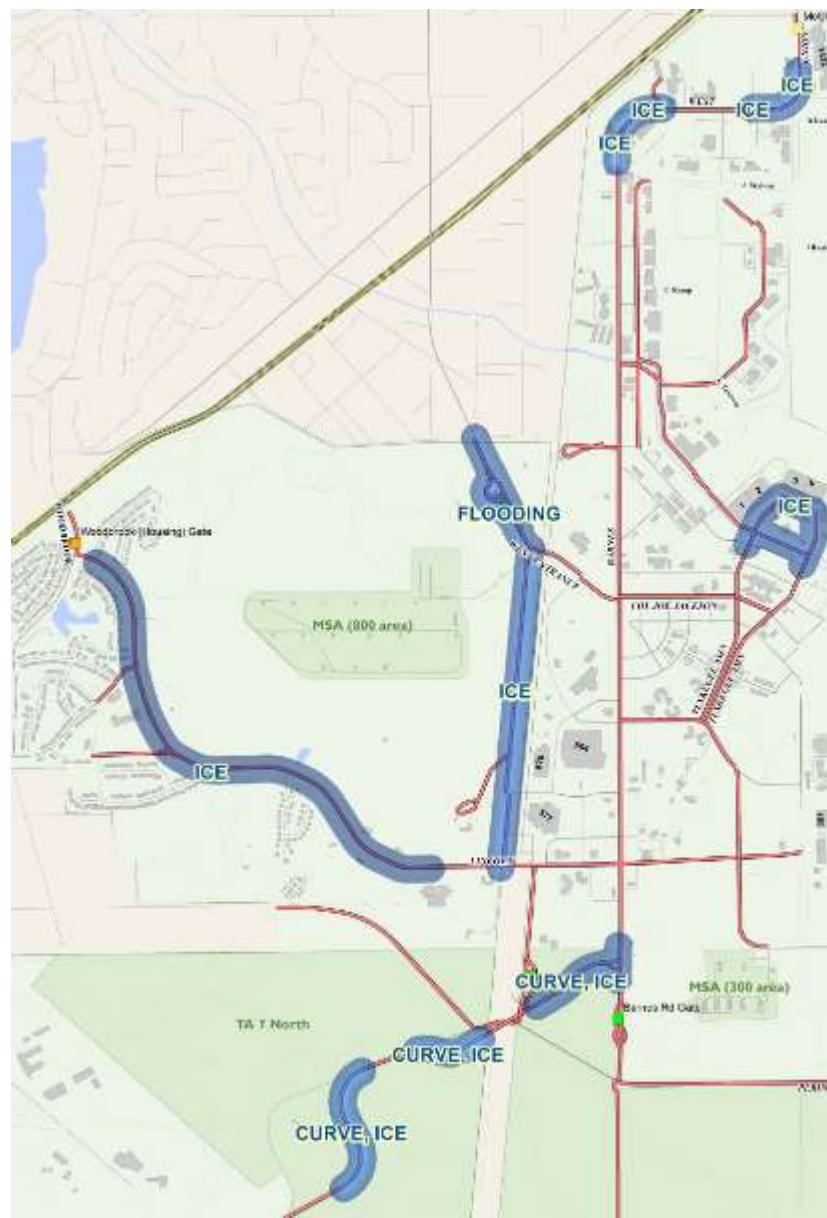


# East Gate Area





# McChord Field







# Organization Responsibilities



- DPW: roads, airfields, parking lots – in that priority
  - Customer Service: 253-967-3131 option 2
- Unit Commanders: Facilities
  - Sidewalks, stairs, entryways, doorsteps, ramps, etc
  - Snow shovels, de-icer is a unit cost
  - De-icer/snowmelt available from BSC
- Lewis-McChord Communities: privatized housing roads
  - Work Order line: 253-912-3500
- Military Family Housing Occupants: your house
  - Driveway, sidewalks, stairs, porches, etc
- Everyone:
  - Limit driving during snow removal operations
  - Consolidate parked vehicles
  - SLOW DOWN!!!



U.S. AIR FORCE

# Camp Lewis Cemetery



## Wreaths Across America Camp Lewis Cemetery







# Camp Lewis Cemetery



- **Wreaths Across America Volunteer Opportunity**
- **Saturday, December 14, 0900 at the Camp Lewis Cemetery**

National volunteer program with the mission to “Remember, Honor and Teach” by placing remembrance wreaths on veterans gravesites in December on the same coordinated date in over 1700 cemeteries across the 50 U.S. states, at sea and abroad

Following a brief ceremony volunteers respectfully place 1000 remembrance wreaths on each headstone at the Camp Lewis Cemetery to honor the service of fallen veterans and their families

Events: Truck arrival, ceremony, placement of wreaths

To learn more about the program visit [www.wreathsassamerica.org](http://www.wreathsassamerica.org)

Local website: [www.wreathsassamerica.org/wacjb](http://www.wreathsassamerica.org/wacjb)

Local contacts: Donna Dahlstrom, [donna.j.Dahlstrom.civ@mail.mil](mailto:donna.j.Dahlstrom.civ@mail.mil)  
MSgt Lewis, [lance.a.lewis8.mil@mail.mil](mailto:lance.a.lewis8.mil@mail.mil)



***November 2019***

**MADIGAN ARMY MEDICAL CENTER  
COMMUNITY UPDATE**





# OPEN ENROLLMENT

**TRICARE Open Season is the annual period when you can enroll in or change your health plan for the next year. The 2019 TRICARE Open Season begins on Monday, **November 11th** and ends on Monday, **December 9th.****

**MADIGAN ARMY MEDICAL CENTER**

**COMMUNITY UPDATE**



# OPEN ENROLLMENT

During TRICARE Open Season, you can:

**Do nothing:** You'll continue in your current health plan through 2020 or as long as you're eligible.

**Enroll in a plan:** If you're eligible for a **TRICARE Prime** option or **TRICARE Select** but not enrolled, you can enroll in a plan now.

**Change plans:** If you're already enrolled in a **TRICARE Prime** option, or **TRICARE Select**, you can *switch plans* and switch between individual and family enrollment.

MADIGAN ARMY MEDICAL CENTER

## COMMUNITY UPDATE





# OPEN ENROLLMENT

**During TRICARE Open Season, you can:**

**Enroll into US Family Health Plan:** For ADFMs, Retirees and their Families. PACMED clinics are the contracted healthcare providers. For more information, call **1-888-958-7374** or visit [www.usfhp.com](http://www.usfhp.com)

**Qualifying Life Event:** A QLE is a certain change in your life, such as **marriage, birth of a child, or retirement** from active duty, which may mean different TRICARE options are available to you. A TRICARE QLE opens a 90-day period for you to make eligible enrollment changes.

*\*A QLE for one family member means all family members may make enrollment changes. To learn more, visit [www.tricare.mil/lifeevents](http://www.tricare.mil/lifeevents).*

**MADIGAN ARMY MEDICAL CENTER**

# COMMUNITY UPDATE



**GET PREPARED FOR SUCCESS ON  
NOVEMBER 18TH!**



**November 18, 2019 – Madigan Medical  
Mall**

**10:30 a.m. – 1:30 p.m.**

Stop by and learn about new nicotine products, electronic nicotine delivery systems and be screened for your “lung age!”

Information will be available for on off- and on-post cessation classes,  
how to create a quit plan

**MADIGAN ARMY MEDICAL CENTER**

**COMMUNITY UPDATE**

**Tobacco cessation  
classes at the Armed  
Forces Wellness**

**Center. Call (253) 966-  
3757.**





# DIABETES

## AWARENESS MONTH



For more information on diabetes, visit the CDC website at [cdc.gov](https://www.cdc.gov) or [diabetes.org](https://www.diabetes.org), or call the **Armed Forces Wellness Center** at **(253) 966-3757** to learn more about prevention and living an active lifestyle.

**MADIGAN ARMY MEDICAL CENTER**  
**COMMUNITY UPDATE**



# INFLUENZA VACCINE UPDATE

## DID YOU KNOW?

**TRICARE covers Flu Shots and you can get yours at no cost in 3 ways:**

- **At a Military Hospital or clinic\***
- **Participating Network Pharmacy**
- **TRICARE-Authorized Provider**

*\*Contact your PCM to discuss options and availability regarding you and your families flu vaccine*

*\*More information coming soon regarding Madigan's Annual Beneficiary Flu Drive!*

- **Family Members & Dependents**
- **Beneficiaries**
- **Retirees**
- [www.tricare.mil/flu](http://www.tricare.mil/flu)

**MADIGAN ARMY MEDICAL CENTER**

## COMMUNITY UPDATE

To access & message your care team via the Patient Portal, visit:  
<https://patientportal.mhsgenesis.health.mil>





## Who accepts TRICARE for influenza vaccines?



Ages 5 years  
old and up

**BARTELL DRUGS**

Ages 4 years  
old and up



Ages 5 years  
old and up



Ages 5 years  
old and up



Ages 4 years  
old and up



Ages 4 years  
old and up



Ages 5 years  
old and up



MultiCare Immunization  
Clinic South Hill (Puyallup)  
Ages 6 months old and up



Ages 8 years  
old and up



**MADIGAN ARMY MEDICAL CENTER**  
**COMMUNITY UPDATE**





Madigan Army Medical Center

# Inaugural Volksmarch

5K Run/Walk

November 23, 2019

Location: Start/Finish at Madigan Pond

Start time: 8 a.m. Run 8:30 a.m. Walk

Join us for food, family activities, and health fair following the event in the Madigan Medical Mall

Free registration at @ <https://www.eventbrite.com/e/madigan-volksmarch-2019-tickets-77044356745>

**MADIGAN ARMY MEDICAL CENTER**  
**COMMUNITY UPDATE**





# FOLLOW MADIGAN



Are you following Madigan Army Medical Center on social media? We are active on multiple social media platforms for your convenience. Follow us today to keep up to date on the latest news involving Madigan!



[Facebook.com/MadiganHealth](https://Facebook.com/MadiganHealth)  
[Twitter.com/MadiganHealth](https://Twitter.com/MadiganHealth)  
[Instagram.com/MadiganMedicine](https://Instagram.com/MadiganMedicine)  
[YouTube.com/c/MadiganArmyMedicalCenter](https://YouTube.com/c/MadiganArmyMedicalCenter)



[www.mamc.health.mil](http://www.mamc.health.mil)

**MADIGAN ARMY MEDICAL CENTER**  
**COMMUNITY UPDATE**



# Escape Zone



## Escape Zone

at JBLM-McChord Field



**Join the Fun!**

**Hours of Operation:**  
**Monday - Friday**  
**9 a.m. - 12 p.m.**

### What is the Escape Zone?

The JBLM-McChord Field Escape Zone is a parent and child program designed to develop and enhance the personal Readiness and Resiliency of JBLM Families.

The free program offers parents and their children ages newborn to 5 yrs. a chance to participate in learning activities and socialize with other military Families and children.

The play place has age appropriate indoor and outdoor toys. During inclement weather we play inside in our two rooms stocked with fun toys. On sunny days we go outside and play on safe, child-sized playground equipment. We even have a fenced in yard where children can practice bike riding!

### Activities & Special Events

- New Parent Support "Sing and Play"
- Military & Family Life Counselors "Table Talks"
- Seasonal visits from The Children's Museum of Tacoma
- Yearly holiday & seasonal activities
- Weekly craft projects

## Join the Fun!

**At the Escape Zone, you can enjoy:**

- A spacious mat room
- Outdoor padded playground
- Air Conditioning
- Weekly Toddler Playgroups







# Hawk Career Center Military Spouse Employment



## DPFR Employment Readiness Program

- Your Career Navigation and Resource Experts

Full Career Counseling Services, Interactive Classes

Register: <https://jblmdpfr.timetap.com>, 253-477-WORK (9675)

### EVENT OF THE MONTH

**Networking & Job Fair**  
**Operation Good Jobs**  
**November 20<sup>th</sup>, 10:30am-1:30pm**  
**American Lake Conference Center**

Stop by ready to get a job with one of over 60 employers ready to hire!

- ON THE SPOT Resume Review & LinkedIn profile tips
- Spouses highly encouraged to attend!

### OPPORTUNITY OF THE MONTH

**Certified Nursing Assistant or Medical Assisting Certification Training!!**

Career Team has opportunities for Active Duty Military Spouses or Transitioning Service Members interested in jump-starting their medical careers with training and support assistance.

**Email: [nelvamarch@careerteam.com](mailto:nelvamarch@careerteam.com) with the subject line ERP Referral and either "Medical Assisting" or "Certified Nursing Assistant" and they will get you on the path to success!**

**Facebook: [JBLM Opportunities Unlimited](#)**  
**\*Employment Events/Jobs/Questions**

# Stone Education Center



Prepare for professional development  
and transition through education, training & certification.

## 2019 EDUCATION FAIR



**Thursday**  
**Nov. 14**

**10:00 am**  
**- 2:00 pm**

Local/National Colleges  
Universities  
Education Services  
Training Opportunities

**Stone Education Center**  
**6242 Colorado Ave. JBLM Main**

Open to JBLM Community | Questions? (253) 967-2208 or (253) 966-8433



**Register at [jblm-education-fair-2019.eventbrite.com](http://jblm-education-fair-2019.eventbrite.com)**



# America Recycles Day 15 Nov



BIN THERE,  
DO THAT

WHAT'S SAFE TO PUT IN  
YOUR RECYCLING BIN?



Paper  
Cardboard  
Plastic bottles  
Jugs & jars  
Aluminum  
Tin cans

Yard waste, leaves & other recyclables can be taken to Lewis Main or McChord Field recycling centers.



# JBLM Stormwater drains to the Puget Sound



- Rake a Drain- keep leaves out of the drain
- Close the dumpster lid
- Use a drip pan
- Report spills, call 911



# Holiday Travel

## Let's *GO* to SeaTac Airport

Take *GO* Transit to the Dupont transit station

From Bay 6, take Sound Transit 594 to the Tacoma Dome Station

In Zone B, transfer to Sound Transit bus 574 to SeaTac Airport

Costs of traveling the *GO* way: Less than \$10 round trip

Costs of Parking at SeaTac: \$30 per day

Holiday travel can be stressful; leave the car in your driveway and avoid the stress of a parking bill.







# On Base Housing HQDA Family Housing Survey

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Headquarters, Department of Army has decided to have semi-annual On Base Housing Resident Satisfaction Surveys

Survey starts 12 Nov and closes on 12 Dec

Lincoln Military Housing (LMH) will be issuing 15 X \$100 Visa Gift cards

3 separate times during the survey period they will draw 5 names of families that have submitted a survey and will issue a \$100 Visa Gift card

Residents will receive an email from CEL with instructions to submit a survey

Contact your District Manager if you did not received the survey link via email



# LMH Holiday Hours

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- LMH District Offices will be closed on 11 Nov and 28 & 29 Nov
  - Maintenance will only respond to emergency and urgent work orders
  - Housing assignment and terminations will not be scheduled
  - Call 253.912.3500 or 1-888-578-4141



# MWR Happenings



## November Events



Grab your friends and family and join us for the Turkey Trot 5K/10K and Drumstick Dash 1K!

**Saturday, November 16**  
Wilson Sports & Fitness Center

All participants who register will receive a custom bib and finishers medal! All participants who register by Nov. 4 will also receive a t-shirt. Participants who register after Nov. 4 will not receive a t-shirt.

Turkey Trot 5K: Military affiliated \$25, Non-DOB: \$30  
Turkey Trot 10K: Military affiliated \$30, Non-DOB: \$35  
Drumstick Dash 1K: Military affiliated \$10, Non-DOB: \$15

JBLMSportsFitnessAquatics JBLMraces.com



**Thanksgiving Buffet**

McChord Club  
Thursday, Nov. 28  
Seatings: 11 a.m., 1:30 & 3:30 p.m.

\$29.95 for Adults, \$19.95 for Youth (ages 9-12)  
\$9.95 for Kids (ages 4-8), 3 and under eat free.  
Members save \$2

Reservations are required. See the menu at [JBLMmwr.com](http://JBLMmwr.com).  
253-982-5581  
780 Barnes Rd.

- **NBA 2K20 Tourney** 16 Nov @ Warrior Zone
- **Night Shoot** every Thurs @ Skeet Range
- **Lifeguard Class** 8-10 Nov @ Soldiers Field House
- **Black Friday Sale** 29 Nov @ NW Adventure Center

## Thanksgiving To-Go From ALCC

**Meal 1 feeds 6-8**—includes 16-20 lb turkey, stuffing, potatoes, green bean casserole, sweet potatoes, gravy, cranberry sauce & pie: \$164.95

**Meal 2 feeds 8-12**—More Meal 1 + ham & 2 pies: \$259.95

Additional dessert options available.

Order through 25 Nov; pick-up 27 & 28 Nov.

Call 253-966-4998/3987

# MWR Happenings



## Coming in December

2 Dec	Holiday Tree Lighting	Jensen Fitness Center
3 Dec	MWR Job Fair	Eagles Pride
7 Dec	Winterfest/Trees for Troops/Ugly Sweater Run	MWR Fest Tent
7 Dec	Leavenworth Holiday Lights	Leisure Travel Services
14 Dec	UFC 245	Club, Sam Adams & WZ
14 Dec	Breakfast w/Santa	McChord Club
23-24 Dec	Holiday Sale	NW Adventure Center
31 Dec	NYE Gaming	Warrior Zone

## Sports & Fitness Update

- Commander's Cup Swim Meet continues today at Soldiers Field House
- Kimbro Pool – Leaks identified – anticipate re-opening mid-Dec/Jan
- Wilson Fitness Center – 24/7 access still down, red side open, cardio machines moved & ready for use; b-ball floor resurfacing 25 Nov-23 Dec
- FREE fitness classes@ Jensen, McChord, Soldiers Field House Pool, Wilson & McVeigh include kickboxing, yoga, water aerobics, spin, Zumba, Tai Chi & more
- Soldiers Field House b-ball floor resurfacing -- closed through 22 Nov



# JBLM Libraries



Have fun & save \$\$– check out:

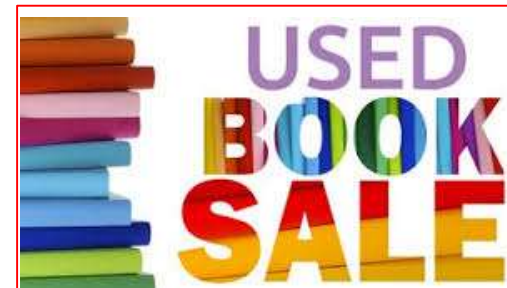
- Board games
- Passes to Tacoma Art Museum, Foss Waterway Museum & Lakewold Gardens
- Rokus loaded with hundreds of movies
- Wi-Fi hot spots

***At Grandstaff:*** We're honoring our Veterans Tue, Nov 12 4-5:30pm. Join us for a time of reflection, camaraderie & support for those who are such an important part of our military family. Refreshments will be served.

***At McChord:*** New Teen Film Club - group of 15-20 teens meet weekly to learn the art of filmmaking. Current project: creating a 5-min stop-motion holiday movie.  
-Design Studio: features a Makerbot Replicator 3D printer, Adobe Creative Suite, Cricut maker, Silhouette Mint rubber stamp maker & button maker.



*Wizarding Yule Ball  
Sat, Dec. 14  
McChord Library*



Book Patch today &  
BOGO tomorrow!  
100s of books &  
other items, most  
priced under \$1.

# Children's Museum



- JBLM will be the first installation to have a children's museum on base, in partnership with the Children's Museum of Tacoma
- The new museum will be built in the remodeled skating rink building on Lewis Main
- The building will also include Family Child Care (FCC) administration & a Parent Central Quick Stop
- The CYS portion is scheduled to open Jan 2020. The museum portion is scheduled to open Aug 2020







# Community Service



## Oct. 1- Suits for Service Members

- BOSS went out to Steilacoom Town Hall to assist the Association of the United States Army (AUSA) Suits for Service Members team with sizing, sorting, and storing ~50 suits of various brands and styles. Suits for Service Members is a program that provides transitioning Service Members out of the military, two free suits to assist with getting a job/professional image in the Civilian sector.

**Volunteers- 5**

## OCT. 5- JBLM Main Thrift Store

- Come out and assist the JBLM Main Thrift Store with sorting, organizing, and restocking of the items that have been donated to the Thrift Store.

**Volunteers -4**

## OCT. 1-11- Haunted House Prep

- Preparation for the Haunted House at Shoreline Park continues as we finalize area before Theatrical Nightmare opens. Come get volunteer hours with BOSS.

**Volunteers- 15**

## OCT. 28- Haunted House Teardown

- All petrifying things must come to an end. This is another great opportunity to get volunteer hours with BOSS as we tear down and put away material from the haunted house until next year.

## Oct. Weekends: Designated Driver Program

- BOSS had an amazing time providing a safe trip for our intoxicated Soldiers back to their barrack facilities all across JBLM. We provide a no questions asked way for Soldiers to make it back on Post from establishments that are within a 15 mile radius of JBLM.

**Personnel Helped – 17**





# Recreation and Leisure Life Skills



## October weekends– A Walk in the Dark at Shoreline Park

It's that time again, the Theatrical Nightmare Haunted House is back!! Come out to Shoreline Park for a gruesome, ghoulish, spine-curling time.

**Volunteers 25-45**

## OCT. 26 - Zombie 5K:

- Come join BOSS and scare those pesky runners to death. Whether you're trying to burn off those bite-sized candy bars or simply get into the spirit, this race will do the trick. Grab your running shoes and come dressed in your best Halloween costume to face the creatures of the dark on this haunted course.

**Volunteers 50-60**



**CAN YOU SURVIVE THE OUTBREAK?**

# JBLM ZOMBIE APOCALYPSE 5K RUN

**& Not-So-Scary 1K Kids' Run**  
at 7PM with Costume Contest at 7:15

**Saturday, Oct. 26**  
**Russell Landing**  
5981 American Lake Ave. at Lewis North

Race packet pick-up & Trunk or Treat:  
5-7pm • Zombie Run starts: 7:20-8:15pm

**Registration details at**  
**JBLMraces.com**

Cost for DOD ID card holders: \$30/\$K: \$15/1K. // Cost for non-DOD affiliated: \$35/\$K: \$20/1K.

**GROUPS OF 13+ CAN SAVE \$5 PER RUNNER!**

DO NOT DRINK AND DRIVE. PLEASE DRINK RESPONSIBLY. WE WILL HAVE A FIRST AID STATION AT THE RACE. THE RACE WILL BE RAIN OR SHINE. CANCELLED DUE TO WEATHER OR OTHER CAUSES. CANCELLATION NOTICE WILL BE POSTED ON THE JBLM WEBSITE.

First 350 to register get a free ticket to Walk in the Dark at Shoreline Park! Those registering by Wednesday, Oct. 9 also receive a T-shirt! All registered runners receive a custom finisher's medal.

Race proudly sponsored by:

USAA • U.S. FAMILY HEALTH PLAN • BRANDMAN UNIVERSITY • HANSON • HANSON • HANSON

No federal endorsement implied.



# November Events

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## **NOV. 5 – Suits for Service Members**

Suits for Service Members give two free suits to any service member leaving the military. They need help sizing, organizing and cataloging the suits. Come get volunteer hours with BOSS and help out your fellow service members.

**Volunteers needed- 4**

## **NOV. 11- Museum of Flight**

- Join us at the museum of flight and explore the various types of aircraft used throughout history and learn the backstory of each one.

**Slots available- 20**

## **NOV. 16- Seattle International Auto Show**

- Come out and join us to go enjoy 2020 vehicle models, test drive music and more.

**Slots available -12**

## **NOV. 23 – Indoor Rock climbing**

- This is the perfect place to start your journey and learn key techniques that are required to get outside safely. Rock climbing is a great way to meet new people, develop new skills and stay physically fit 365 days a year.

**Slots available -10**

## **Nov. 30- Escape room**

- Single service members attempted to solve their way out of 2 different Escape Rooms.

**Slots available- 12.**





# Chaplain – Turkey Drop



- Date: Wednesday 13 November 2019
- Time: 0900 to 1430
- Event: AUSA, in appreciation for our Soldiers, delivers turkeys for Soldiers that could use a helping hand this holiday season
- Unit POCs: Unit Ministry Teams from MAMC, Divisions, Brigades, and separate battalions serve as the primary points of contact for Operation Turkey Drop
- Unit POC Responsibilities:
  - Present on 13 NOV to receive turkeys
  - Coordinate for Command Teams (or their representatives) to be present at the delivery time
  - Develop a plan with their Commands to receive, secure, and distribute donated turkeys
  - If a unit is deployed on 13 NOV, the rear detachment command will serve as the POC
  - Please direct questions to Turkey Drop OIC- CH(LTC) Jason Nobles- [Jason.k.nobles.mil@mail.mil](mailto:Jason.k.nobles.mil@mail.mil), 253-967-4662



# Chaplain – Ham Grenade



- Date: Thursday 12 December 2019
- Time: 0900 to 1430
- Event: AUSA, in appreciation for our Soldiers, delivers hams for Soldiers that could use a helping hand this holiday season
- Unit POCs: Unit Ministry Teams from MAMC, Divisions, Brigades, and separate battalions serve as the primary points of contact for Operation Turkey Drop
- Unit POC Responsibilities:
  - Present on 12 DEC to receive hams
  - Coordinate for Command Teams (or their representatives) to be present at the delivery time
  - Develop a plan with their Commands to receive, secure, and distribute donated hams
  - If a unit is deployed on 12 DEC, the rear detachment command will serve as the POC
  - Please direct questions to Turkey Drop OIC- CH(LTC) Jason Nobles- [Jason.k.nobles.mil@mail.mil](mailto:Jason.k.nobles.mil@mail.mil), 253-967-4662



U.S. AIR FORCE

# Religious Support Office



## JBLM Religious Support

*Building Spiritual Readiness and Strengthening Souls*



Visit us at [jblm.army/ReligiousSupport](http://jblm.army/ReligiousSupport) and  
LIKE us on Facebook @JBLMReligiousSupport



# McChord Commissary



**Shop Your McChord Commissary  
For Your Thanksgiving  
Dinner Items.**

Have your fresh produce yet?

Frozen and fresh turkeys available.

Don't forget the dressing.

**We will be having a  
Warehouse Sale  
on Nov 14<sup>th</sup>-16<sup>th</sup>**



**Prizes & Gifts Cards  
Give-away on 15<sup>th</sup> Nov**

# Lewis-McChord Commissary



**USE YOUR MILITARY STAR CARD WHEN SHOPPING AT YOUR COMMISSARY TO BE ENTERED INTO THE 6<sup>TH</sup> ANNUAL HOLIDAY SWEEPSTAKS**

**YOU COULD WIN YOUR ENTIRE MILITARY STAR<sup>®</sup> BALANCE PAID IN FULL!**

**ALMOST \$200,000 AWARDED SINCE 2014!**

**6<sup>TH</sup> ANNUAL "YOUR HOLIDAY BILL IS ON US" SWEEPSTAKS**

**PAID IN FULL**

**5 GRAND PRIZE WINNERS!**



Every time\* you use your MILITARY STAR card, you'll automatically be entered for a chance to win!

**NOVEMBER 1 – DECEMBER 31, 2019**

**GRAND PRIZE**  
5 WINNERS  
**ENTIRE BALANCE**  
account credit  
Minimum prize \$2,500



**2<sup>ND</sup> PRIZE**  
10 WINNERS  
**\$1,000**  
**MILITARY STAR**  
account credit



**3<sup>RD</sup> PRIZE**  
25 WINNERS  
**\$500**  
**MILITARY STAR**  
account credit





# Lewis-McChord Commissary



**Lewis-McChord Commissaries are now accepting the new Washington WIC card. Your WIC items will be scanned with your regular items and at the end of the transaction you will scan your WIC card and it will separate the WIC items from your regular order. Commissaries will continue to accept unexpired WIC checks until January 1, 2020**







U.S. AIR FORCE

# EXCHANGE™



## VETERANS DAY

### BOUNCEBACK COUPONS

In store or online

**\$20 OFF** any purchase **\$100+**

**\$30 OFF** any purchase **\$100+**  
with MILITARY STAR.

**\$50 OFF** any purchase **\$250+**

**\$60 OFF** any purchase **\$250+**  
with MILITARY STAR.

**Coupon distribution: 11/11 – 11/19**

**Redeem: 11/16 – 11/19**

Enter for a  
**CHANCE TO WIN**  
ONE (1) of SEVENTY-FIVE (75)  
**YETI HOPPER FLIP 12"**



Enter November 1 - 30, 2019 at  
[www.shopmyexchange.com/sweepstakes](http://www.shopmyexchange.com/sweepstakes)

**RED BULL ALL VARIETIES**  
**16-OZ SINGLES 2/\$6**

**SUBWAY**  
**SWEEPSTAKES!**  
**\$3,000**

**SHOPPING SPREE!**

**40 chances to win!**

Enter at [shopmyexchange.com/sweepstakes](http://shopmyexchange.com/sweepstakes)

11/01-11/30

Veterans Day Ashley & Serta Furniture

24 months 0% Interest on purchases \$1,499+ .\*

11/01-11/14

**REEL TIME THEATER MATINEE MOVIES**  
**FOR MILITARY FAMILY MONTH**

Each Saturday during the month of November at  
select theaters. Go to [shopmyexchange.com/reeltime](http://shopmyexchange.com/reeltime)  
for more information and to check local listings.



## Thanksgiving Day

Liberty Express 24hrs  
Lewis Nth Express 0800-2200  
McChord Express 0900-1600

Doors Open at both  
Main Exchanges  
0600 on Black Friday

## Military Family Month Matinees

Every Saturday in Nov. at 1200



**\$30 OFF**  
JBLM LEWIS MCS  
REEBOK BOOT PROMO  
Friday 8 November till  
Saturday 9 November  
**FREE GIFT WITH  
PURCHASE**

**BLACK FRIDAY**  
SPECIALS! Nov. 29

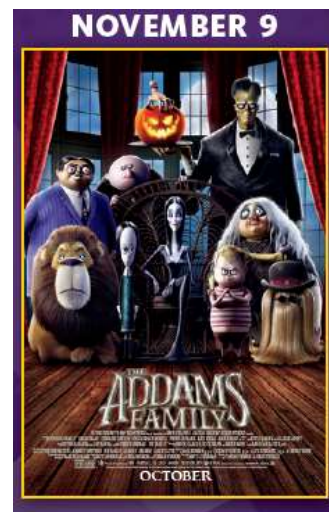
**15% OFF**  
Any food purchase at participating  
Exchange restaurants with MILITARY STAR.

**\$10 OFF**  
Any Exchange Mall purchase of \$25+  
with MILITARY STAR.  
(coupon required)

**FREE GOURMET FRIES**  
At Charleys, with purchase of sub and drink.

**FREE COFFEE**  
Any size at your Express or participating  
Exchange restaurants.

**20% OFF FINE JEWELRY  
AND WATCHES**  
2:00PM to 6:00PM







# EXCHANGE™



## Both Exchanges

08 Nov	Charley's Free Fryday	All day
08 Nov – 05 Dec	Apple Mil Star Event	All day
11 Nov	Veterans Day specials	All day
13 Nov	Mil Appreciation Event at Popeyes	All day
16 Nov	Keep it Cozy Event	All day
22 Nov	Special financing in select depts.	All day
28 Nov	Thanksgiving Toy Sale ONLINE ONLY	All day
29 Nov	BLACK FRIDAY SPECIALS	All day
30 Nov	15% off Firearm sale + 5% star card	All day

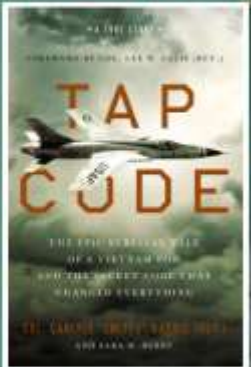
## Lewis Main

15&21 Nov	Class IV Johnnie Walker Labeling Event	1600-1900
15-17 Nov	Vitamix Lewis Main Exchange	1000-1800
22-23 Nov	Benchmade Tactical Knives Lewis Main Exch.	0900-1800

## McChord Field

7 Nov	Bose Roadshow McChord Main Exch	0930-1700
7 Nov	Energy Poster Contest presentation Main Exch.	1530-1600
9 Nov	Good Girl Event McChord Main Exch	1100-1500
9 Nov	Sony Event McChord Main Exch	1200-1400
13 Nov	Book Signing Col Smitty Harris Main Exch.	1100-1300
14 Nov	Portfolio Engraving Event McChord Express	1600-1900
22 Nov	New Balance Event Main Exch.	1000-1400
23 Nov	Turkey Cookie Making Event Main Exch.	1100-1400

Meet former Vietnam POW and Air Force Pilot  
**COL. SMITTY HARRIS (RET)  
& LOUISE HARRIS**



SMITTY WILL BE SIGNING COPIES  
OF HIS NEW BOOK "TAP CODE"

**WEDNESDAY, NOVEMBER 13**  
1100-1300 JBLM - McCHORD MAIN EXCHANGE







U.S. AIR FORCE

# Joint Personal Property Office



## JOINT PERSONAL PROPERTY SHIPPING OFFICE - NORTHWEST

“A successful move is not a matter of chance. It is the result of planning and hard work. At the center of these efforts is you, the customer. If you expect a good move, you must play an active Role”





U.S. AIR FORCE

# Joint Personal Property Office



## JOINT PERSONAL PROPERTY SHIPPING OFFICE - NORTHWEST



### SHIPMENT DISTRIBUTION (BOOKING)

- Verifying All information on your paperwork is correct BEFORE signing
  - Name MUST match orders or amendments
  - Dates requested are NOT guaranteed until contacted by Transportation Service Provider  
**\*\*counselors DO NOT confirm dates\*\***
  - Shipping documents MUST be signed or shipment will NOT be processed  
**\*\*DD1299 Application for Shipment and Storage / DD1797 Counseling Checklist\*\***
- Provide any and all current contact information
  - Emails/phone numbers/in transit information **(must have both military & personal emails)**
- Releasing and Destination agents
  - Releasing/destination agents act on your behalf if you are not available for any reason  
**\*\*Add designated person on your DD1299 to authorize\*\***
  - You must authorize this person being listed on the orders is not sufficient





U.S. AIR FORCE

# Joint Personal Property Office



## STORAGE MANAGEMENT (NTS & SIT)

- **Non-Temporary Storage (Long Term Storage)**
  - Overseas - length of tour
  - Retirement - **1 year only** (no extensions for storage)
  - Separating - **6 months only** (no extensions for storage)
- **Storage in Transit (Temporary storage)**
  - Initial 90 days authorized for HHG Shipments for military members
  - **Must** apply for additional 90 days by contacting JPPSO-NW Storage Management **PRIOR** to storage expiring  
**\*\*Emails MUST include justification for additional storage and supporting documentation\*\***
  - Additional storage requests are **NOT** guaranteed . Approvals can take time so submit **30 days** prior to expiration if possible
- **Provide ANY contact information to avoid converting to your expense**
  - Emails/phone numbers/in transit address
  - Stay in contact with JPPSO-NW Storage management: [usarmy.jblm.usamc.mbx.jppsonw-sm@mail.mil](mailto:usarmy.jblm.usamc.mbx.jppsonw-sm@mail.mil)







U.S. AIR FORCE

# American Red Cross



**American  
Red Cross**

**GET CERTIFIED!!!!**

## Available Courses on JBLM

- Adult CPR/AED
- Pediatric and Adult First Aid CPR/AED
- Wilderness and Remote First Aid (Urban Disaster)

Instructor-Led Classes Delivered  
@ Your Facility or Unit Location

Blended Learning Options  
(Online and Classroom)



Find us on

Facebook

Facebook.com/JBLMRedCross



**30% Discount for Active Duty Military,  
Dependents & DA Civilians**

**SAVE A LIFE!!!!!!**

For more information contact the  
JBLM Red Cross office:  
[jblm@redcross.org](mailto:jblm@redcross.org), (253) 966-3889



U.S. AIR FORCE

# Santa's Castle



## Important Santa's Castle Dates



- **30 Sep – 30 Nov** – Santa's Castle will be open 1100-1400 M-F excluding holidays and DONSA's
- **DEADLINE FOR REFERRALS – 8 Nov** (Online Applications are Accepted From E-8 And Above Leadership)
  - No Service Member Self Referrals
- **Month of November** – SMs and Chain of Commands Will Be Notified of Appointments
  - Once applications have been approved and notification sent out
- **2, 6, 9 and 13 Dec** Service Members Select Toys For Their Children @ Santa's Castle

# Santa's Castle



## Elf Training

5 Nov. 6:30-7:30 pm  
13 Nov. 6:30-7:30pm  
14 Nov. 11am-12pm  
19 Nov. 6:30-7:30pm

Contact [volunteercoordinator@jblmsantascastle.org](mailto:volunteercoordinator@jblmsantascastle.org)





U.S. AIR FORCE

# Lewis Community Spouses' Club



## Upcoming events:

21 NOV Luncheon  
Farmers Market:  
Make it! Bake it! Fake it! Exchange it!  
Sam Adams, Eagles Pride

12 DEC  
Tour of Homes  
Fort Lewis Army Museum

16 JAN Luncheon  
Literary: Book Swap  
Sam Adams, Eagles Pride

13 FEB Luncheon  
Game Night: PJ Party  
McChord Club



The Lewis Community Spouses' Club is a volunteer run, non-profit, all ranks, spouses group at JBLM.

Membership is open to all spouses of Active Duty, Reserve, National Guard and retired personnel of the Armed Forces. We are also honored to extend membership to Gold Star spouses.

# Soldier & Family Readiness Groups



## "FUNdraiser"

Putting the fun back in Fundraising at the Garrison Update!

**FUNdraiser** is a fundraising opportunity that makes it easy and fun to raise money for our Soldier and Family Readiness Groups (SFRGs) and Key Spouse Groups.

Sign-up for our FUNdraiser will be on a first-come, first-served basis for the following dates:

- January 08
- July 01
- March 04
- September 02
- May 06
- November 04

SFRGs and Key Spouse Groups must have a current JBLM Food Handlers' card. Everyone who handles the food must take the class.

SFRGs are responsible for:

- Commander's signature for approval.
- Food Handlers Class certificate for everyone who handles the food
- Permit to Operate paperwork



Point of Contact:

Darlene Pacheco

253-967-3397

[Darlene.t.pacheco.civ@mail.mil](mailto:Darlene.t.pacheco.civ@mail.mil)



# Garrison Update

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Next Garrison Update

4 Dec 19 @ 0930

McChord Club



# Garrison Commander Comments

