



# 1 April Garrison Community Update



1 Apr 20 Garrison Community Update
Will be posted on JBLM Facebook page
Please submit your questions and the appropriate agency will respond to your question(s).





# Garrison Community Update Agenda



- Welcome COL Skye Duncan, Joint Base Garrison Commander
- Installation Hot Topics:
  - 9 Gate Access Plan
- Updates
  - Medical
  - Housing
  - Community
  - Recreation
- Next Community Update 6 May 20 TBD based on current COVID guidance

Link to GCU Video and Slides:

https://jblm.armymwr.com/view-event/jblm-garrison-community-update/3717906/41270

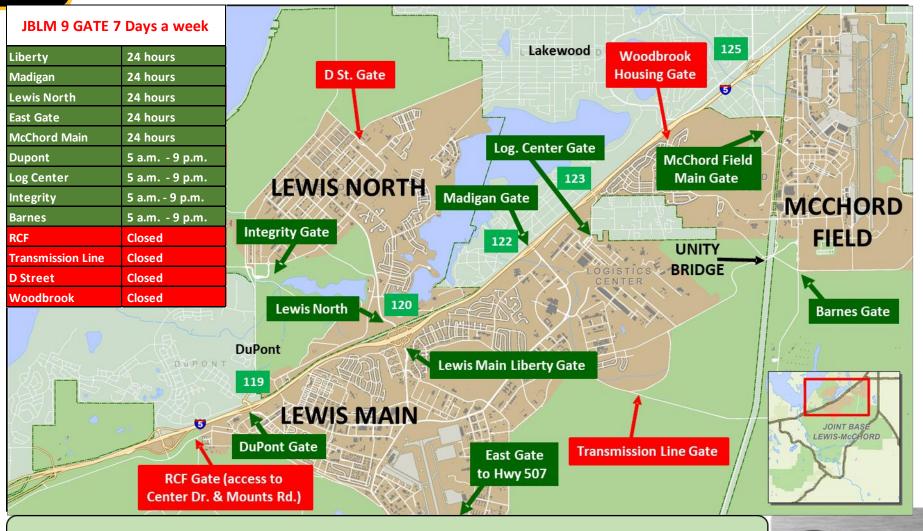




### 9-Gate Access Plan



### Effective 30 0500 MAR 2020



At this time there are no changes to access policies for the installation.







## STOP THE SPREAD OF GERMS

# COVID CORONAVIRUS 19

### **SYMPTOMS OF CORONAVIRUS DISEASE 2019**

Help prevent the spread of respiratory diseases like COVID-19.







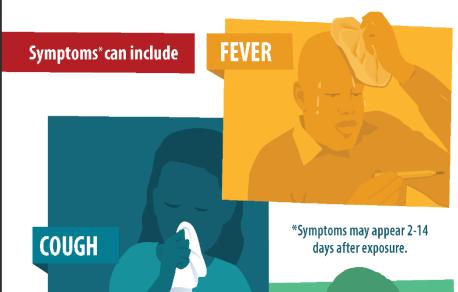






For more information: www.cdc.gov/COVID19

Patients with COVID-19 have experienced mild to severe respiratory illness.



**SHORTNESS** 

If you have symptoms or have been exposed, the MHS Nurse Advice Line is available 24 hours a day, seven days a week. Call 1-800- TRICARE (874-2273), Option 1









In our continuing effort to hamper the spread of COVID-19, effective Wednesday March 25, 2020, Madigan has further updated its visitation policy for the hospital and our outlying clinics:

Madigan is moving to a no visitor policy. There will be very few exceptions. Patients, visitors and staff will be screened prior to entering the facility for any COVID-19 symptoms based on the Centers for Disease Control and Prevention (CDC) screening criteria. Inpatient visitation at the hospital will be restricted from 8:00a.m. - 7:00p.m., 7 days-a-week.

Staff will ask visitors to start packing up their items for exit around 6:30p.m., to ensure they can exit no later than 7:00p.m. through designated Madigan exits. Visitors should use the most direct routes when traveling to their destination and exiting the facility.

Visitors under the age of 18 or over the age of 60 will not be permitted.

**Limited entry points:** We want Madigan's patients to be aware, the following entrances are the only points of access to enter the facility at this time: The Main Hospital Tower entrance at the flag pole is accessible 7 days-a-week from 6:00a.m. – 7:00p.m., the Main Medical Mall entrance (near the Main Outpatient Pharmacy) is accessible Monday-Friday, 6:00a.m. – 7:00p.m., and the Southwest entrance is open 24/7. Please note, patients seeking emergency medical treatment in Madigan's Emergency room can still directly access our emergency room.

**MADIGAN ARMY MEDICAL CENTER** 

#### Visitors:

- Patients admitted to Labor and Delivery (L&D) may have one adult partner present throughout their stay until discharge. Patients needing to be seen in Labor and delivery triage are encouraged to call 253-968-1535 prior to arrival.
- The Neonatal Intensive Care Unit (NICU) will allow 1 parent in the unit once a day at this time.
- Pediatric patients under age 18 may have one parent or guardian at a time. Parents that need and exception to this policy must speak with their healthcare provider ahead of time to be escorted into the facility.
- Patients with disruptive behavior for whom a family member is key are limited to one visitor (5 North or Pediatrics/4 North).
- Visitors of patients who are at the end-of-life may will be met at the door and escorted to the patient's room.
- Patients undergoing an emergency surgery or procedure, may have one visitor who must leave the hospital as soon as
  possible after the surgery/procedure.

#### **Appointments:**

 Patients who have an appointment in an outpatient clinic, laboratory, or radiology needing physical or medical assistance may have one person assisting them to and from the appointment.

#### **Emergency Room visitation:**

Visitors of patients in the Emergency Room must follow the guidance from the Emergency Room staff. Madigan's Provost Marshal's Office will be notified of anyone not following the rules for visitation.

MADIGAN ARMY MEDICAL CENTER

To ensure our healthcare professionals are poised to support an increased need for acute patient care, our primary care clinics are shifting to providing primarily urgent and virtual (telephonic) access. As a result:

- Madigan is delaying selected routine appointments such as well-child visits not requiring vaccines, well-woman exams, and annual/sport physicals.
- Any currently scheduled visits for these reasons will be canceled and then rescheduled once operations normalize. You will be contacted by phone if your appointment has been affected.
- Military medical readiness activities are being reviewed daily in conjunction with I Corps and those that are necessary will continue as scheduled.

**MADIGAN ARMY MEDICAL CENTER** 

# The Madigan Outpatient Pharmacy Lobby & Waiting Area is now CLOSED

In response to the COVID-19 pandemic, Madigan's Main Outpatient Pharmacy in the Medical Mall & the inside Refill Window at Madigan will be **CLOSED** until further notice, effective as of April 2, 2020.

The only point of service available at The Madigan Main Outpatient Pharmacy is the Drive-Thru Window from:

5:00a.m.-7:00p.m. Monday- Friday, and 7:00a.m.-4:00p.m. on Saturday and CLOSED Sunday.

NEED ASSISTANCE? Our Pharmacy Call Center # is 253-968-2586.

Hours of Operation are Monday to Friday 8AM to 7PM and Saturday 8AM to 4PM

**MADIGAN ARMY MEDICAL CENTER** 





### **BLOOD NEEDED**

Armed Services Blood Bank Center – Pacific Northwest (ASBBC-PNW)



The COVID-19 crisis is having an effect on blood collections and we need your help. We have taken proactive measures to ensure the safety of our donors and staff:

- Blood Drives have been cancelled and donations are now being scheduled by appointment only.
- Social-distancing: Blood drive stations and chairs are now 6 feet apart.
- Hand washing facilities and sanitizer are available for donors to use at the blood drive
- Accept only 6 people at a time into our facility, or blood drives.
- Although there have been no reported cases of transfusion-transmitted coronavirus, donors are screened for temperatures at the time of arrival (deferred if greater than 99.5 F).
- Cleaning and disinfecting donor beds after <u>each</u> donor.
- We have extended our hours of operations Monday Friday, 8:00a.m. 6:00p.m.

### Schedule Your Appointment To Donate Blood Today! Call: 253-968-1850

- Hours of operation: Monday Friday, 8:00a.m. 6:00p.m.
- Location: Bldg 9904, Madigan Annex



**MADIGAN ARMY MEDICAL CENTER** 

#### Do you have the following symptoms?:

**COVID-19** 

**CORONAVIRUS DISEASE 2019** 

Do you have questions about COVID-19?:

Access accurate and current information at one of these reliable sources:





. Fever

. Cough

Sign up for the MHS GENESIS Patient Portal by visiting

https://patientportal.mhsgenesis.health.mil

You can exchange secure messages with your provider and care team.



MHS Nurse Advice Line

(800) TRICARE (874-2273), Option 1

Available 24 hours a day, seven days a week. You can call, chat or video chat https://mnsnurseadviceline.com/home



Call Madigan's Directory Assistance, connect with your care team

(253) 968-1110





www.mamc.health.mil



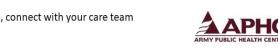
www.cdc.gov





www.coronavirus.wa.gov

Washington State Dept. of Health COVID-19 hotline from 6 a.m. to 10 p.m. daily at 1-800-525-0127





https://phc.amedd.army.mil/

Army COVID-19 Information Hotline – 1-800-984-8523



Puget Sound Military Appointment Center:

1-800-404-4506



### Visit Madigan's dedicated COVID-19 web content



Patient Feedback Prescription Refills Notice of Privacy Practices

Search



www.mamc.health.mil

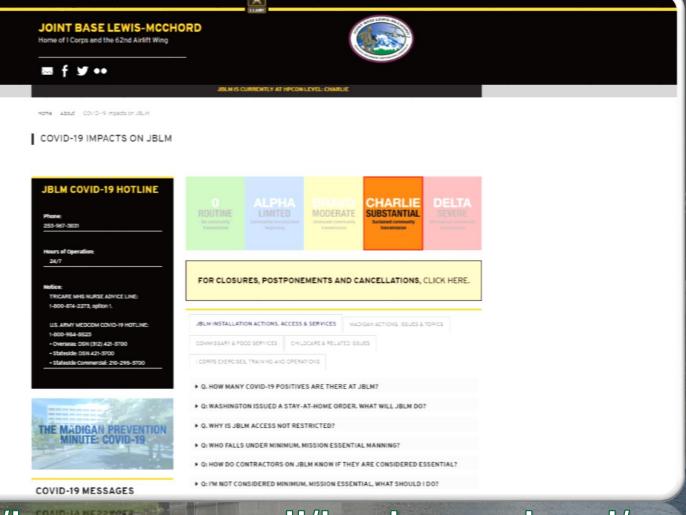
**MADIGAN ARMY MEDICAL CENTER** 

**COMMUNITY UPDATE** 

· Coronavirus case confirmed in Washington State: What



### Visit JBLM website's "COVID-19 Impacts on JBLM" for updates



https://home.army.mil/lewis-mcchord/

**MADIGAN ARMY MEDICAL CENTER** 



# FOLLOW MADIGAN











Are you following Madigan Army Medical Center on social media? We are active on multiple social media platforms for your convenience. Follow us today to keep up to date on the latest news involving Madigan!









Facebook.com/MadiganHealth Twitter.com/MadiganHealth Instagram.com/MadiganMedicine YouTube.com/c/MadiganArmyMedicalCenter





www.mamc.health.mil

**MADIGAN ARMY MEDICAL CENTER** 





## **Lincoln Military Housing**



### Renovations – Upcoming Community Improvements

- Heartwood (McChord) Renovation Early prototypes have been completed 167 Total Homes
- ➤ Davis Hill Moved Renovation up from 2021 to 2020 start 429 Total Homes
- ➤ New Hillside Moved Renovation up from 2030 to 2020 start 523 Total Homes

### Overall Improvements Include:

- •Building Plumbing and Electrical Upgrades & Modernization
- Upgraded Kitchens New finishes, New appliances.
- New flooring
- New bathrooms
- Adding Air Conditioning

Renovations in all three of these communities are commencing this year. Lincoln Military Housing looks forward to hosting open houses as prototypes come online!



# **Lincoln Military Housing**



### COVID-19 LMH Changes:

- Changes to Maintenance
  - To comply with all state and federal orders to practice social distancing, Non-Emergency Work Orders inside homes are suspended for 30 days.
- District Offices & Community Centers Closed
  - Community Centers are closed during this pandemic and the District Offices are closed for Walk-In Traffic. However, we are operating with skeleton crews/teams to answer phones, return calls, and follow-up with our Families.
- Critical Infrastructure
  - Lincoln Military Housing plays a key role in maintaining our nation's critical
    infrastructure. Therefore, we will continue to perform preventative maintenance
    on vacant units and common area/office spaces and prepare homes for new
    residents. This means you may see our team members in your neighborhood as
    they are working hard to ensure all maintenance repairs are prioritized and
    resolved as quickly as possible.

We will continue to monitor the situation and will announce an update on or before April 3, 2020 as it relates to the above changes.



# D/Personnel & Family Readiness



# JBLM DPFR is still serving our community



To connect with any of our services, call:

253-967-7166 or visit

# jblmdpfr.timetap.com

to schedule a one-on-one appointment by phone

- AER / Financial Readiness
- EFMP Family Support
- Employment Readiness
- Family Advocacy
- Military Personnel Division

- Mobilization & Deployment SFL-TAP / Career Skills
- New Parent Support
- Outreach & Unit Services
- R2 Prevention
- SFAC Services

- · SFRG Training & Support
- · SHARP / Victim Advocates
- Survivor Outreach
- Volunteer Corps

### JBLMDPFR.COM

Your Community Navigator

Follow us on Social Media







@JBLMDPFR





# **D/Personnel & Family Readiness**



### **DPFR FACILITIES**

### **OPEN**

Waller Hall

Includes
ID Cards / DEERS

Social Distancing Enforced

### CLOSED

- Family Resource Center
- DPFR McChord / A&FRC
- Hawk Career Center
- Stone Education Center
- Escape Zone Parent & Child Activity Center
- Service Member & Family Assistance Center (SFAC)

### **CANCELLATIONS**

### **ALL DPFR CLASSES & ACTIVITIES IN APRIL**





- Volunteer Appreciation Event ( 5 May)
- JBLM SCORE (5-6 May)
- Retiree Appreciation Day (15 May)
- Annual Graduation (15 May)







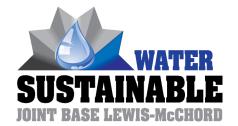
# **Car Washing on JBLM**







- Use commercial car washes or MWR Auto craft shops
- Wash on lawns or other surfaces where water can seep into the ground
- Divert wash water away from storm drains
- Dump smart- it's not just water!





### **JBLM STORMWATER PROGRAM**

Phone: 253-967-2837

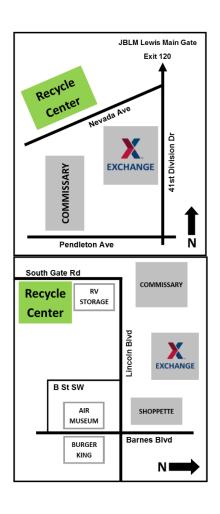




# **JBLM Recycling Centers**



# RECYCLING CENTERS ON JBLM: CLOSED UNTIL FURTHER NOTICE



REGULAR RECYCLING AND TRASH PICKUP OCCUR ON NORMAL SCHEDULES.

LEMAY: 253-875-5886

**HOUSING QUESTIONS**: CONTACT YOUR

HOUSING CENTER

### **CONTACT LANDFILLS TO CHECK IF OPEN:**

- Hidden Valley Landfill, Puyallup: 253-847-7555
- Tacoma Landfill, Tacoma: 253-591-5418
- Thurston County Waste & Recovery Center: 360-867-2491



Recycling page

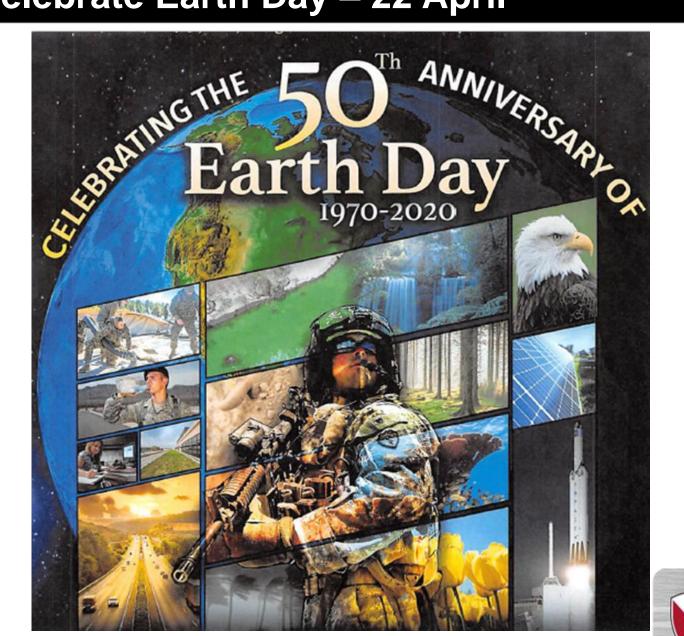






# Celebrate Earth Day – 22 April









## **Religious Services**





### **Chapel Community Resource Factsheet**

COVID-19 Response as of 25 March 2020



ALL Chapel Services, Religious Education events, and auxiliary meetings inside our buildings are currently suspended through 30 APRIL 2020 (subject to change).

The Primary Sources for Connecting People to the JBLM Chapel Community JBG Chaplain Official Website:

https://home.army.mil/lewis-mcchord/index.php/my-Joint-Base-Lewis-Mcchord/all-services/chaplains

Facebook: https://www.facebook.com/JBLMReligiousSupport/

JBG Chaplain YouTube Channel: https://www.youtube.com/channel/UC8vHiLM7v0HhsCeZX29OcAQ

#### Catholic

Facebook: <a href="https://www.facebook.com/RomanCatholicJBLM/">https://www.facebook.com/RomanCatholicJBLM/</a>

Military Archdiocese: <a href="https://www.milarch.org/ams-app/">https://www.milarch.org/ams-app/</a>

Local POC for congregational materials and advice: Linda Martinez-Greer,

linda.d.martinez-greer.civ@mail.mil, Ph: 253-967-3732

#### Protestant:

#### Facebook:

Grace Gospel: https://www.facebook.com/JBLM-Grace-Gospel-2219406651707083

- Main Post Chapel Traditional: https://www.facebook.com/LewisMainProtestantChapel/
- Chapel Next: <a href="https://www.facebook.com/ChapelNextJBLMWA/">https://www.facebook.com/ChapelNextJBLMWA/</a>
- PWOC: <a href="https://www.facebook.com/LewisPWOC/">https://www.facebook.com/McChordFieldPWOC/</a>

POC for all other services (LDS, Summit, Open Table, McChord Traditional, and McChord Contemporary), please contact CH (LTC) Ibanga <a href="mailto:ernest.m.ibanga.mil@mail.mil">ernest.m.ibanga.mil@mail.mil</a>, Ph: 253-967-1750.

#### Jewish

Facebook: <a href="https://www.facebook.com/JBLMJewish/">https://www.facebook.com/JBLMJewish/</a>

Distinctive Religious Group Leader for congregational materials and advice: Dr. Karen Fitzgerald fitzie56@comcast.net

#### Buddhist:

Facebook: https://www.facebook.com/jblmbuddhistcom/

Local POCs for congregational materials and advice: CH (CPT) Sukuan Email:

Niphon.sukuan.mil@mail.mil, Ph: 206-267-8140 or Distinctive Religious Group Leader Ann Tjhung

JblmBuddhiistCommunity@hotmail.com Ph: 253-301-8810

#### <u>Islamic:</u>

To connect with JBLM Islamic services contact: CH (LTC) Ibanga ernest.m.ibanga.mil@mail.mil Ph: 253-967-1750

#### Wiccan:

Facebook: <a href="https://www.facebook.com/NewMoonFellowshipswc/">https://www.facebook.com/NewMoonFellowshipswc/</a>

To connect with JBLM Wiccan services contact: CH (LTC) Ibanga <a href="mailto:ernest.m.ibanga.mil@mail.mil">ernest.m.ibanga.mil@mail.mil</a>
Ph: 253-967-1750

Family Life Chaplain Counseling Center: To schedule counseling, contact CH (MAJ) Brian Osborn at Ph: 253-967-1723

On-Call Chaplain: For after duty hours and emergency chaplain support, contact the JBOC at Ph: 253-967-0015

<u>Unit Chaplain Support:</u> Contact your unit chaplain as the primary source for meeting your religious support and pastoral counseling needs

<u>Chapel Buildings</u>: As of <u>25 March 2020</u>, due to elevated HPCON conditions, all JBLM Chapels and Religious Support buildings are closed.





# **Commissary**



# **Current Limited Items**

Item:	Limits
Fresh Chicken	2 Packages
Rice	1 Package
Water	2 Cases or Gallons
Bleach	1 Unit
Spray Disinfectant	1 Can
Sanitizing Wipes	1 Package
Hand Sanitizer	1 Unit
Baby Wipes	1 Package
Flushable Wipes	1 Package
Toilet Paper	1 Package
Paper Towels	1 Package

<sup>\*\*</sup>Limits may fluctuate to ensure adequate stock levels\*\*





# **EXCHANGE**



#### **FACILITY CLOSURES**

- 1st Brigade Sushi Teriyaki
- 1st Brigade Subway
- Auntie Anne's
- Barber shops
- Basement Troop store
- Best Eyebrows
- Carey Theater
- Enterprise Car Rental
- Hair Studio
- Lock & Leave
- Madigan Sushi Teriyaki
- Optometry ALL
- Optical ALL
- Simply Perfect Nails

### **OPEN REGULAR HOURS:**

Lewis Main Exchange: 0900-2130 Daily
McChord Main Exchange: 0900-2030 Daily

McChord Express: 0500-2400 Daily

• Stryker Express: M-F 0600-2000/S-S 1000-1730

Madigan Express: M-S 0500-2400/ Sun 0600-2400

• Pendleton Express: M-F 0500-2200/ S-S 0700-2200

Liberty Express: 24 hours dailyLewis Nth Express: 24 hours daily

- > All drive thru's open
- All food courts open with limited seating
- McChord Burger King Open
- Construction on Lewis BK will be completed early April.

#### **REDUCED HOURS:**

- Waller Hall Subway now 0700-1400 M-F
- Waller Hall Starbucks now 0600-1400 M-F





# **EXCHANGE**



# Let the Exchange do your shopping Shopmyexchange.com



Buy online pick up in store!

### **DEAL** of the **DAY!**

YOUR CHOICE

### **SAVE \$100**

ON EITHER 3 PIECE ROCKER OR 5 PIECE DINING HOLBROOK PATIO SET





Because of the COVID-19 pandemic, please consider using bank-issued credit and debit, MILITARY STAR. or gift cards instead of cash.

Cash-back and check-cashing transactions may be limited during this time.



TAX FREE SHOPPING

#### **FREE SHIPPING**

WHEN YOU USE YOUR **MILITARY STAR**.
CREDIT CARD AND ON ORDERS \$49 OR MORE



VETERANS ONLINE SHOPPING BENEFIT





# **EXCHANGE**





## **APRIL** IS THE MONTH OF THE **MILITARY CHILD**

Check out the Exchange HUB at shopmyexchange.com/community for special events.

# Jack Daniel's 2019 Custom Indian Motorcycle



Total Value of the motorcycle is approximately \$35,000

# **\$10** off -OR-

your \$60 purchase of any women's apparel, footwear, sunglasses or handbags.

Excludes DLATs items.

**COUPON REQUIRED.** 

case sensitive ONLINE CODE: **SPRING95** 

-OR- **\$15** off

your \$60 purchase of any women's apparel, footwear, sunglasses or handbags with MILITARY STAR.

Excludes DI ATs items

Valid March 27 - April 9, 2020 at any Army and Air Force Exchange Service facility or at shopmyexchange.com. Limited to stock on hand. Must be a single transaction of \$60 or more. Original coupon must be presented at checkout. Limit one coupon offer, per customer. Cannot be combined with any other offer. No cash redemption value. Not valid on prior purchases. Not valid at concessionaires, NEX, CGX, MCX and MAC facilities. Excludes layaway and clearance. Offer ends at 23:59 CT on final day of promotion.







# Lewis Community Spouses' Club





## **Upcoming events:**

3-4 April ACE Online Auction

18 April Nerf Wars Fer Craiser Lewis Santo Ege Center

23 April Lunchean Unlock Your Enber Chef San Chaums, Eagles Pride

14 May Luncheon (tentative, subject to change/cancel) Happiness Blooms from Within Sam Adams, Eagles Pride \*Induction of 2020-2021 Board

\*Please follow us on Facebook regarding updates

The Lewis Community Spouses' Club is a volunteer run, non-profit, all ranks, spouses group at JBLM.

Membership is open to all spouses of Active Duty, Reserve, National Guard and retired personnel of the Armed Forces. We are also honored to extend membership to Gold Star spouses.





### Santa's Castle



# Families and Children Served in 2019



Total # of Families: 1183

**Army:** 

939

Airforce:

176

Navy & CG:

68

Total # of Children: 2571

Grand total \$ of toys given \$209,919.50





### Santa's Castle



# **Upcoming Events**

Christmas in July Carnival: July 25

Open House: Sept 24

Referrals Will Be Accepted: Oct 1 - Nov 9

Elf Training: Nov TBD

Toy Distribution: Nov 30 - Dec 4 & Dec 7-11





## **MWR** Happenings



# To-go orders with MWR



\* The sites below are frequently updated regarding program operating hours:

https://jblm.armymwr.com/promos/covid fb.com/JBLMmwr Currently, MWR is offering togo orders only at three locations (no sit-and-eat service and credit/debit card payments please):

- Battle Bean in the Customer Service Mall (Castle)
- Bowl Arena Lanes snack bar
- Habanero Mexican Grill

These events have been canceled: Kids' Fest, Easter Dash, Easter Brunch, Pitch, Hit & Run, Down and Dirty Trail Run, Armed Forces Day

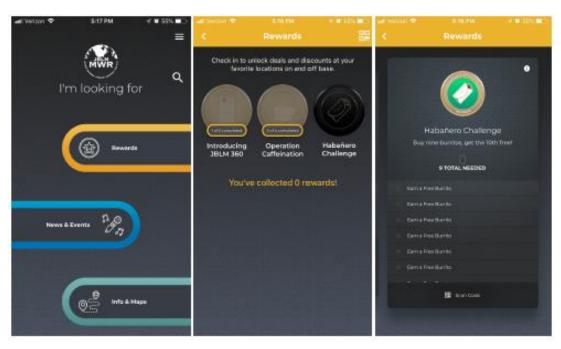




# **MWR Happenings**



# JBLM360 app



JBLM360 offers a customer rewards program, maps/ driving directions to your favorite MWR facilities, hours of operation and special event information. Download it today!









# **MWR** Happenings



# JBLM Garden Plot Rentals

- 18 plots on Lewis North and 30 plots at McChord Field, both located near their respective horse stables.
- Plots are 4x10 ft and cost \$25 per season (March 1-Oct 31)
- Plot rentals are open to the JBLM community April 1 (returning gardeners, active duty service members and their families were able to begin renting plots March 1.
- For more information and to reserve your plot, email; <a href="mailto:usarmy.jblm.imcom.list.dfmwr-odr@mail.mil">usarmy.jblm.imcom.list.dfmwr-odr@mail.mil</a>







### **BOSS: March Events**



### **BOSS IS IN OPERATION!**

WE ARE HERE TO HELP WITH ANY QUALITY OF LIFE ISSUES AND LESUIRE ACTIVIES.

#### **MAR 3: Suits for Service Members**

Volunteers in attendance: 5

Volunteers helped the ladies of AUSA sort through 12 bags full of donated items.

#### **MAR 7: Thrift Store**

Volunteers in attendance: 4

Volunteers went to JBLM Main Thrift Store and assisted with sorting, organizing items that have been donated.

#### **MAR 7: Ceramics**

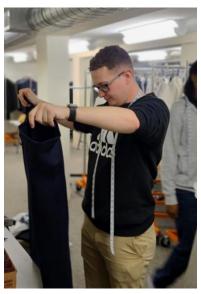
Personnel attended: 8

Arts & Crafts can be relaxing. The Arts and Craft center on McChord field helped some service members find inner peace with ceramics.

#### **MAR 10: Suits for Service Members**

Volunteers in attendance: 2

BOSS picked up 70+ suits from a gracious business owner for AUSA.











## **BOSS: April Events**



Event Dates: TBD



### **LEWIS-MCCHORD SCAVENGER HUNT**

Not sure of all the services JBLM has to offer? Why not learn about them through a scavenger hunt while getting your daily exercise in and social distancing?

### **C.O.D TOURNAMENT**

BOSS teams around CONUS are teaming up to put together a Call of Duty tournament service members can join from there barracks/dorms/homes.







# **Garrison Update**



# Next Garrison Update

6 May 20 @ 0930

Location: TBD

Link to GCU Video and Slides:

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