



GUIDELINES FOR LEAVING KIDS HOME ALONE

on Joint Base Lewis-McChord

Age of Child	★ Supervision Level	Length of Time
0-9 YEARS	DIRECT SUPERVISION	AT ALL TIMES
10 YEARS	MONITORED CARE	2 CONSECUTIVE HOURS
11-12 YEARS	SELF-CARE	4 CONSECUTIVE HOURS
13-15 YEARS	SELF-CARE	6 CONSECUTIVE HOURS
16-17 YEARS	SELF-CARE	10 CONSECUTIVE HOURS

★ LEVELS OF SUPERVISION

DIRECT SUPERVISION

Adult supervision on a regular basis during out of school hours & parental duty day.

After age 3, an adult must have immediate monitoring ability to be able to respond if needed.

MONITORED CARE

An adult is aware of child's location & activities during out of school hours. An emergency contact is available at all times.

SELF-CARE

Parents must assess child's ability to be in self-care.

GUIDELINES FOR BABYSITTING

Please note: The JBLM CYS babysitting class is a mandated 4-H program which requires participants to be age 13 in order to become certified.

Age of Sitter	Requirements
12	May babysit other children 1-11 years old up to 3 hours without adult supervision.
13 - 14	May babysit other children 0-11 years old up to 3 hours without adult supervision.
15 - 17	May babysit other children 0-11 years old. (not overnight)
18 +	May babysit children of all ages overnight or for extended periods of time (TDY, parents on vacation, deployment, etc)

AR 608-10, AR 608-18, & AR 608-75 Require all installation commanders implement a "home alone" policy to address ages & circumstances under which a child may be left at home alone during parental duty hours without adult supervision.

CHILD SAFETY TIPS

- Things to memorize: Full name, address, telephone number
- Post a list of numbers to call in case of emergency
- Let trusted neighbors know that your child may be home alone
- Call the child several times while you are away
- Tell children not to go into other people's homes without your permission
- Designate a safe house to run to if the child feels like he/she is in danger
- Teach children basic home safety (lock doors and windows, kitchen safety, etc)

JBLM POLICE
(253) 967-3107

Joint Base Lewis-McChord
Directorate of Personnel & Family Readiness

JBLM DPFR
Your Community Navigator

FAP (253) 967-5901

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