

Days of the Week:	Soldiers Field House Pool, 3236 2 nd Division Drive	McChord Outdoor Pool 736 5th Street
	253-967-5390	253-982-2807
Monday & Wednesday	0500-0630 Lap Swim (Call to reserve lane)	1000-1100 Lap Swim (6 Lanes) and Wading Pool (Call to
	0630-1200 Scheduled Military Training	reserve)
	(Reservation form available at:	1100-1800 Lap (2 Lanes) and Recreation Swim (Call to reserve)
	https://jblm.armymwr.com/programs/aquatics)	
	1200-1745 Lap Swim (Call to reserve lane)	
	1300-1405 Youth Swim Lessons (Registration required via	
	Recreation WebTrac)	
	1400-1745 Recreation Swim (Call to reserve lane)	
	1750-1930 Youth Swim Lessons (Registration required via	
	Recreation WebTrac)	
Tuesday & Thursday	0500-0630 Lap Swim (Call to reserve lane)	1000-1100 Lap Swim (6 Lanes) and Wading Pool (Call to
	0630-1200 Scheduled Military Training	reserve)
	 (Reservation form available at 	1100-1800 Lap (2 Lanes) and Recreation Swim (Call to reserve)
	https://jblm.armymwr.com/programs/aquatics)	
	1200-1300 Lap Swim (Call to reserve lane)	
	1300-1530 MAMC Physical Therapy	
	1530-1710 Youth Swim Lessons (Registration required via	
	Recreation WebTrac)	
	1715-1930 Lap and Recreation Swim (Call to reserve)	
Friday	0500-0730 Lap Swim (Call to reserve lane)	1000-1100 Lap Swim (6 Lanes) and Wading Pool (Call to
	0730-0830 Pregnancy PT (P3T) & TBI	reserve)
	0830-1300 Lap Swim (Call to reserve lane)	1100-1800 Lap (2 Lanes) and Recreation Swim (Call to reserve)
	1300-1930 Lap and Recreation Swim (Call to reserve)	
Saturday	1000-1140 Youth Swim Lessons (Registration required via	1000-1100 Lap Swim (6 Lanes) and Wading Pool (Call to
	Recreation WebTrac)	reserve)
	1200-1800 Lap and Recreation Swim (Call to reserve)	1100-1800 Lap (2 Lanes) and Recreation Swim (Call to reserve)
Sunday/Holiday/DONSA	1000-1800 Lap and Recreation Swim (Call to reserve)	1000-1100 Lap Swim (6 Lanes) and Wading Pool (Call to
		reserve)
		1100-1800 Lap (2 Lanes) and Recreation Swim (Call to reserve)