

# JBLM SOUND SUMMIT

June/July 2021 | Theme: PNW Summer Fun

# Submit your questions during the Facebook Live via comments



### **Opening Comments**

Col. Patrick O'Sullivan
Joint Base Deputy Garrison Commander

# Remarks

COL Patrick Ellis, Chief of Staff, I Corps Col. Brian Collins, Vice Commander, 62d Airlift Wing

| 1. <u>Sound Byte</u>                              | · PNW Summer Activity Opportunities  |
|---|--|
| 2. <u>B.O.S.S.</u>                                | · Upcoming Events and Activities   |
| 3. <u>Directorate of Emergency Services (DES)</u> | · Wildfire Prevention<br>· 4th of July Safety  |
| 4. JBLM MWR                                       | Summer Fun & Outdoor Recreation     Summer Reading Program   |
| 5. Madigan Army Medical Center                    | Summer Safety & Men's Health Month     Tricare Pharmacy Home Delivery     COVID-19 Vaccination Updates |
| 6. <u>Chaplain</u>                                | Vacation Bible School     Summer Events  |
| 7. JBLM DPFR                                      | New Babies, New Parents <u>Spouse Education Fair</u>   |
| 8. Sustainable JBLM                               | · Controlled Burns<br>· Environmental Safety   |
| 9. AAFES - Exchange                               | · Summer Promotions  |
| 10. Spouses Club of Lewis-McChord                 | · Upcoming Events  |



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### **JBLM Online**

#### Garrison

JBLM Official Webpage | Facebook | Instagram | Twitter

## **Madigan Army Medical Center**

Website | Facebook | Instagram | Twitter | YouTube

#### JBLM DPFR

Webpage | Facebook | Instagram | Twitter | YouTube

#### **MWR**

Website | Facebook | Instagram | Twitter | YouTube

#### B.O.S.S.

Webpage | Facebook | Instagram

### Housing

Lincoln Military Housing | JBLM Housing Services Facebook | Instagram

### **Joint Personal Property Office**

Website | Facebook

#### **Directorate of Emergency Services (DES)**

Webpage | Facebook | Instagram | Twitter

#### **JBLM Sustainability**

Webpage | Facebook

#### **JBLM Warrior Restaurants**

Webpage | Facebook

#### **Religious Support**

Webpage | YouTube Channel | Facebook

### Families OverComing Under Stress (F.O.C.U.S.)

Webpage | Facebook

## **Commissary (DECA)**

JBLM Main Webpage | McChord Field Webpage Facebook | Twitter | Instagram

### Exchange (AAFES)

Webpage | Facebook





# **Supporting the Family Through Transition**

Have the whole family join FOCUS for discussion and an activity around supporting the family through change

- Learn more about how changes affect the whole family
- Discuss communication of feelings and calming strategies · Learn skills to support the whole family
  - · Complete family activity to plan for the future

### Register by clicking ONE of the Zoom links below:



Stane 10, 2021 4:30 PM

https://zoom.us/meeting/register/tJYkcuypqzgvEtCPiRyU ZdJ6DEDYG2wvuEs

June 22, 2021 4:00 PM



https://zoom.us/meeting/register/tJEuduirrTkiHtlPI7eRejINzV3hptNSyKTu

Contact Us: 360-257-8043 WhidbeyIsland@Focusproject.org

F\*0\*C\*U\*S

The FOCUS Program\*FOCUS (Families OverComing Under Stress) is a resilience-building program of the Department of Defense. The FOCUS program is designed for military families, couples and children facing ongoing stress and change. FOCUS promotes family strengths and supports families and children to help manage the challenges of military life.