

# MWR information

**ARTS & CRAFTS CENTER**  
Engraving, framing, ceramics  
1121 Barnes Blvd • 253-982-6719

**BOWL ARENA LANES  
& STRIKE ZONE CAFÉ**  
2272 Liggett Ave • 253-967-4661

**EAGLE'S PRIDE GOLF COURSE**  
I-5, Exit 116 • 253-967-6522/964-2786

**GRANDSTAFF MEMORIAL LIBRARY**  
2109 N 10th • 253-967-5889

**LEISURE TRAVEL SERVICES**  
8050 NCO Beach Rd • 253-967-3085

**McCHORD LIBRARY**  
851 Lincoln Blvd • 253-982-3454

**MWR CENTRAL CATERING**  
253-966-7466

**NORTHWEST ADVENTURE CENTER**  
8050 NCO Beach Rd • 253-967-7744

**WHISPERING FIRS GOLF COURSE**  
895 Lincoln Blvd • 253-982-2124

- **Planning a party or reception? Let MWR Central Catering help!** We have picturesque venues for large and small events. Call 253-966-7466 or visit *JBLM.armymwr.com* under MWR Central.
- **Order custom matting and framing for your projects and gifts!** Drop by the Arts & Crafts Center or call 253-982-6719.
- **Visit our JBLM libraries, fitness centers, indoor pools, travel camps, adventure centers, bowling center golf courses and more!**
- **Are you puzzled by new devices, downloads and software? Get one-on-one help with your technology questions at JBLM libraries with Book a Tech Expert.** We're here to:  
Assist you with digital resources, such as library's e-books or audiobooks.  
Help you get familiarized with your phone, laptop or tablet.  
Help you better learn your software.  
To get started, book a free session with a tech expert at any JBLM library by calling 253-967-5889 or 253-982-3454.

Visit our website at  
***JBLM.armymwr.com***

for more specials and events. *Events are subject to change.* Follow us on Facebook at *fb.com/JBLMmwr*.



**You have plenty to experience this winter with MWR!**

**J**oin in the fun with MWR activities at JBLM this winter! Here's a variety of options.

### **Be creative at Arts & Crafts Center**

Arts & Crafts Center staff offer ceramics and painting, plus kits you can work on in the studio. Bring your partner or friends in for arts and crafts time!

Saturday ceramics classes are being offered for \$20 per class the first Saturday of the month, 11 a.m.–3 p.m. Different themes are offered, such as painting bowls, platters and serving plates to hold warm food Jan. 7, love and heart-inspired pieces for Valentine's Day gifts Feb. 4, and Easter egg decorating (with six eggs per person) March 4.

Call 253-982-6719 for more information or to sign up.

### **Get in on Pizza & Bowling Sundays**

Drop by Bowl Arena Lanes Sundays, noon–6 p.m. and receive a large one-topping pizza for \$3 off the regular price (limit two pizzas).

Show your bowling receipt to the Strike Zone Café staff to receive your discount. Pizza redemption must be made on the same Sunday you bowl.

Questions? Call 253-967-4661.

### **Plan your next trip with discounts**

If you're a military or civilian retiree, plan your next getaway with Leisure Travel Services, located at Northwest Adventure Center at Lewis North.

To find the latest special offers from major entertainment destinations, visit *JBLM.armymwr.com* under Recreation. If what you're looking for isn't listed, call LTS at 253-967-3085. Chances are they can direct you to discounts on another website.

You can drop in and buy your tickets, purchase them over the phone and pick up later, or have the tickets sent to you (for an additional shipping fee).

Ask the staff how to save money on hotels, flights, car rentals, cruises and packages. They'll point you toward MWR's money-saving website, *American ForcesTravel.com*.

### **Take part in monthly book discussion**

Like to discuss current books? Join JBLM libraries' book discussion group for adults that meets the second Tuesday of the month at McChord Library at 4:30 p.m. and the second Thursday of the month at Grandstaff Library at 5 p.m.

Grandstaff Library also offers a fantasy/sci-fi book club for adults the fourth Monday of the month that meets in the conference room 4:30–6 p.m. Each month, they'll alternate genres.

A limited number of copies are available; register in person to receive a copy. Digital e-books or audiobooks also may be available. For more information, call McChord Library at 253-982-3454 or Grandstaff Library at 253-967-5889.

### **Develop more energy through fitness**

Feeling a bit pudgy, slow or tired? Get in the best shape of your life with your choice of free classes at JBLM fitness centers! Choose from cardio or strength-building classes, yoga, dance aerobics, deep water running, water aerobics and more! See the class schedule at *JBLM.sfa.com*.

If you prefer individual training, improve your fitness with a personal trainer who will develop a plan to help you reach your goals. Call 253-966-9867 for more information and pricing.

### **ARE YOU A MILITARY RETIREE & HAVEN'T JOINED OUR MAILING LIST YET?**

It's FREE! Simply fill out this section and return it to: DFMWR Marketing; 2013-B N. 3rd St., Rm. 117; Box 339500 MS 20; Joint Base Lewis-McChord, WA 98433-9500.

Also, complete this section for any address changes.

Address Change

New to Mailing List

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## Explore outdoors on guided trips

Even though it's brisk outdoors, we offer plenty of options to enjoy getting out on active trips. See registration details at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com) under "trips." Here are a few upcoming adventures:

- If you enjoy snow sports, sign up for trips to Snoqualmie Pass, Hyak Snow-Park and other scenic mountain areas for snowshoeing, cross-country or downhill skiing and family snow tubing. Snowshoe beginners welcome; instruction is provided and equipment included; call 253-967-7744 for details.
- Learn professional photography techniques with your DSLR camera! Register for Photography 101 classes that teach you how to plan and compose great photos instead of just snapping pictures. Also take field trips to practice urban and nature photography, such as the Seattle Electric Company's

Georgetown Steam Plant in February and the UW Quad's famous cherry trees in late March.

- Learn fly fishing techniques through our series of comprehensive classes, and practice on local fishing trips. These fun and engaging classes also introduce you to a group of like-minded fly fishing enthusiasts.
- Get in on early spring trips to places such as the Razor Clam Festival at Ocean Shores in March. Check out the vendors and listen to local music. Taste the best of the town's locally made chowder.
- Learn to rock climb while camping overnight at Vantage overlooking the Columbia River Gorge in late March. You'll get instruction in rock climbing, as well.

Questions? Call 253-967-7744.



**DFMWR Marketing**  
2013-B N. 3rd St., Rm. 117  
Box 339500 MS 20  
JBLM, WA 98433-9500

Return Service Requested

STANDARD  
U.S. Postage  
PAID  
TACOMA, WA  
PERMIT NO. 899



**Lewis-McChord MWR Information for the Active Retiree**