



JBLM BLUE HASH

11 March 2024
(UPDATED AS NEEDED)



Joint Base Lewis-McChord

- Madigan urgently needs blood donations. Individuals can donate blood by calling (253) 968-1850 to schedule. The blood bank's website is: <https://madigan.tricare.mil/Clinics/Armed-Services-Blood-Bank-Center-PNW>

COVID-19

- JBLM is at HPCON A (effective 1 November 2022)
- COVID-19 testing is available at primary care clinics, Soldier-Centered Medical Homes, and other locations. JBLM testing times and locations can be found at <https://madigan.tricare.mil/COVIDTESTING>
- Individuals who are exhibiting symptoms of an infectious respiratory disease, including colds, influenza, and COVID-19, should not come to the workplace or conduct official travel until symptoms have begun to resolve. If you are sick with a respiratory virus – stay home and away from others. For Service Members, this means following their unit's sick call procedures.
- Although not mandatory, DoD strongly recommends personnel remain “up-to-date” with all CDC recommended boosters.
- For those visiting healthcare facilities, follow posted guidance as masking requirements can change.
- Further guidance can be found in FRAGORD 01 to OPOD 23-302 “ANNEX J - JBLM COVID -19 DSM -2023_09_15”
- Country entry requirements (vaccination/testing) can be found at the top of the DoD Foreign Clearance Guide (FCG) <https://www.fcg.pentagon.mil/fcg.cfm>. Continue to follow host-nation protocols.
- CDC Website: <https://www.cdc.gov/media/releases/2024/p0301-respiratory-virus.html>

I Corps (USA)

- Follow all JBLM COVID-19 and infectious respiratory disease guidance (above).

62d Airlift Wing (USAF)

- There are **NO** walk-in COVID-19 tests available at McChord Clinic as of September 2023
- If you receive any vaccines off-base, please supply proof to McChord Immunizations to have your records updated.
- Airmen **MUST** continue to practice safe hygiene methods including:
 - Staying home when sick
 - Remaining up to date on their vaccines
 - Washing their hands frequently with soap and water for at least 20 seconds
 - Covering their mouth and nose when coughing or sneezing

Non-healthcare workers **MUST** adhere to current CDC recommendations per the DoD's “Force Health Protection Guidance — Coronavirus Disease 2019 and Other Infectious Respiratory Diseases.” **There is no more 5-day isolation requirement for COVID-positive individuals for non-healthcare workers.**

- Individuals experiencing COVID-like symptoms should not come to the workplace or conduct official travel until symptoms being to resolve.
- Individuals may return to normal activities when both of the following are true:
 - Symptoms are resolving, **AND**
 - The individual has gone at least 24 hours fever-free without the use of fever-reducing medications.

Healthcare workers (HCW) **MUST** also adhere to the Defense Health Agency's (DHA) “Guidance on Coronavirus Disease 2019 for Military Medical Treatment Facilities (MTFs) and Dental Treatment Facilities (DTFs)” **AND** MAMC's “Commander's Policy #17: Return to Work Guidance for Severe Acute Respiratory Syndrome Coronavirus 2 Infection.”

- Per DHA “Conventional” staffing strategy options, HCWs who test positive for COVID-19 may return to the workplace if:
 - They are excluded from work for 10 calendar days, **OR**
 - They are excluded from work for 7 days and two get two consecutive negative antigen (at-home) tests on “Day 5” and “Day 7”
 - “Day 0” is the day symptoms start to develop

Please contact the McChord Public Health Office at **253-982-3717** or via email at usarmy.jblm.medcom-mamc.mbx.62mds-public-health@health.mil for any questions or concerns.