

# Saturday, July 10, 2021

## America's Armed Forces Kids Run

Parents/Spectators are encouraged to stand along the route and the Start/Finish area to cheer on the runners

### Entry is FREE

Email \_\_\_\_\_  
(for reminder notification of event ONLY. Please print legibly.)

**9AM**  
**COWAN STADIUM**  
**YOUTH AGES**  
**5-thru-16**  
**Entry is free**

#### Participants only

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Telephone \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Check here if Wheelchair Entrant **please call 253.967.2405 if assistance needed**

T-shirt Size (for participants only. please check one)

Please fill out one form per child participating

- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large
- Adult X-Large

**Distance:**

- 5 & 6 Year olds = 1/2 mile
- 7 & 8 Year olds = 1 mile
- 9-16 Year olds = 2 miles

#### WAIVER • PARENTS PLEASE READ & SIGN BELOW

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the Joint Base Lewis-McChord America's Armed Forces Kids Run including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release America's Kids Run officials, organizers, the United States Air Force, the United States Navy, the United States Army, the United States Marine Corps, the United States Coast Guard, Reserve Units of the United States Armed Forces, and all volunteers associated with America's Armed Forces Kids Run, MWR, DeCA, Spokane Produce, sponsors, their representatives, event organizers, and their representatives and successors from all claims and liabilities of any kind arising out of participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Youth Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

### PRE-REGISTRATION DEADLINE • JUNE 20, 2021

ANY REGISTRATIONS TURNED IN AFTER JUNE 20, 2021 ARE NOT GUARANTEED A SHIRT  
• LATE REGISTRATION ACCEPTED IN SPORTS OFFICE ONLY

Pre-Race Day Packet Pickup available: July 6-8, 11am-2pm  
at Youth Sports Office, Building #6398 on Garcia Blvd

Pre-registered participants that do not pick up their shirts by July 8, will not be guaranteed a shirt on race day.



CHILD & YOUTH SERVICES



Inclement weather notifications will be emailed and on Facebook (LIKE-JBLM CYS)

**Go the distance! • Saturday, July 10**  
**9am • Cowan Stadium**  
No federal endorsement implied

