



### Nov. 6-7: Vantage Camp and Climb

9 a.m. Sat.-6 p.m. Sun. Meet at AU (\$79) ♦ ♦  
The columnar basalt columns of Frenchman's Coulee (aka "Vantage") create towering rock climbs overlooking the Columbia River Gorge. Join us for an unforgettable weekend exploring these special places, camping in the sagebrush steppe, and building our community of climbers. Toilets are available on-site adjacent to primitive tent camping a short walk from the van.

Participant restrictions: 14+ with parent/guardian supervision; comfortable overnight car camping in cold weather.

Max participants: 10

ODR provides: Climbing instruction and equipment, group cooking equipment and tent-camping equipment.

You pack: All meals, personal climbing and camping equipment (optional) and weather-appropriate clothing.

### Nov. 6: Mountain Bike Foundations

8 a.m.-2 p.m. Meet at AU (\$45) ♦ ♦ ♦  
The skills parks and singletrack trails of Swan Creek create a phenomenal venue both to explore mountain biking for the first time or hone in your advanced maneuvering. Join us for a day on the trails for skills instruction and a beautiful time exploring the forest on site.

Participant restrictions: 14+ with parent/guardian supervision; ability to ride a bike required.

Max participants: 12

ODR provides: Transportation, equipment and instruction.

You pack: Food, water, active clothing and personal mountain bikes (optional).

### Nov. 12: Intro to Climbing

6-8 p.m. Meet at AU (\$25) ♦

This course will provide a comprehensive introduction to top rope climbing including, how to secure a harness, tie in as a climber, complete the proper system checks and communicate with your climbing partner. You will also learn how to belay (manage the rope in order to keep the climber safe), catch a fall and lower your climber back to the ground.

Participant restrictions: 14+ with parent/guardian supervision.

Max participants: 6

ODR provides: Equipment, instruction, wall access

You pack: Athletic apparel and water.

### Nov. 13: Portland Pursuit

8 a.m.-6 p.m. Meet at NAC (\$35) ♦

The Portland Saturday Market, Distillery Row, arboretums, museums, and more; Oregon's largest city sits at the mouth of the Columbia River and makes for a wonderful urban getaway when you're seeking a change of scenery! Hop in the van and make new friends as you spend the day exploring what the "City of Roses" has in store.

Participant restrictions: 10+ with parent/ guardian supervision.

Max participants: 13

ODR provides: Transportation into city center and return shuttle.

You pack: Plans for the day and your wallet.

### Nov. 14: Hike the Green River

9 a.m.-2 p.m. Meet at NAC (\$35) ♦ ♦

The banks of the Green River, in Kanaskat-Palmer State Park, provide a great backdrop for this hike. Winter brings quiet and calm to the forests of our region and makes for some beautiful visual spectacles as we wind our way through ferns and forests on a roughly 3-mile loop.

Participant restrictions: 12+ with parent/ guardian supervision.

Max participants: 13

ODR provides: Transportation and trip lead.

You pack: Small backpack with food, water, weather appropriate layers and camera.

### Nov. 20: Hike Wallace Falls

8 a.m.-6 p.m. Meet at NAC (\$35) ♦ ♦

Join us for a hike that is great for beginners and experienced hikers alike! This Central Cascades hike is 3.5 miles round trip. The first stop at the middle falls holds the best views of the trip, with picture spots for three different sections. With only a 1,000 feet of elevation gain, the view is worth the effort. If you crave a little more activity, we will continue hiking to the upper falls. This additional 500 feet is well worth the climb. The bird's eye view of the falls and panoramic views of the Central Cascades are something to behold.

Participant restrictions: 10+ with parent/ guardian supervision.

Max participants: 13

ODR provides: Transportation, parking fees and trip leader support.

You pack: Small backpack with food, water, weather appropriate layers and camera.

### Nov. 21: Seattle City Shuttle

8 a.m.-6 p.m. Meet at NAC (\$29) ♦

Seattle is more than just the airport. The "Emerald City" hosts a wide array of attractions from the Chihuly Gardens and Glass display to the world-famous Pike Place Fish Market. Join us for the day exploring one of the fastest growing cities in the U.S. Participant restrictions: 10+ with parent/guardian supervision.

Max participants: 13

ODR provides: Transportation into city center and return shuttle.

You pack: Plans for the day and your wallet.

### Nov. 26: Hike Wallace Falls

See description under Nov. 20.

### Nov. 27: Mountain Bike Foundations

8 a.m.-2 p.m. Meet at AU (\$45) ♦ ♦ ♦

The skills parks and single-track trails of Swan Creek create a phenomenal venue both to explore mountain biking for the first time or hone in your advanced maneuvering. Join us for a day on the trails for skills instruction and a beautiful time exploring the forest on site. Participant restrictions: 14+ with parent/ guardian supervision, ability to ride a bike required.

Max participants: 12

ODR provides: Transportation, equipment and instruction.

You pack: Food, water, active clothing and personal mountain bikes (optional).

### Nov. 28: Women Rock: Oregon Brews & Falls Tour

10 a.m.-7 p.m. Meet at NAC (\$55) ♦

Enjoy a day out with the ladies! Enjoy a scenic drive along Washington's Highway 14, then cross the Columbia River over to Oregon's Historic Columbia River Highway and drive through the picturesque Columbia Gorge. During our drive, we will stop at some of Oregon's popular craft breweries and a few famous waterfalls.

Participant restrictions: Ladies only 21+; (please drink responsibly.)

Max participants: 13

ODR provides: Transportation and logistics support.

You pack: Comfortable shoes, weather appropriate clothing, money for breweries and your ID.

Trips are subject to modification/cancellation with minimal notice.

Easy-----Hard  
Difficulty: ♦ ♦ ♦ ♦ ♦  
Northwest Adventure Center: NAC  
Adventures Unlimited: AU



# NOVEMBER



## OUTDOOR RECREATION

Northwest Adventure Center  
8050 NCO Beach Rd. | 253-967-7744

Adventures Unlimited

729 Battery Rd. | 253-982-2206

JBLM Outdoor Rec  
JBLModr.com

### Legend:

Water Sports

Cycling

Hiking

Special Events

Climbing

Easy-----Hard  
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### NOTES:

- Register for trips in person at Adventures Unlimited Center or Northwest Adventure Center, by phone at 253-982-2206/253-967-7744 or online at JBLMmwrRegistration.com.
- All trips depart from Northwest Adventure Center or Adventures Unlimited.
- Pack weather-appropriate clothing, water, DOD ID, cash for food and beverages and a portable lunch depending on your itinerary.

# ODR MONTHLY PROGRAM SCHEDULE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1	2	3	4	5	6 Vantage Camp & Climb \$79 • 9 a.m. Sat.–6 p.m. Sun. ◆◆◆◆◆ Mountain Bike Foundations \$45 • 8 a.m.–2 p.m. ◆◆◆
7 Vantage Camp & Climb \$79 • 9 a.m. Sat.–6 p.m. Sun. ◆◆◆◆◆	8	9	10	11 Veterans Day Federal Holiday	12 Intro to Climbing \$25 • 6–8 p.m. ◆	13 Portland Pursuit \$35 • 8 a.m.–6 p.m. ◆
14 Hike the Green River \$35 • 9 a.m.–4 p.m. ◆◆	15	16	17	18	19	20 Hike Wallace Falls \$35 • 8 a.m.–6 p.m. ◆◆
21 Seattle City Shuttle \$29 • 8 a.m.–6 p.m. ◆	22	23	24	25 Thanksgiving Federal Holiday	26 Hike Wallace Falls \$35 • 8 a.m.–6 p.m. ◆◆	27 Mountain Bike Foundations \$45 • 8 a.m.–2 p.m. ◆◆◆
28 Women Rock: Oregon Brews & Falls Tour \$55 • 10 a.m.–7 p.m. ◆	29	30	Sponsored by:    No federal endorsement implied.			

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