JOINT BASE LEWIS-McCHORD MORALE, WELFARE & RECREATION GUIDE

FOCUS

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JBLAYPS
2022
Freedom
Run

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Enroll in youth sports

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JULY 2022



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For commercial sponsorship or advertising inquiries,

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NOTE: Events mentioned in this issue may be canceled or revised after publication date. For current updates, visit https://jblm.armymwr.com/promos/covid.



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NEW TO JBLM? JOIN CYS!



JBLMmwr @ 🙃 🕥 💆









Anyone can apply!

Benefits:

- Shopping privileges at the Exchange.
- Gym and pool access.
- Full access to leisure activities (bowling, golf, skate parks, beachside picnic areas, on-base dining, special events and festivals).
- Discount tickets to popular attractions across the U.S., movies, sports and more.
- Affordable recreational rentals.
- Access to MWR ranges, marina, cabin rentals, travel camps and more.
- Use of self-help auto center, arts & crafts center, library programs and more.



WorkAtJBLM.com



What does MWR do for you?

Meet MWR employees who serve with you in mind

Diana admits to being an Army brat — and loving it! She's a perfect fit for JBLM MWR's manager of Corporate Partnerships & Advertising, and now calls the Pacific Northwest home.

Years ago, after Diana received her degree in business from Virginia Commonwealth University in Richmond, Va., she took an opportunity to move in with her sister who worked for MWR in South Korea. Diana got a job at Dragonhill Lodge, an Army Hospitality Hotel in Seoul. While working there, she met a former supervisor, who introduced Diana to the chance to become a sponsorship and advertising sales manager. Diana was well-suited for the position, since she had a business degree and is fluent in both Korean and English.

That opportunity began Diana's career with MWR. She worked for IMCOM Korea for three years, then transferred to Fort Detrick, Maryland as a marketing manager. "I met my

husband at Fort Detrick and had my first baby there," Diana recalls.

She moved on to USAG Humphreys in Pyeongtaek, South Korea as a marketing manager for just over five years, had her second child during that time, and then COVID hit. "We wanted to come back to the United States, but in order to come back, I needed to apply for an open position. Luckily, the position as a sponsorship manager at JBLM MWR was open. My husband and I always talked about living here in the Pacific Northwest. We've never been on this coast before, but my sister and brother-in-law were stationed at JBLM and loved it. I said, 'Hey, let's go!' and so far, we love it. I don't see us going anywhere anytime soon."

Why is sponsorship so important? Because it makes what we can offer our JBLM community that much richer and diverse, and it forges relationships with local businesses with the military, strengthening our ties with the local region.



Courtesy photo

Diana says, "These funds are used to enhance MWR programs and create special programs for the installation.

"Corporate partnerships benefit the entire JBLM community. If we didn't have sponsorship support for MWR as a whole, it would increase the cost of our services, we wouldn't have as many perks and prizes, and some services and special events might not even be offered.

"Our sponsors underwrite certain costs for our programs and services that we bring to the JBLM community."

Corporate Sponsorship also welcomes partnering with FRGs and private organizations at JBLM. "Some of the most comments we get is that FRGs and private organizations

want more participation in MWR events to get their name out there," Diana says. "We offer them an opportunity to join us. Depending on the type of what kind of support they want depends on how they work with us. If they want additional promotion and advertisement, they come to us. For fundraising opportunities, we ask them to be vendors at our events, which helps us offer more at our events and helps them get more exposure."

What does Diana think now that she's had a good sense of what JBLM and the region offers? "Washington state is beautiful!" she says. "I like the people I meet, the variety of opportunities for my kids to play, the beauty of the installation with American Lake — JBLM is a huge installation and I'm glad to be here."



Join ODR for fun & competitions

beat JBLM's Outdoor Recreation program! Join us this month for a variety of activities. Find registration information at JBLM. armymwr.com.

Here's what we've planned for July.

Join us for whitewater rafting

Beat the summer heat with us on the cool waters of the Wenatchee! This beautiful section of wild whitewater pours off of the east side of the Cascade Range through a beautiful river corridor. Your trained instructors will guide you in four- to eight-person rafts as you paddle together through class III waves and rapids.

You'll be driving to Leavenworth and meeting us at the public boat launch or Dryden Dam. Consider making a weekend out of your journey and stay overnight in Leavenworth before or after your trip. This trip is being offered Sunday, July 17.

Ages 10 and older (with parent or guardian supervision for minors) are welcome to sign up. Swimming confidence is a must.

The \$65 cost includes instruction, personal gear and equipment. Bring clothes to get wet

in, a dry change of clothes, lunch, water and sunblock.

Enter Combat Biathlon

Active duty Service members can put your skills to the test in a Fields of Friendly Strife Combat Biathlon Saturday, July 9, 9:30–11:30 a.m. at Range 15.

Competitors will shoot five rounds at a target, unload the firearm, run a 2K, reload the firearm and shoot a final five rounds. Those with the fastest time and closest targets averaged together win awards for their categories.

The cost is \$10 per participant. Find rules and registration at *JBLM.armymwr.com* under the event.

Attend free Youth Shoot

Register your youth ages 8–16 for the 13th Annual Youth Shoot at the Shotgun Shooting Complex Saturday, Aug. 13, 10 a.m.–2 p.m. with a free lunch included. First-time shooters and experienced shooters are welcome to attend!

All equipment is provided — gun, ammunition, hearing protection and safety glasses. The event includes an introductory briefing.





 $Photos\,courtesy\,of\,Devil\,Brigade,\,1st\,Armored\,Brigade\,Combat\,Team,\,1st\,Infantry\,Division$

equipment handling demonstration, shooting stations and safety oversight and supervision. Parents must stay on site with youth for the entire event.

Registration is first-come, first-served and is open July 19—Aug. 12. Call 253-967-7056 to register.

Join sporting clay shoots

Like to shoot clays? Join us at the JBLM Shotgun Shooting Complex for the Sporting Clays 100 target shoot! Events are held once a month on Saturdays. The next scheduled event is July 16.

Sign up the day of the event from 9 a.m.– 12:15 p.m. Shooting starts at 10:30 a.m. No shotgun? Rent one for \$10!

The cost is \$35 for nonregistered shooters; \$42 for registered shooters.

Park outside the Scouts Out Gate at Lewis Main and walk the short distance to the Skeet Range and ATV Park. For more information, call 253-967-7056.



Shoreline Park

Open during the summer, Shoreline Park offers swimming and pavilions for rent.

Younger children can enjoy the 2-foot wading area while older youth will want to venture to the 4-foot depth.

Shoreline Park is at the end of Shoreline Beach Road at Lewis North. For more information on pavilion rentals, call 253-967-2510.

Summer Cove

A picturesque waterfront park on American Lake with a shallow wading area, Summer Cove also has a sandy beach, trails and play area. It's an ideal spot to sun and wade in

American Lake. With a scenic view of Mount Rainier, you can bring the kids to run around on a playground and splash park with ageappropriate zones.

Have a picnic on one of the picnic tables and walk the trail between Summer Cove and Shoreline Park!

Summer Cove is just a short walk away from Russell Landing Marina at the end of American Lake Avenue at Lewis North.

Russell Landing Marina

Open all summer, Russell Landing Marina is the place to stop to enjoy a day on American Lake, enjoy a picnic or go fishing (get your



fishing license at Northwest Adventure Center). Rent a pontoon boat, motorboat, kayak or stand-up paddleboard, use the boat launch for your own boat or rent moorage and dry storage slips if you own a boat. Plus, there's a great selection of bait and tackle. For details, call 253-967-2510.

The marina is at 8981 American Lake Ave... Lewis North.

Travel Camps & cabins

Welcome to the JBLM MWR Travel Camp, open all year long. There are 48 full hook-ups with cable TV and six tent sites.

The campground is located on the shore of

American Lake. Swimming is authorized only at Shoreline Park, which is a short drive or walk away. Licensed fishing is allowed from the banks of American Lake year-round.

For your convenience, the campground provides:

- · Washers & dryers (coin-operated).
- · Lounge area with color TV.
- Sewage dump station.
- · 30- and 50-amp sites (adapter may be required for 50-amp sites).
- · Two popular fishing docks.
- Cable TV hook-up.
- · Women's and men's shower rooms.
- · Sewer hook-up on all sites.

Log cabins

Our state-of-the-art outdoor recreation facility, featuring a beautiful community of recreational cabins, is an absolute hit with the military and their families looking to get away and experience the great outdoors.

Our cabins are nestled in a guiet corner of American Lake at Lewis North. American Lake is a recreational dream with fishing, boating and swimming as major attractions.

Most of the recreational cabins feature unobstructed views of the waterfront filled with wildlife.

Choose from four cabin sizes:

- One-, two-, or three-bedroom cabins with a separate sleeping area and hide-a-bed couch in living area.
- · Studio with bed and two comfy chairs.

The three-bedroom cabin sleeps eight adults. The two-bedroom cabins sleep six adults. The one-bedroom cabins sleep four adults and feature a separate bedroom plus a hide-a-bed sleeper couch. The smaller studio cabins sleep two adults.

For your safety, health and comfort, all cabins are nonsmoking and non-pet, except for service animals with proper paperwork.

Holiday Park

Holiday Park is located at McChord Field, in a natural setting of Douglas fir with a wide variety of vegetation and wildlife unique to the Pacific Northwest. It provides family camping with a variety of camper and tent spaces.

Campers have sites that provide water, sewer and electricity (W/S/E) with 30-amp or 50-amp hook-ups, dry camping spots and tent sites; reservations can be made one year in advance.

Support facilities provide restrooms, showers, laundry with soap or bleach machine, sewage dump station, jogging track, hiking trails and grills, as well as a full range of nearby base services.

Storage lots

Need to store your RV or boat? JBLM has seven storage lots with covered and uncovered storage spaces available to rent on a monthly basis for privately owned recreational vehicles. The outdoor storage facilities are all secured with locked gates and are accessible to registered customers 24 hours a day. Eligible vehicles include trailers, camper trailers, motor homes, RV vans, fifth wheels, pick-up campers and boats.

Registration and cancellation for any storage spots must be done in person. To get started, call 253-967-3295.





Adventures Unlimited rock wall fun

Come climb our indoor rock wall! Rentals include rock-climbing shoes, harness and chalk. Seasonal courses are designed for beginners through advanced — even young kids can climb! The rock wall is free for active duty Service members and their families, and is also open for after-hours party and group rentals. Belay and rock-climbing instruction is also available on request. Call 253-982-2206 for more information.

Shooting sports

JBLM's Shotgun Shooting Complex offers six skeet fields. four trap fields with duck tower, five-stand and wobble skeet, as well as monthly sporting clay competitions and skeet competitions.

Also check out Range 15, a safe and fun place to spend time perfecting your marksmanship. Take advantage of 10- and 20-yard berms, while rifle shooters can shoot at targets to 300 yards. All shooters are invited to try action targets, available upon request starting at 100 yards.

Each range has an on-site shop, where you can pick up rentals and buy supplies and snacks.

Off-base adventures & fun

Adventure programs

Outdoor fun with our Outdoor Recreation program experts is exciting and educational. Year-round seasonal options include kayaking, hiking, mountain biking, whitewater rafting, rock climbing, skiing, snowboarding and snowshoeing. For more information, call 253-967-7744.

Retail store

The retail store inside the Northwest Adventure Center at Lewis North seasonally carries everything you need for a wonderful time fishing or camping, as well as gun sales. There's a great selection of equipment for fishing, camping, hiking and seasonal outdoor endeavors. Call 253-967-7744 for more information.

Equipment rental

Everything you need for camping, outdoor fun, outings and more is available to rent seasonally. Choose from tents, coolers, stoves, grills, party canopies, camping trailers, motor boats, fishing equipment, crab rings, cots, folding chairs, tables, life vests, water skis, kayaks, stand-up paddleboards, backyard games, party and sports equipment and much more.



Stay active & fit this summer

Enjoy summer sports

Compete in open softball league

If you like softball, there's still time to sign up for the open softball league season that runs July 11-27 with the championship Aug. 1-3 at the Lewis North Athletic Complex.

The registration deadline is Tuesday, July 5. Register through the JBLM Intramural Sports by calling 253-967-6420 or emailing usarmy. jblm.imcom.list.dfmwr-sports@army.mil.

The league is free and is open to DOD ID card holders ages 18 and older.

Enter CC flag football

Service members can enter the Fields of Friendly Strife Commanders Cup Flag Football and earn points for your unit.

Attend the informational meeting Tuesday, Aug. 2 at Lewis North Athletic Center at noon or McChord Fitness Center at 1:30 p.m.

The season runs Aug. 16-Sept. 22 and ends with the championship week Sept. 26-30 at the Lewis North Athletic Complex.

Sign-ups are free and are open to active duty Service members assigned to JBLM.

Register by calling 253-967-6420 or by emailing usarmy.jblm.imcom.list.dfmwrsports@army.mil.

Get in on races

Join us for Freedom Run

Enter JBLM's Saturday, July 16 Freedom Run, honoring all those who have served. Wear red, white and blue; active duty personnel are welcome to wear uniforms.

Choose from 10-mile, 5K and 1K run options during sign-up at JBLMmwrRegistration.com.

The cost for Service members ranks E1-E4 is \$30 for the 10-miler: \$25 for the 5K and \$10 for the 1K.

The cost for everyone else is \$36 for the 10-miler; \$30 for the 5K and \$12 for the 1K.

Packet pick-up is Friday, July 15 at Bowl Arena Lanes. Those who register now will receive custom race T-shirts at a later date after the event.

The race starts at 7 a.m. at the MWR Fest Tent, 2200 Liggett Ave. at Lewis Main.

For more information, call 253-967-6420.

Plan for August triathlon

Plan to join us at the JBLM Fields of Friendly Strife Triathlon Saturday, Aug. 27 with a 500-meter swim, a 12-mile bike ride and a 5K run starting at 7:30 a.m. at Shoreline Park.

For sign-up information, call 253-967-7056 or visit JBLM.armymwr.com.



NOW at JBLM SFA!



PERSONAL TRAINER

One session:	COST \$40	DURATION 30 min
One session:	\$55	60 min
Four sessions:	\$152	30 min
Four sessions:	\$208	60 min
One session with two patrons:	\$30 ea	30 min
One session with two patrons:	\$40 ea	60 min
Four sessions with two patrons:	\$114 ea	30 min
Four sessions with two patrons:	\$152 ea	60 min

Available Monday-Friday at Soldiers Field House

Improve your fitness with a certified personal trainer! They will develop a plan to fit your specific needs and to help you reach your fitness goals.

For more information or to register call: 253-967-4771















Lifequard training

Become a JBLM lifeguard

Want to become a lifeguard at JBLM? Take advantage of our free training course and hiring opportunities! Courses are July 8-10 and Aug. 5-7. Classes are held 5-10 p.m. Friday and 9 a.m.-5:30 p.m. Saturday and Sunday.

To become a lifeguard student, you must be age 15 or older. Call 253-967-5390 to schedule an in-water pretest at least two days prior to the first day of class. The pretest consists of a 300-meter front crawl or breaststroke swim. two-minute tread using legs only and a timed brick retrieval.

Upon successful completion of the pretest. the instructor will email you the blended learning online training content. You'll also receive a pocket mask and certification upon completion. You must complete the course (approximately seven hours) prior to the first day of class.

Expect a physically strenuous class with

skills work both in and out of the water.

A hiring opportunity will take place following the completion of the lifequard training course. If you wish to be hired, you'll get help completing an application on site by the instructor.

Those who complete JBLM lifequard training and get hired will receive a \$500 retention bonus after working 50 hours and an additional bonus of \$500 after 100 hours at JBLM.

Try out a fitness class

Choose from variety of fitness options

We're offering a variety of free fitness classes to capture your interest and challenge you! Shake up your fitness routine and join a class in cardio kickboxing, indoor cycling, Zumba, yoga or MixxedFit — no registration needed!

Also join iStroll parent-and-child fitness class (participants pay a fee) and free water aerobics in the pool.

Find the schedule of classes at JBLM. armymwr.com under Sports & Fitness.

Experience leisure entertainment

Attend special events

Enjoy JBLM fireworks

Celebrate the Fourth of July at JBLM! Purchase your meals from a variety of food truck vendors and our take in our huge fireworks show Monday, July 4 at Cowan and Memorial stadiums at Lewis Main!

Food truck meals are available starting at 5 p.m. (until they run out), and the fireworks show starts around 10:15 p.m., at dusk.

If you're wondering about a JBLM summer festival, look for our big end-of-summer beach party with live entertainment coming in August!

Drive & park at free outdoor movies

Come on out to "Wheels & Reels," our free monthly outdoor movies lasting all summer and into the fall!

Join us Friday, July 15 at McChord Club's grass area to watch "Encanto" (PG-13) at 6:30 p.m. Bring lawn chairs and blankets for sitting outside on the lawn.

Also bring your own snacks and drinks for the movie. Patrons will have access to facility restrooms.

McChord Club is at 700 Barnes Blvd., McChord Field.

Dance to Latin beats

You're invited to come out to McChord Club Saturday, July 23 for Latin dancing 7–11 p.m. Join us at 7:30 to brush up your dance skills with an instructor; DJ music starts at 8:30.

The \$15 cover includes a buffet; bar drinks will be sold separately. The Club is located at 700 Barnes Blvd., McChord Field.

Drop by Warrior Zone

Cue up for quarterly pool tourney

Compete for big prizes in our quarterly 8-ball pool tourneys at Warrior Zone!

The next tourney is Saturday, July 23 starting at 3 p.m. Come early to sign up on the day of the event.

The first-place winner receives a \$250 VISA gift card, second place is awarded a \$100 VISA gift card and third place receives a \$50 VISA gift card. Tournament-related door prizes will be given away throughout the event.

The tourney is open to DOD ID card holders ages 18 and older.

Join fun times with us

Want a place to hang out Wednesdays— Sundays? Warrior Zone offers games,

Continued on page 20.



competitions and recreation for adults:

- · Watch sports on our big screens and overhead TVs. Grab a strategic spot after you grab a burger and brew to watch your favorite team.
- · Join us for Wednesday Trivia every week starting at 7 p.m. — it's free to play! Trivia questions will be displayed throughout the facility and players use your personal devices to answer. Play for bragging rights and café food vouchers.
- · Compete for prizes in our pool tourneys Thursdays starting at 7 p.m.
- · Get in on Fighting Games Night Fridays starting at 7. Compete and show off your slick skills on our gaming stations!
- · Saturdays, come out for Anime Night at 7.
- Join us for PlayStation VR all day Sundays.
- · See sports action on our overhead TVs.
- · Also watch UFC 276 showing Saturday, July 2 and UFC 277 Saturday, July 30 on our big screens and out on our patio — order some appetizers and drinks!

Visit McChord Pub

Watch UFC at the pub

McChord Pub is open is open to ages 18 and older with food and drink specials for UFC 276, Saturday, July 2 and UFC 277 Saturday, July 30. The pub is inside McChord Club located at 700 Barnes Blvd.

Go bowling with friends

Kids bowl free this summer

Bowl Arena Lanes is excited to take part in "Kids Bowl Free" summer program daily through Wednesday, Aug. 31.

Register your children ages 17 and younger for a free bowling pass (two free games of bowling a day) at Bowl Arena Lanes.

Adults can purchase a family pass to bowl with your kids for a one-time fee per family, good for the entire summer. Rental shoes are not included.

Registration is online at KidsBowlFree.com/ army. Find and fill out the registration form for JBLM and submit. Your coupon notification will be sent directly to your email to print out and redeem.

The program is available to all authorized DOD ID card holders and sponsored guests.

Bowl Arena Lanes is at 2272 Liggett Ave., Lewis Main. Call 253-967-4661 for more information.

Enter bowling doubles tournaments

Bowlers of all skill levels can have fun competing with other teams at Bowl Arena Lanes' nine-pin no-tap doubles team tourneys the second Saturday of the month (July 9).

Check in and register at 12:15 p.m., practice 12:45-1 and begin play at 1. Scores are based on three games bowled and partner's scores totaled for placing. The cost is \$60 per team. Questions? Call 253-967-4661.

Check out pro shop sale

Get in on Bowl Arena Lanes' pro shop sale on select bowling balls, bags and shoes this summer so you can have new gear for bowling leagues this fall!

Get in on Pizza & Bowling Sundays

Bring your group to Bowl Arena Lanes Sundays in July noon-6 p.m. and receive a large one-topping pizza for \$3 off the regular price (limit two pizzas).

Show your bowling receipt to the Strike Zone Café staff to receive your discount. Pizza redemption must be made on the same Sunday you bowl.

Bowl Arena is at 2272 Liggett Ave., Lewis Main.

Golf at JBLM courses

Compete in open golf scrambles

Enjoy Friday CG Golf Scrambles at JBLM golf courses! Enter as a four-person team or be placed on a team.

Continued on page 23.



Join us for fireworks and food trucks, Monday, July 4 at Lewis Main! Food available for purchase starting at 5 p.m. Fireworks start at 10:15 p.m.

Open to DOD I.D. card holders and their quests.





























WE LISTEN TO YOUR EYES



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The ability to see is precious. It's integral to every aspect of life. For over 30 years, we has continued to deliver the most advanced treatments and patient-centered care. Our results have proven how truly exceptional our ophthalmologists are whose purpose is to preserve and improve eyesight. At Evergreen Eye Center, you are our focus.

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Retina Care Corneal Crosslinking

laucoma Care and more

Dry Eye Treatment



Upcoming shotgun-start scrambles are:

- July 15, 1 p.m. at Whispering Firs Golf Course.
- Aug. 12, 1 p.m. at Eagle's Pride Golf Course.
- · Sept. 16, 12 p.m. at Whispering Firs Golf Course.
- Oct. 7, 11 a.m. at Eagle's Pride Golf Course. The cost is \$42 per person and includes your green fee and cart rental. Registration starts two weeks before each event; call the pro shop at Eagle's Pride (253-967-6522) or Whispering Firs (253-982-2124) or email usarmy.jblm.imcom.list.dfmwr-golf@army. mil. Pay in person the day prior or the day of. Three divisions are paid out: Active, Senior and Open.

Scrambles are open to DOD ID card holders and guests.

Enter GC active duty golf scramble

Active duty Service members can earn unit points for their golf skills in this Fields of Friendly Strife Garrison Commander Golf Scramble Friday, July 29, 1 p.m. at Eagle's Pride Golf Course.

Each four-person team consists of activeduty Service members representing their unit-affiliated team in order to earn points for their unit.

The cost is \$42 each, which includes a shared cart. Register by calling 253-967-6522.

Good food done right

Check out Habañero Mexican Grill

When you want something tasty and fresh, think south-of-the-border tacos, burritos, quesadillas, salads, Southwest-style appetizers and more! Habañero Mexican Grill at Whispering Firs Golf Course offers made-toorder alternatives to your usual fast-food drivethroughs for breakfast and lunch.

Enjoy ample seating and casual comfort for dining. In a hurry? Call your order in and pick up on your way to work or home.

Habañero is at 895 Lincoln Blvd., McChord Field. Visit JBLM.armymwr.com under Dining for the complete menu.

Eat happy at Warrior Zone Café

Warrior Zone Café has something on our menu for nearly everyone's appetites. From hearty burgers and loaded sandwiches to light wraps, we're keeping it tasty!

DOD ID card holders ages 18 and older can drop in to order your favorites. Whether you like flatbread pizzas, gourmet salads or other favorite, we offer a variety of tastes! Also order up a cold brew or drink to go with your meal.

Warrior Zone is at 17th and D streets. Lewis North



U.S. ARMY INSTALLATION MANAGEMENT COMMAND









Arts & Crafts Contest

The 2022 U.S. Army Arts & Crafts Contest recognizes the artistic talent and creativity in two experience levels and nine categories.

Entry deadline: Aug. 15

Enter online at:

www.armymwr.com/artsandcrafts









Get creative Arts & Crafts Center

Here's an easy way to get custom-made gifts, awards and memorabilia — check out what the Arts & Crafts Center can do for you.

Need to get something engraved? Let our master engraver wow you with the results.

Looking to custom-frame family photos? We have endless options to fit any taste.

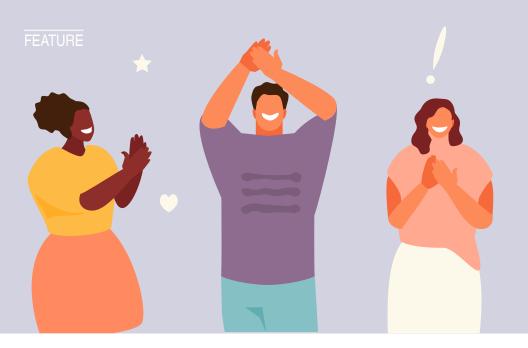
Want to show off your business or unit in style? Give us your business, unit or command logo or design and choose the garment, style and color and we'll do the rest.

When you work with the us, you get professional staff who are eager to work with you on any project you may have. Step up your game with the Arts & Crafts Center!

The Arts & Crafts Center is at 1121 Barnes Blvd. at McChord Field. Call 253-982-6719 for more information.

Take a look at our virtual catalog at JBLM.armymwr.com/
... programs/arts-crafts.





Congratulations,

e're proud to announce JBLM's volunteers who have been awarded for their generous services to our community and beyond. Their devotion and consistency in contributing to the well-being of others is truly admirable.

We're also proud of our own MWR volunteers — 2nd Lt. Kayla McCarthy and Ashley Waltrip — who are included in the following list of honorees. Congratulations!

JBLM Volunteers of Merit

Frances Berlin, 2-1 Infantry Battalion Chelse Brown, 8-1 Calvary Squadron Gina LeMasters, 4-160th Special Operations Aviation Regiment (A)

Vanessa Perez. Santa's Castle. Clover Park School District Veronica Smith, 7th Infantry Division Ashley Werner, 4th Airlift Squadron 2nd Lt. Kayla McCarthy, MWR, DPW Environmental, community nonprofits and farms Anita Vargo, Santa's Castle

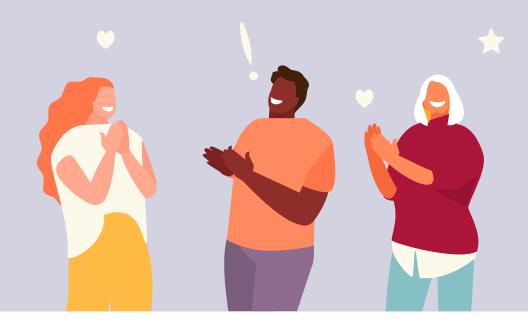
JBLM Community Volunteer of the Year

Ashley Waltrip, Steilacoom School District, Child & Youth Services

JBLM Retiree Volunteer of the Year Donald Alexander, Grace Gospel Chapel

JBLM Family of the Year

The Jones Family, Grace Gospel Chapel



IBLM volunteers

JBLM Active Duty Volunteer of the Year

Sgt. Jazmin Martinez-Vazquez, 1-229 Attack Battalion SFRG, Thurston County Food Bank, Emergency Food Network

JBLM Volunteer of the Year

Melissa Collins, Spouses' Club of Lewis-McChord, McChord Thrift Shop, USO, Santa's Castle, Greentrike Children's Museum

Expand your presence

If you're looking to expand your community presence through events and activities around JBLM, we're excited to offer partnership opportunities to SFRGs/Booster Clubs and Private Organizations. If you're interested in joining Team MWR, visit JBLM.armymwr. com/partner-with-us for your particular area of interest.

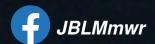
Use your talents & interests

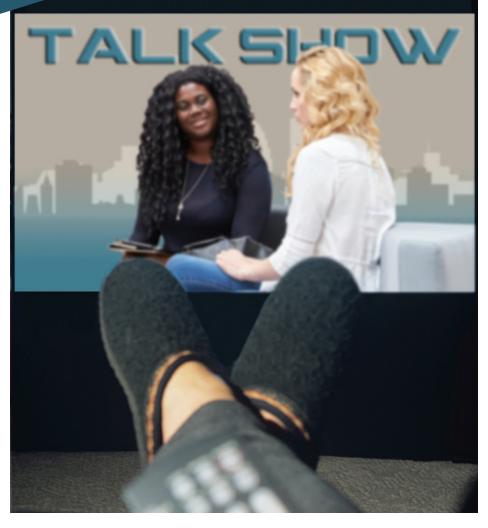
If you'd like to volunteer with JBLM MWR, we'd love to include you as part of our team.

We offer numerous positions with facilities, programs and events. Whatever your interest, such as fitness instruction, events volunteer, graphic design, summer reading program volunteer, writer and other positions, we can accommodate you.

Find registration information at *JBLM.army* mwr.com/partner-with-us under the volunteer section.

MWR Question of the Month





We asked our Facebook followers:

If you had your own talk show, who would be your first guest?

Here's what many of you said.

Summer: Viola Davis. I just think she's an amazing woman who is full of experience and knowledge.

Cindy: Audie Murphy. I'd love to know if he thinks of himself as a true hero like we believe he is. I'd love to know what he was thinking about or not during the war. And his outlook on life.

Jennifer: Ricky Gervais because he would be able to have a deep meaningful conversation while also keeping it light and fun.

Amanda: That would be hard. Between Kevin Hart and Melissa McCarthy. I just think that either of them would be amazing to meet and hang out with.

Davina: Tom Hiddleston.

Patty: Oprah Winfrey, because of her knowledge she has accumulated, having nothing and as a very poor woman of color to now a household name and a billionaire! The American dream!

Mandy: Dave Grohl.

Elin: Jane Goodall or Michelle Obama.

Jenelee: Melissa McCarthy.

Lilith: Johnny Depp. No reason in particular.

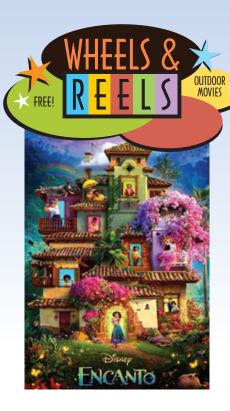
Chris: Maury.

JBLM Environmental Division conducts controlled ecological burns during the summer



To find out when and where burns occur, follow the Sustainable JBLM Facebook page.





FRIDAY, JULY 15 McCHORD CLUB

6:30PM: ENCANTO (PG)

Come out to watch an outdoor movie on the lawn. Bring your lawn chairs, blankets and snacks. Facility restrooms will be available for use.

> McCHORD CLUB is at 700 Barnes Blvd. McChord Field

JBLMmwr @ 🙃 🗹 🎔

Youth fun activity puzzles are on pages 46-47. Don't peek at these answers!



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NEW **PATIENTS** WELCOME TO **MADIGAN**

INFO ON DEERS ENROLLMENT, TRICARE COVERAGE, APPOINTMENTS, AND MUCH MORE.



Whether you and your family are just arriving to your new assignment here in the Pacific Northwest or are coming home to Madigan Army Medical Center from local civilian care, we are pleased you and your family are becoming our valued patients in one of our Patient Centered Medical Home primary care clinics.



















Enjoy activities & fun while readin

Join JBLM libraries' summer reading program!

oin McChord, Grandstaff and Book Patch Children's libraries for an amazing summer filled with reading, fun, prizes and a party. It's not too late to pick up your registration bags for the 2022 Summer Reading Program, "Read Beyond the Beaten Path."

Once you've registered at your library of choice, each time you complete 10 hours of reading (up to 30 hours), you'll receive a prize. Once you've read 30 hours, you'll be invited to a grand finale party that rewards those who complete the program Thursday, Aug. 18, 4-6 p.m. at the MWR Fest Tent.

You're invited to attend weekly events at your

library with entertainment for all ages.

McChord Library's summer of fun events are at 4 p.m. each Tuesday through Aug. 9, and Grandstaff and Book Patch Children's libraries fun and activities are held at 4 every Thursday through Aug. 11.

Expect big entertainment and fun with:

- Sound Down Seattle.
- Old McDebbie's Farm.
- · Reptile Isle.
- · And much more fun!

The grand finale party includes music, costumed guests, games, prizes and more! Come see us to start your summer reading fun!

Why summer reading is important

The benefits of summer reading are clear. National research finds that students who participate in library summer reading programs scored higher on reading achievement tests at the beginning of the next school year than those who did not participate. Even adults who join the summer reading program benefit by reading to their prereaders, showing tots how fun reading can be, plus reading books for their own pleasure.

McChord Library 851 Lincoln Blvd. McChord Field 253-982-3454

Grandstaff Library 2109 N. 10th St. Lewis Main 253-967-5889

Book Patch Children's Library 2109 N. 10th St. Lewis Main 253-967-5533

The 2022 Army MWR Library Summer Reading Program is presented by United Through Reading.



Fun activities

Enjoy teen club activities

All JBLM teens ages 13–18 are welcome at "After-Hours" Teen Club at JBLM libraries the first Friday of the month at 5 p.m.

Come build friendships, leadership skills and teamwork with participation in fun activities.

This month, come out July 1 to join the fun at Grandstaff Library!

Watch summer movie series

Enjoy JBLM libraries' outdoor family movie night this month!

McChord Library is showing "Sing 2" Wednesday, July 6 at 4:30 p.m. and Grandstaff and Book Patch Children's libraries are showing "Hotel Transylvania: Transformania" Friday, July 8 at 4:30 p.m. Popcorn and snacks are available for purchase. Bring your lawn chairs and blankets; seating starts at 4.In case of rain, movies will move indoors.

Adult book club

Take part in book discussion

Come join other adults at a book club that meet second Friday of the month at Grandstaff Library at 5 p.m. (July 8). Pick up the current July book selection, "The Feather Thief" by Kirk Wallace Johnson, and plan to join us!

Current and upcoming books are available at each meeting and at the circulation desk follow-



ing the meeting. A limited number of books are available to check out. We also can help set you up with e-book or audiobook versions.

Youth reading times

Join us for in-person storytime

McChord and Book Patch Children's libraries offer free weekly children's storytimes where reading is fun for the entire family.

Storytimes are held Wednesdays at 11 a.m. at McChord Library and 3:30 p.m. at Book Patch Children's Library. Afterward, each child is invited to make a craft to take home and enjoy.

Get library help

Book a Tech Expert

Are you puzzled by new devices, downloads and software? Get one-on-one help with your technology questions at JBLM libraries with Book a Tech Expert.

We're here to:

- · Assist you with digital resources, such as library's e-books or audiobooks.
- Help you get familiarized with your phone, laptop or tablet.
- · Help you better learn your software.

To get started, book a free session with a tech expert at any JBLM library by email (from JBLM.armymwr.com), by phone or in person.





leagues & camps

Youth sports stresses safety & inclusion

Our comprehensive youth sports program hosts recreational leagues that are inclusive of all ages of youth who want to learn the fundamentals and have fun.

Youth must be registered with JBLM's Child & Youth Services to participate in youth sports.

Parents may wish to check local alternatives for players with advanced sports skills and greater ambition.

We need your energy for youth sports!

Share your love of sports with JBLM youth as a volunteer sports coach. Youth Sports provides training and offers sports fee vouchers. A background check is required for all volunteers. Questions? Call 253-967-2405.

Enroll in soccer youth sports

Sign up for soccer (ages 5–18) and bumblebee soccer (ages 3–4) through Thursday, July 28. Practices start Monday, Aug. 29 for each.

Participate in summer sports camps

Keep your kids occupied with healthy options this summer!

Summer sports camps sign-ups are open in July and include archery, flag football and cheer, volleyball, The First Tee and more.

Sign up online at *JBLMcysRegistration.com*. For more information, call 253-967-2405.

Sign up for gymnastics & karate

Weekly gymnastics classes are available for ages 3–4, 4–5, 6 and older, plus intermediate and advanced students!

Also find karate classes for ages 4–18 in differing ages and skills.

Registration is ongoing for each of these classes; find available times online at *JBLM* cysRegistration.com.

Enroll in sports, camps and classes at *JBLMcysRegistration.com*. The Youth Sports office is located at 6398 Garcia Blvd., Lewis Main. Questions? Call 253-967-2405.



LEAGUE SPORTS	Enrollment	Ages	Cost	Practices	Season Ends
Soccer	Through July 28	5-15	\$65	Aug. 29	0ct. 15
Bumblebee Soccer	Through July 28	3-4	\$25	Aug. 29	0ct. 8
Archery	Through July 1	7–18	\$65	July 8	Aug. 26
Flag Football & Cheerleading	Aug. 22—Sept. 22	5–15	\$65	Oct. 10	Dec. 3

CAMPS/ACTIVITIES	Enrollment	Ages/Cost	Dates
Beginning Archery Camp	Through July 8	7–18; \$35	July 12–14
Flag Football Camp	July 1–29	5–15; \$35	Aug. 2–4
Cheer Camp	July 1–29	5–15; \$35	Aug. 2–4
Volleyball Camp	July 8—Aug. 5	9–18; \$35	Aug. 9–11
Backyard PE Games	July 8—Aug. 5	5–15; \$35	Aug. 9–11
The First Tee Summer 2 Eagles Pride Golf Course	July 1–20	7–18; \$40	July 26—Aug. 23
The First Tee Summer 2 Whispering Firs Golf Course	July 1–22	4–18; \$40	July 28—Aug. 25
Pitch, Hit & Run	On-site; bring birth certificate	7–14; FREE	July 29
British Soccer Camp	challengersports.com	3–16	Lewis: July 11–15 McChord Aug. 8–12
Gymnastics	JBLMcysRegistration.com	3–18; \$40	ongoing
Karate	JBLMcysRegistration.com	4–18; \$40	ongoing



New to JBLM? Join CYS!

Registration is easy

It's easy to register your family in Child & Youth Services to access before- and after-school programs, child care, youth sports, Hillside Youth Center and more.

Once you arrive at JBLM, you should register your children as soon as possible with CYS to take advantage of all the programs offered during the school year and beyond. Find a registration checklist at JBLM.armymwr.com under Parent Central Services. Call 253-966-2977 for an appointment.

If you need child care, you can place your family members on the waitlist at MilitaryChildCare.com even before you register at JBLM's Parent Central Services. You'll manage the waitlist by checking in once a month to reconfirm your request. You'll receive reminder and placement offer emails to help you see where you are from month to month.

If you only want to register for youth center programs or youth sports, you won't need to register at MilitaryChildCare.com.

Parent Central Services is located at 2295 S. 12th St. at Bitar Avenue, Lewis Main,

Parent Central Services is

at 2295 S. 12th St. (at Bitar Avenue), Lewis Main; call 253-966-2977 for an appointment.

Family Child Care is at

2275 Liggett Ave., Lewis Main; 253-967-3039.

Hillside Youth Center/Teen Zone is at 6397 Garcia Blvd... Lewis Main; 253-967-4441.

Youth Sports is at 6398 Garcia Blvd., Lewis Main; 253-967-2405.

Visit JBLM.armymwr.com for more information.



ENROLLING IN CHILD CARE AT JBLM... AS EASY AS

1

Register with MilitaryChildCare.com

Register from anywhere in the world at *MilitaryChildCare.com* to request care at a CYS center at

JBLM and get placed on the waitlist.

- Once registered, the site provides an anticipated placement time based on family priority, spaces available for specific age groups and requested location. This is only an estimate — placement times can fluctuate both down and up.
- Parents are responsible to manage the waitlist and are required to reconfirm request every 30 days.

- MilitaryChildCare.com generates all notifications
 — placement offers and reminders via email.
- Once offer is extended by the site via email, parent must contact Parent Central Services by phone or in person within two business days to make an appointment to complete enrollment requirements.
- It's important to remember that MilitaryChildCare. com is a waiting list management data system that allows you to manage your own wait list. It does not enroll you at JBLM CYS. You'll need to go to Parent Central to register (step 2).

2

Register your children with JBLM CYS at Parent Central Services.

As soon as possible, families should register their children at Parent Central Services. Patrons will need the following documents in order to

complete the registration process to use care:

- · DOD ID card.
- · Contact information for home and work.
- · Two local emergency contacts.
- Official shot record from your physician or medical facility.
- Full month of most recent LES or pay stubs or proof of full-time student.

Go to JBLMcysRegistration.com and click on

the "Start New Registration" button to expedite registration.

- All paperwork must be completed prior to the child's enrollment.
- Registration appointments are recommended by not required.
- Public computers are available at Parent Central Services and staff is available to assist with MilitaryChildCare.com registration and WebTrac preregistration.
- If you're enrolled at Parent Central prior to being offered a child care space, you can start care right away once you're offered a space from MilitaryChildCare.com.*

3

If you only want to register for youth programs or sports, start here.

Do **not** register at *MilitaryChildCare.* com if you only want youth programs or sports.

Families should register after arriv-

ing at JBLM with the following documents:

- · DOD ID card.
- · Contact information for home and work.
- · Two local emergency contacts.
- Official shot record from your physician or medical facility.

Once registered with JBLM Child & Youth Services, families may sign up for sports online using WebTrac at JBLMcysRegistration.com.

*Prior to starting care, you must attend CYS orientation at your child/school age care program. This will be explained more during your Parent Central appointment.













Summer meals available at JBLM for eligible families

child & Youth Services announces the sponsorship of the Summer Food Service Program for children. Meals are made available at no charge to attending children ages 18 and younger who are enrolled in schoolage, middle school or teen summer programs.

Children who are members of Washington Basic Food households, Temporary Assistance for Needy Families assistance units or households receiving Food Distribution Programs on Indian Reservations benefits are automatically eligible to receive free meal benefits at eligible program sites (enrolled summer programs or residential summer camps).

Other children from families whose income is at or below the levels in the following table are also eligible for free meal benefits if enrolled in a program offered at our sites:

Household Size	Annual	Monthly	Twice/Month	Every Two Weeks	Weekly
1	\$16,744	\$1,396	\$698	\$644	\$322
2	22,646	1,888	944	871	436
3	28,548	2,397	1,190	1,098	549
4	34,450	2,871	1,436	1,325	663
5	40,352	3,363	1,682	1,552	776
6	46,254	3,855	1,928	1,779	890
7	52,156	4,347	2,174	2,006	1,003
8	58,058	4,839	2,420	2,233	1,117
Each additional household member add:	+5,902	+492	+246	+227	+114



Your rights under civil rights laws

In accordance with federal civil rights law and U.S. Department of Agriculture civil rights regulations and policies, the USDA, its agencies, offices and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the agency where they applied for benefits.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at http://www.ascr.usda.gov/complaint_filing cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form.

To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA in one of the following ways:

- · By mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue SW, Washington, D.C. 20250-9410.
- By FAX: 202-690-7442.
- By email: program.intake@usda.gov.

Where meals are being served

This institution is an equal opportunity provider. Meals are served at the following locations:

Site Name and Address	Inclusive Dates	Meals/Times	Contact Phone Number
Cascade School Age Center, 2402 Bitar Ave.	June 16-Aug. 30	Lunch: 11:30 a.m.–1 p.m. Snack: 2:30–3:30 p.m.	253-966-8977
Lewis North School Age Center, 8584 American Lake Ave.	June 16–Aug. 30	Lunch: 11:30 a.m.–1 p.m. Snack: 2:30–3:30 p.m.	253-966-7174
McChord School Age Center, 3032 Dogwood St.	June 16–Aug. 30	Lunch: 11:30 a.m.–12:30 p.m. Snack: 2:30–3:30 p.m.	253-982-2203
Hillside Middle School/ Teen Center, 6397 Garcia Ave.	June 16-Aug. 30	Supper: 4–5 p.m.	253-967-3188

YOUR IN-NETWORK PROVIDER



ASSOCIATES

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BECOME A FAMILY CHILD CARE PROVIDER!

Earn up to \$2,000 a month

Free training, resources & support from Child & Youth Services! \$1,000 bonus for new providers.*

Orientation: Tuesday, July 5, 6–8 p.m. Call 253-967-3039 for appointments. 2275 Liggett Ave., Lewis Main

Due to the importance of the meeting, children are not allowed.

*Conditions apply. Call 253-967-3039 for details.

Youth fun activity pages

Find 8 hidden objects in the picture



Summer Beach Word Search







Fish Jellyfish Sand **Sunglasses**

Fin Ball **Bikini Snorkel**

Life Buoy Seaweed **Sunblock Wave**

MWR Staff Pick





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