

Gold Star Youth Mentorship Program

Mentor Information – Spring 2021



Join *wear blue: run to remember* in mentoring a child who has lost a parent in military service.

Pending the guidance of local health authorities, youth and mentors will meet Saturday mornings to train for a 5K. Youth and mentors will set and work toward S.M.A.R.T. goals, learn about a life of service, and develop healthy coping mechanisms.

Dates: Saturday, April 10, through Saturday, June 19, 2021

Locations: Fort Bragg, NC / Joint Base Lewis-McChord, WA / Joint Base San Antonio, TX / Quantico, VA / Spokane, WA

Times: Approximately 8-11 am (times vary based on location)

What do weekly sessions look like?

- Youth and mentors meet with a *wear blue* leader at a designated local park.
- Youth and mentor discuss goals, training tips, and play games.
- Youth and mentor will participate in a training run. Participants do not have to be athletes.
- Throughout the program, youth will be provided opportunities to build their connection to a life of service through unique military field trips and their connection with their mentors

Mentor Requirements

- Mentors should be currently serving members of our armed forces or recently separated veterans (within 3 years).
- Safety is our priority. Mentors are required to complete a federal background check. We will provide a link for the screening following your registration.
- A match coordinator will conduct an interview and lead a mentor training before you meet your match.
- Matches are formed based on common interests, led by the youth's priorities, to include his/her hobbies and military interests.
- Mentor's role is to empower the child through active coping mechanisms, positive encouragement, and healthy connections to a life of service.

Each mentor will receive training, *wear blue* apparel, and memories to last a lifetime.

Due to the generous support of Amazon Military and the USAA Foundation, the Gold Star Youth Mentorship Program is at no cost to participants.

How To Register

To register, go to: www.wearblueruntoremember.org/gold-star-youth-mentorship

Applications will be accepted through **March 15, 2021**.

What To Expect Following Registration

After registration, a Gold Star Youth Mentorship Program Match Coordinator will contact you by phone and/or email to schedule an interview with the Parent/Guardian and Youth. The interview process will be used to create the best possible matches.

Previous participants should complete the registration form to confirm their commitment to the Spring Program.

