

FOCUS

OCTOBER 2022



**Prepare
for thrills
& chills!**

Pages 16-21, 36-38



PLUS:

**Enjoy a new season of
outdoor trips & treks**

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holiday parties early**

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**FREE TEETH
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FOCUS



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Don't wait — now's the time to book your holiday party at one of our JBLM catering locations before reservations are filled for the upcoming season. MWR Central will take care of all your needs for military and civilian guests.



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JOIN
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JBLMmwr



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- Shopping privileges at the Exchange.
- Gym and pool access.
- Full access to leisure activities (bowling, golf, skate parks, beachside picnic areas, on-base dining, special events and festivals).
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- Affordable recreational rentals.
- Access to MWR ranges, marina, cabin rentals, travel camps and more.
- Use of self-help auto center, arts & crafts center, library programs and more.



WorkAtJBLM.com



What does MWR do for you?

Meet MWR employees who serve with you in mind

Meet Sky, a child administrator for Child & Youth Services. With a degree in education, Sky has developed her CYS career over the past 10 years in meeting the needs of military families who require child care.

Sky says, “The favorite part of my job are the kids and families and the fact that no two days are the same — there’s always something new and exciting. Some days I might help families get into child care, other days I might be observing classrooms and environments. Some days I might be doing inspections, other days I’m meeting with teachers and care givers and seeing how things are going in their day. It’s a lot of variety and it’s fun to learn where everyone has been throughout the world and the different experiences they bring.

“The biggest challenge for us in CYS is staffing and resources — it’s one of those career fields where you cannot operate without people. The challenge is keeping enough people on board and making it an enjoyable work culture and experience for everyone. It always has been challenging to keep staff on

board, but it has been especially difficult with the impact of COVID.

“We almost came to a standstill a couple of years ago during the COVID shutdown and restrictions, and it has been hard to restart the program without the momentum we had before. Trying to build back the momentum has been slow going. It has been hard when I see the new families coming in when there might not be child care immediately available. We take child care needs for granted, especially Service member families who expect that when they PCS to a new home, they can have child care. Child care in general has become almost a national crisis.

“On the bright side, opportunities are almost unlimited for those who are interested in the child care field and want to start a career. We always have open child care positions and opportunities where you can grow and continue your training, development and education. Just in the 10 years I’ve been with CYS, I’ve been able to professionally grow and develop and move into roles I couldn’t have imagined

before. Since I started with MWR, becoming an Army civilian employee has opened up a lot of those opportunities. I've realized there are a lot of different career potential areas anywhere spouses go in the Army.

"If you want to get your early childhood education child care credential, which is a nationally recognized credential that can transfer to any civilian position wherever you go, we will pay for that program as part of your work as a staff member. CYS offers a lot of opportunities for training and growth.

"Our Army child care program is unique from civilian programs in that it offers families a lot of diversity and different experiences. Children aren't just growing up in one daycare from birth to preschool, but instead getting exposure to many different cultural aspects with other children. It's cool for kids to get to experience that!

"Since the years with COVID restrictions, we've adapted by going back to the basics, focusing on the here and now, what's right in front of us, because for so long, everything was changing. Every week, guidelines and expectations changed.

"We used to be very planned out, thinking ahead to what's coming next, our normal trainings and routines, but COVID forced us into the mode of we don't know what's going to happen next week, so we really have to live in this moment. It was like, OK, this week, we're operating with masks and restrictions, and next week it could change.

"How everyone could pivot from week to week really said a lot about the resiliency of both staff and families who stayed through the last two years. Our staff had gone from knowing the expectations that come with their job to having everything change and still maintain a smile and positive outlook and still provide



Courtesy photo

that same support and care. Families have been able to just go with the flow and have that sense of belonging and believing that this is still a safe place for their child. To be able to go through all that, remain flexible and have a smile says a lot about the resiliency of our community and our staff.

"The biggest thing I've learned through all of this is that things work themselves out. Sometimes, I've had to take a deep breath and let things come as they are and let them work themselves out. I could spent a lot of time worrying, thinking and planning about what could possibly happen, what could be the next step — and then things change! So I just stay in the moment and know that by tomorrow, today's problems may not seem so big.

"My takeaway from what I've learned is to go with that flow of life like these children do — they appear to be much more resilient than we are. They show up every day and, even if yesterday might have been a rough day, today's a new day and they're here ready to roll, saying 'What are we going to do today, teacher?'"





Enjoy the outdoors on seasonal trips

Outdoor Recreation offers new fall adventures

For fun outdoor adventures, you can't beat JBLM's Outdoor Recreation program! Join us for a variety of upcoming activities. Find registration information at JBLM.armymwr.com. Here's what we're planning for you.

Travel to Leavenworth's Oktoberfest

"Prost!" to Oktoberfest in the Cascades Saturdays, Oct. 1, 8 and 15. This year is the next best thing to being in Munich! Enjoy traditional Bavarian beer, food, music and fun at Leavenworth's Oktoberfest that's being held in Wenatchee this year. That means two venues for twice the fun!

Please note that the trip isn't recommended for young children due to the long ride and 12-hour day (11 a.m.– 11 p.m.).

The cost is \$65 for round-trip transportation and parking fees. You'll also pay for tickets at the gate (\$25) or at leavenworthoktoberfest.com. Active duty military personnel get in *free* with your ID.

Bring weather-appropriate clothing, money for admission and the marketplace, valid ID and a watch or phone clock. Ages 21 and older are reminded to please drink responsibly.

Tour Friday Harbor

This Sunday, Oct. 2 trip is perfect for families! Hop on a ferry and be transported to San Juan Island, a charming, historic and walkable

seaport in the northern archipelago islands in our state. Friday Harbor, a town with rich history, is small enough to easily walk through. See Salish native carvings, historic houses and storefronts, a museum and waterfront park. You might even catch an orca sighting from the seaport!

The cost is \$80 for round-trip transportation, ferry ticket and parking fees. Wear weather-appropriate clothing and comfortable walking shoes, and bring money for shopping and bike rentals.

Capture sublime fall photography

If you want to chase amazing fall colors, check out Leavenworth and Tumwater Canyon, and take a stroll next to the sparkling Wentachee River — several of the most stunning fall foliage locales on the West Coast. You'll get instruction on capturing the sights perfectly on this Sunday, Oct. 2 all-day trip to the Cascades.

Youth ages 14 and older with parent or guardian supervision are welcome to sign up. The \$75 cost includes round-trip transportation and professional instruction.

Bring your camera gear, appropriate clothing for the outdoors, snacks and water. You might also bring rain gear just in case, both for yourself and your camera.

Continued on next page.

Explore Washington's crags

Join ODR on a tour of Washington's most popular rock-climbing destinations throughout the fall. You'll start close to home on the Saturday, Oct. 8 trip at Exit 38 overlooking the Snoqualmie Valley.

If you're a beginner, intermediate or even an expert rock climber, get more experience climbing on a wide variety of rock types. Youth ages 14 and older with parent or guardian supervision are welcome to sign up.

The \$40 cost includes transportation and rock-climbing equipment. Wear hiking shoes and clothing in layers, and bring food for a full day. If you own rock-climbing gear, you can bring it along.

Hike the famous Ape Cave

Head to Mount St. Helens with us to explore the Ape Cave Sunday, Oct. 9. Travel deep into the underside of a 2,000-year-old lava flow to scramble under and climb over volcanic formations in this over two-mile-long tube. In this subterranean environment, the average year-round temperature is 42 degrees.

Youth ages 18 and younger with parent or guardian supervision are welcome to sign up. You must be comfortable in tight spaces and be able to easily climb over or under obstacles.

The \$65 cost includes transportation, park fee, trip leader and headlamps. Pack a lunch and snacks, water and flashlight (two sources of light are required; cellphones excluded). Wear warm clothing and sturdy shoes.

Kayak Nisqually River

Kayak Nisqually River Sunday, Oct. 16! The river flows from its headwaters on the flanks of Mount Rainier through a forested canyon corridor adjacent to JBLM.

First-time and experienced kayakers alike will enjoy the progression of rapids from class I through III on this 9-mile paddle. The \$55 cost includes gear, instruction and transporta-

tion. Minimum age is 16 with parent/guardian supervision.

Pack water and snacks for the day, and a towel and dry clothes for after your paddle.

Tour Oregon waterfalls

Come with us on a tour of the highest concentration of waterfalls in the continental U.S. Saturday, Oct. 22. We'll drive along the Historic Columbia River Highway, which has an abundance of small waterfalls visible from the road. We'll stop and walk to five major waterfalls, including the famous Multnomah Falls, which plunges 620 feet from its origins.

All ages are invited to join us; minors must have parent or guardian supervision. The cost is \$55 for ages 13 and older, \$40 for ages 6–12 and \$20 for ages 5 and younger. The cost includes transportation, tolls and parking fees. Pack lunch, water, weather-appropriate clothing, comfortable walking shoes and a rain jacket.

Visit a pumpkin patch

Perfect for a family outing, join us Saturday, Oct. 22 for Swans Trail Farms' fall festival! Located in Snohomish Valley, the festival includes a pumpkin patch, corn mazes and a tractor pull. While we provide round-trip transportation for \$18, you'll be required to purchase your fall festival tickets prior to the trip at swanstrailfarms.com.

Wear weather-appropriate clothing, and bring your admission tickets and money for pumpkins and activities.

Take fall photographs at Mount Rainier

If you like to hike and take amazing mountain photos, join us on a trip to Paradise at Mount Rainier Sunday, Oct. 23. We'll follow the Golden Gate loop trail that showcases a waterfall, expanse of fall colors, historic monument to one of the mountain's first climbers and incredible views of the mountain itself!

Continued on page 12.



After the hike, we'll stop at the Paradise Visitor Center and newly renovated Paradise Inn for refreshments.

Ages 12 and older are welcome to sign up; minors must have parent or guardian supervision. All hikers must be comfortable with the roughly 1,200-foot vertical gain and extended hiking time.

The \$55 cost includes round-trip transportation, park fees and experienced guide. Wear layers of weather-appropriate clothing and comfortable hiking shoes, and pack food, water, money and ID.

Mountain bike Swan Creek Park

Sign up for a trip to Swan Creek Park to learn or improve your mountain biking skills Sundays, Oct. 23 or 30. The skills park and single-track trails of Swan Creek create a phenomenal venue both to explore mountain biking for the first time or hone your advanced maneuvering. Join us for a day on the trails for skills instruction and a great time exploring the forest.

Youth ages 14 and older with parent or guardian supervision are welcome to sign up. The ability to ride a bike is required.

The cost is \$45, which includes transportation, equipment and instruction. Pack food and water, and wear active clothing. You can bring your own mountain bike if you prefer.

Bike through Nisqually Tunnel

Join us on a day out bike riding on an abandoned railroad route in the Cascades Saturday, Oct. 29. We supply the bike and helmet for you to enjoy riding mostly downhill along a 20-mile portion of the Palouse to Cascades State Park Trail. The highlight of the scenic ride is the 2-mile Snoqualmie Tunnel, an adventure in itself!

The \$55 cost includes round-trip transportation, parking fees, guide, bike, helmet and headlamp.

Ages 10 and older are invited to join us;

minors must have parent or guardian supervision. Pack water and lunch and bring a personal bike helmet, headlamp/bike light if you have one; otherwise, we'll provide them.

Hike to Cape Flattery

Cape Flattery is a nature sanctuary on the northwestern-most point in the continental United States, where the Strait of Juan de Fuca meets the Pacific Ocean. In this setting, you'll see dramatic headlands, sea stacks and deep, narrow coves where seabirds, whales and sea lions congregate. On the return trip, we'll stop at Ruby Beach with views of Destruction Island.

Join us Saturday, Oct. 29 for the drive out with a stop at the Longhouse Market in Blyne for breakfast and coffee!

All ages are invited to join us; minors must have parent or guardian supervision. Be prepared for rain and windy conditions and wear sturdy hiking shoes. Pack lunch, water and snacks for the day.

The \$80 cost includes round-trip transportation, experienced guide and parking fees. We'll be leaving early at 6:30 a.m. and arriving back around 7 p.m., so please make sure your family members are up for this very long day.

Learn outdoor photography

Every good photo begins with the right exposure. As adept as automatic mode on cameras are, they aren't perfect and cannot make an artistic setting.

Elevate your picture-taking from good to great as you begin to understand the most important elements of proper exposure in a half-day beginner's class Sunday, Oct. 30.

Class members younger than age 18 must have parent or guardian supervision. The \$45 cost includes instruction and practice outdoors.

Bring your digital single-lens reflex camera, any extra lenses, memory card, extra batteries and appropriate outdoor clothing.



What's coming up		Cost	Headcount
Saturday, Nov. 5	Oregon waterfall tour	\$55	Max. 13
Sunday, Nov. 6	Lopez Island bike ride	\$80	Max. 12
Saturday, Nov. 12	Women's wine tour	\$50	Max. 13
Sunday, Nov. 13	Coastal artillery tour	\$65	Max. 12
Sunday, Nov. 13	Swan Creek mountain biking	\$45	Max. 14
Saturday, Nov. 19	Brewery tour	\$30	Max. 10
Saturday, Nov. 19	Photography 101 class	\$45	Max. 10
Sunday, Nov. 20	Geocaching	\$10	Max. 12
Sunday, Nov. 20	Rain forest photography	\$75	Max. 12
Nov. 25–27	Family campout	\$150	Max. 7
Saturday, Dec. 3	Mount Hood Christmas train	\$75	Max. 12
Sunday, Dec. 4	Leavenworth Lights	\$55	Max. 12
Saturday, Dec. 10	Mount Rainier showshoeing	\$50	Max. 10
Saturday, Dec. 10	Photography 101 class	\$45	Max. 10
Sunday, Dec. 11	Composition 101 class	\$45	Max. 10
Sunday, Dec. 11	Leavenworth Lights	\$55	Max. 12
Saturday, Dec. 17	Mount Rainier showshoeing	\$65	Max. 12
Saturday, Dec. 17	Leavenworth Lights	\$55	Max. 12
Sunday, Dec. 18	Leavenworth Lights	\$55	Max. 12

Select trips are eligible for the Air Force's R4R program including the Oct. 9 Ape Cave hike, Washington crags rock climbing, kayaking, Mount Rainier fall foliage trip, Snoqualmie Tunnel biking, Oct. 30 and Nov. 13 Swan Creek biking and Mount Rainier snowshoeing. The cost is \$5 per eligible person, which includes family members of the deployed Airmen and one guest of choice. For eligibility, call 253-967-7744.



Note: These trips and classes may be filled or canceled after the publication date. To check on availability, call 253-967-7744.



Stay fast & fit with SFA

Join team sports

Compete in active-duty swim meet

Active duty Service members can enter the Fields of Friendly Strife Commander's Cup Swim Meet Nov. 3–4, 6:30–9 a.m.

Attend an informational meeting Wednesday, Oct. 19 at Soldiers Field House Pool at noon or McChord Fitness Center, 1:30 p.m.

Registration deadline is Wednesday, Oct. 26. The cost is free; call the Intramural Sports Office at 253-967-6420 or email usarmy.jblm.imcom.list.dfmwr-sports@army.mil to register.

Races for everyone

Enter Costume Dash 5K/1K

Run for fun in your Halloween getup! Enter the Costume Dash that takes place Saturday, Oct. 15. Entry details are on page 17 along with our other Halloween-themed events.

Sign up for wear blue Veterans Day Run

Honor veterans with the wear blue Veterans Day 11-mile/11K/1.1K Run Saturday, Nov. 12 at Wilson Fitness Center. For registration details, visit JBLM.armymwr.com/programs/races.

Try out a fitness class

Choose from variety of fitness options

We're offering a variety of free fitness classes to capture your interest and challenge you! Join a class in cardio kickboxing, indoor cycling, Zumba, yoga or MixxedFit!

Also join iStroll parent-and-child fitness class (participants pay a fee) and free water aerobics in the pool.

Find the schedule of classes at JBLM.armymwr.com under Sports & Fitness.





For a complete list of Fields of Friendly Strife events, visit JBLM.armymwr.com/programs/fofs.



October events will thrill & chill

We celebrate October in a big way at JBLM!

Enter Costume Dash 5K/1K

Run for fun in your Halloween getup! Enter the Costume Dash that takes place Saturday, Oct. 15 starting from McChord Pub. The 1K starts at 10 a.m.; the 5K starts at 10:15.

The 1K costs \$12 for DOD ID card holders and \$10 for ranks E1–E4. The 5K costs \$30 for DOD ID card holders and \$25 for ranks E1–E4.

Packet pickup is at McChord Pub Friday, Oct. 14, 11 a.m.–6 p.m. The pub is located at 700 Barnes Blvd., McChord Field.

Sign up on WebTrac or at Soldiers Field House (3236 2nd Division St., Lewis Main).

Enjoy youth & family Harvest Fest

This year's free Harvest Fest will be an exciting extravaganza for all JBLM families!

Come on out for door prizes, goody bags, carnival games, hair wraps, spook-tacular crafts, face painting, temporary tattoos, bounce house, photo backdrop, candy apple fun, cookie decorating, refreshments and more!

Families are invited to the fun Saturday, Oct. 15, 11 a.m.–3 p.m. in the gym at Hillside Youth Center. Hillside is at 6397 Garcia Blvd. at Lewis Main.

Drive the Haunted Crooked Road

Join us for a scary good time at MWR's Haunted Crooked Road Oct. 21–22 at the Shotgun Shooting Complex at Lewis Main. Be prepared to have frightful, delightful fun as you cruise through scary scenarios just outside the

safety of your vehicle.

Friday, Oct. 21 (7–10 p.m.) and Saturday, Oct. 22 (6:30–10 p.m.) are the scariest versions and cost \$15 per vehicle.

Saturday, Oct. 22, 1–4 p.m. is a not-as-scary version suited for families with younger children. The cost is \$10 per vehicle.

Register and pay for your drive-through at *active.com*. You also can pay on-site while you wait in line. Credit cards are accepted at the entrance.

Visit *JBLMmwr.com* for a map and directions to the event near the Scouts Out Gate.

Try to win at Halloween Trivia Night

Join others at JBLM Warrior Zone for a special Halloween Trivia Night Wednesday, Oct. 26 starting at 7 p.m. — it's free to play!

Trivia questions will be displayed throughout the facility and players use your personal devices to answer.

The winner of each round receives a \$25 gift card. Second- and third-place winners receive a food voucher worth \$10 in the café.

Open to DOD ID card holders ages 18 and older, Warrior Zone is on the corner of N. 17th and D streets at Lewis North.

Drive & park at free outdoor movies

Join us Saturday, Oct. 29 at American Lake Conference Center for our fun and scary double feature! Watch "Coco" (PG) at 6:30 p.m. and "The Lost Boys" (R) at 8:30. ALCC is located at 8085 NCO Beach Rd., Lewis North.

See JBLM libraries' Halloween events on page 36!

Keep your kiddos happy & safe

Tips for Halloween costumes, treats & décor

By Patti Jeffrey

Before sending your youngsters to a Halloween party or trick-or-treating, before setting out those candle-lit pumpkins, and before buying up huge bags of candy, take some time to plan what you're doing to keep everyone safe and sane.

Food allergies

When it comes to parties and trick-or-treating, October is filled with sugar, baked goods, caramel apples, popcorn balls and more. For kiddos with food allergies and digestive problems, it's fraught with hazards.

Help others navigate these hazards more safely by becoming an allergy-free house for parties and trick-or-treating.

Instead of buying big bags of candy, shop at dollar stores and discount marts for party favors instead. It really isn't any more expensive than buying sweets, and you have a lot of options from which to choose. Some examples are glow sticks, spider rings, themed pencils, temporary tattoos, pencil erasers, mini maze games, spin tops and bracelets.

On Halloween, place a teal-color pumpkin cut-out in your window or on your door to indicate that you're participating in the Teal Pumpkin Project (teal is the allergy awareness

ribbon color to show support for those with food allergies). You can find and print out the logo online by using the search words "Teal Pumpkin Project," or you can paint or draw your own teal pumpkin to show your support!

Costumes & trick-or-treating safety

Whether you're going to a neighborhood trick-or-treat party, fall harvest party or simply inviting neighbors over, make your time with your kiddos safer with these tips:

- Keep your children's costumes brightly colored or reflective and short enough so they don't trip if they're walking in the dark. Dress them in well-fitted shoes for walking — not loose, flimsy or heeled shoes.
- Decorate their face masks to match make-up or face paint. Accessories, such as hats or scarves, should be secured in place so they don't slip over their eyes or face.
- Bring flashlights or glow sticks to illuminate your path after dark.
- Have your older children who go out with friends agree on a certain route and return time.
- Remain on well-lit streets and go to homes with porch lights on in designated neighborhoods. Don't enter any homes or cars for a treat.

Continued on page 21.







- Stay in sight at all times — never cut across yards, alleys, driveways or between cars.
- Parents, check your children's candies and treats before they eat anything, and ration candy to prevent sugar overload.

Neighborhood homes open for small parties or trick-or-treating should:

- Keep your porches and walkways safe by removing anything children can trip over or slip on, including wet leaves.
- Restrain your pets from jumping on children.
- Place the sign that housing gives out in your front window or on your door that you're participating in trick-or-treating. If you're a food-allergy-sensitive house, place the teal pumpkin cut-out in your window or on your door to indicate that you're giving out non-food treats.

Put fire safety first

People love to use candles at Halloween to light up jack-o'-lanterns, table and house decor and for atmospheric effects. JBLM's Fire & Emergency Services advises that you forgo lighting the candles and use battery-operated candles instead. Also keep children and their costumes away from anyone else's candles on porches or at parties.

Keep dried flowers, cornstalks and crepe paper away from all heat sources, such as light bulbs, heaters and fireplaces.

All of the homes in Lewis-McChord Communities are equipped with smoke detectors. Test your detectors regularly and change batteries when needed. If you're ever concerned or would like to have your smoke or carbon monoxide detectors checked, call in a work order to your neighborhood area housing manager.

Oct. 9–15 is Fire Prevention Week. For tips on preventing the most common fires started accidentally at home, visit [NFPA.org](https://www.nfpa.org) under their Fire Prevention Week dropdown. Also download interactive fire-safety learning games and activities for kids!



Find fun times around JBLM

Discover more of MWR's events & leisure activities

Bowling is for everyone

Rent a party space for active fun

Did you know that you can host birthday parties and more at Bowl Arena Lanes? Rent out the "Spare Room" for up to three hours with packages that include pizzas and soda pitchers, bowling and shoe rentals. Choose from packages for 10, 15 and 20 attendees.

Questions? Call 253-967-4661 or visit the front counter.

Get in on Pizza & Bowling Sundays

Bring your group to Bowl Arena Lanes Sundays, noon–4 p.m. and receive a large one-topping pizza for \$3 off the regular price (limit two pizzas).

Show your bowling receipt to the Strike Zone Café staff to receive your discount. Pizza redemption must be made on the same Sunday you bowl.

Bowl Arena is at 2272 Liggett Ave., Lewis Main. Questions? Call 253-967-4661.

Bowl with Veterans Classic pros

Get a couple of opportunities over Veterans Day weekend to bowl with the pros at the 2022 PBA Veterans Classic at Bowl Arena Lanes.

Open to patrons and guests with base

access, the cost is \$50 and includes three games of bowling and shoe rental Nov. 11–12.

Spectators also will enjoy watching some of the top bowlers on tour at the pro bowling tournament and championship rounds Nov. 12–13.

Bowl Arena Lanes is at 2272 Liggett Ave. at Lewis Main. Call 253-967-4661 or see the event schedule at JBLM.armymwr.com.

October Warrior Zone fun

Enter NFL Pick 'Ems for prizes

Come out to Warrior Zone to fill out your weekly football picks for the NFL Pick 'Ems contest lasting all NFL season.

At the end of the season, first place wins a \$250 Exchange gift card, second place wins a \$100 Exchange gift card and third place wins a \$50 Exchange gift card.

Participants also can enter a drawing once weekly to get a chance to win an NFL jersey of your choice at the end of the season.

NFL Pick 'Ems are open to DOD ID card holders ages 18 and older. Warrior Zone is on the corner of N. 17th and D streets at Lewis North.

Questions? Call 253-477-5756.

Continued on next page.

Cue up for quarterly pool tourney

Compete for big prizes in our quarterly pool tournaments at Warrior Zone!

The next tourney is a nine-ball format Saturday, Oct. 8 starting at 3 p.m. Come early to sign up on the day of the event.

The first-place winner receives a \$250 Exchange gift card, second place is awarded a \$100 Exchange gift card and third place receives a \$50 Exchange gift card. Pool-related door prizes will be given away throughout the event.

Tournaments are open to DOD ID card holders ages 18 and older.

Vie for prizes in Rocket League tourney

Warrior Zone invited teams of two to compete in the 2v2 Rocket League Tournament Saturday, Oct. 15 starting at 3 p.m.

First-place team each wins a \$100 Exchange gift card, second place wins \$50 gift cards and third place wins \$25 gift cards.

Tournaments are open to DOD ID card holders ages 18 and older.

Enjoy UFC 280 & lunch

Drop in to Warrior Zone to view live UFC 280 fights featuring Oliveira vs. Makhachev Saturday, Oct. 22 at 11 a.m. Purchase your lunch from Warrior Zone Café while you're here!

Events are open to DOD ID card holders ages 18 and older.

Compete in Mortal Kombat 11 tourney

Drop by Warrior Zone Saturday, Oct. 29 to enter the Mortal Kombat 11 Tournament that starts at 3 p.m. and compete for one of the top three player prizes — a \$150, \$50 or \$25 Exchange gift card. Events are open to DOD

ID card holders ages 18 and older.

Join more fun times at Warrior Zone

Want a place to hang out Wednesdays–Sundays? Warrior Zone offers games, competitions and recreation for adults:

- Watch sports on our big screens and overhead TVs. Grab a strategic spot after you grab a burger and brew to watch your favorite team.
- Join us for Wednesday Trivia every week starting at 7 p.m. — it's free to play! Trivia questions will be displayed throughout the facility and players use your personal devices to answer. Play for bragging rights and café food vouchers.
- Compete for prizes in our pool tournaments Thursdays at 7 p.m.
- Get in on Fighting Games Night Fridays starting at 7. Compete and show off your slick skills on our gaming stations!
- Saturdays, come out for Anime Night at 7.
- Join us for PlayStation VR all day Sundays. Events are open to DOD ID card holders ages 18 and older. Warrior Zone is on the corner of N. 17th and D streets at Lewis North.

Eat happy at Warrior Zone Café

Warrior Zone Café has something on our menu for nearly everyone's appetites. From hearty burgers and loaded sandwiches to light wraps, we're keeping it tasty!

DOD ID card holders ages 18 and older can drop in to order your favorites. Whether you like flatbread pizzas, gourmet salads or other favorite, we offer a variety of tastes! Also order up a cold brew or drink to go with your meal.

Warrior Zone Café is at 17th and D streets, Lewis North.

Note: MWR-related activities may be canceled or rescheduled after the publication date.

To check on updates, visit JBLM.armymwr.com.



JBLM Public Affairs

Reserve your holiday party early

We can help you plan large unit celebrations to small office parties with MWR Central

Don't wait — now's the time to book your holiday party at one of our JBLM catering locations before reservations are filled for the upcoming season.

MWR Central will take care of all your needs for military and civilian guests. All the facilities available at JBLM can be reserved by calling MWR Central at 253-966-7466. MWR offers a wide range of indoor spaces for your event needs.

The following places are perfect for small- to mid-sized groups:

Cascade conference space at Lewis Main. Cascade conference space, conveniently located at Lewis Main, can open up to a large outdoor patio. Floor-to-ceiling windows on the back wall offer plenty of natural light and create a great environment for your event.

Russell Landing Bistro at Lewis North. Russell Landing Bistro is located along the shores of American Lake at Lewis North. With serene views and a large outdoor patio, the bistro is a favorite of many for smaller events.

Eagle's Pride conference space. Located at Eagle's Pride Golf Course, the event space is separate from the clubhouse and is situated just off of the finishing hole. The space also features a covered outdoor patio and fireplaces that overlook the 18th green.

Holiday Park Pavilion at McChord Field. The enclosed pavilion features a double hexagon with high ceilings of natural wood and two fireplaces. A kitchen with service windows into each area and an outdoor barbecue grill also can be utilized.

Nelson Recreation Center ballroom at Lewis Main. The ballroom is available for unit parties, ceremonies and other functions.

Larger venues offer catering staff

Functions at American Lake Conference Center and McChord Club have dedicated catering staff to help you plan your event, whether it's a sit-down dining or a casual reception. Your catering consultant will meet

Continued on page 29.



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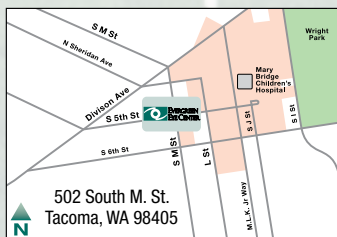
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with you every step of the way as you plan your event.

American Lake Conference Center is located on the serene banks of American Lake and boasting exquisite landscaping, American Lake Conference Center offers guests a place to gather and celebrate. The facility provides sweeping views of the lake from upper and lower banquet rooms, seating areas for relaxation and conversation and a large pavilion with a fire pit for your outdoor gatherings.

McChord Club at McChord Field, located near the main gate, can help you plan an event or party that reflects your style and budget. Host your unit, squadron and private events with us! We can accommodate both small,

intimate gatherings and large groups with fully catered, sit-down dining or a casual buffet.

For more details, visit JBLM.armymwr.com.

MWR Central helps with unit functions

Having a unit or squadron function? Unit Funds can be easily transferred to the MWR facility you reserve.

Unit funds are nonappropriated funds provided for the entertainment and recreation of the personnel of the units and squadrons.

Guidance on authorized use and instructions on how to obtain funds can be found in the Memorandum of Instruction for Unit Funds.

For more information and forms, visit JBLM.armymwr.com/programs/unit-funds.



Photo courtesy of ALCC

MWR Question of the Month



We asked our Facebook followers:
What are the top three qualities of your best friends?

Here's what many of you said.



Lisa: Makes me **laugh**, loyalty and low-maintenance.

Mikyla: **Kind**, honest and down to hang out!

Lauren: Like family, make me laugh and **adventurous**.

Kelsey: **Loyalty** — not only is there no drama/talking behind your back but they're so loyal that they will call you out if you're not making the best decision for you. My best friends have my back in all ways no matter what. No judgment — we don't have to always agree but respect differences. Laid back/adventurous — I'm very chill and love to explore new places, go on spontaneous adventures and am low-maintenance. My best friends are the same.

Sue: So many traits as others — loyal, honest, **caring** and kind!

Vandi: **Honest**, trustworthy and they show up instead of just words in a text!

Heidi: Trust, **reliable** and caring (i.e., heart of gold).

Rose: Honesty, **trust** and motivating.

Lilith: I admire these qualities — open-minded, honest and **spontaneous**!

Denise: Honest, dependable and **loving**.

Hilary: Adventurous, **encouraging**, supporting and genuine.

Alie: They are actually available and can take initiative to get in touch with me, they **allow me to be myself fully**, without judgment, and they are a good person (i.e., they take care of their kids, help other people in need and are good to animals).

Jenelee: Trustworthy, supportive and has **similar values**.

Siearra: Honest, loving and **full of surprises**.

Jamie: **Outgoing**, dependable and fun!

Danielle: Honest, kind and **genuine**.

Judee: Honest, reliability and **kindness**.

Tatiana: Loyalty, honesty and adventurous, **fun spirit**.

Shay: Dependable, funny and **adaptable**. If I can have a fourth — always answers their phone, not just text!

Yu Ling: Low-maintenance and **chill**, fun, trust.

Amber: Honest, loyal and **ride or die!**

Amanda: Adventurous, trustworthy and **motivated**.

Lisa: Honest, loyal and **kind**.

Silvia: Honesty, trust and **reliable**.

Scott: They like to fish, they like to hunt and **they have time** to do both.

Antje: Trust, integrity and

dependability.

Elizabeth: **Trust**, loyalty and always there when I need her.

Dee: Honesty with tact, mutual respect and **boundaries**.

Virginia: **A good listener**, not someone who constantly talks over you or ignores what you have to say. Someone who truly listens. Loyalty, someone who has your back no matter what. You may have been wrong but they got your back. Adventurous, someone you can call and say hey let's go on a hike or let's grab dinner.

Sarah: Loyal, truthful, **funny** and so much more.

Kaylee: Funny, **encouraging** and trustworthy.

Carlyn: Loyalty, honesty and **integrity**.

Helene: Trustworthy, kind and **supporting**.

Patty: **Honesty**, supportive and caring.

Stephanie: Loyal, nonjudgmental and supportive!

Sammie: **Support system/family** when military pulls ours away, honest and dependable.

Terilyn: **Always there**, makes me talk about things even when it's hard and loves me unconditionally.

Younghee: **Generous to their community**, sense of humor and true to their words.

Madeleine: Funny, trustworthy and **adventurous**.

Amanda: Sense of humor, integrity and **charisma**.

Aye: **Patient**, trustworthy and understanding.

Chelle: Honest, trustworthy and **unconditional love** and support.

Stephanie: Honest, trustworthy and **loving**.

Patty: **Kindness**, loyalty and humor.

Neth: Trust, reliable and **lovely**.

Lynette: **Hugs**, truth and respect.

Annabel: Trust, reliable and **motivating**.

Trina Maria: Loyal, fun and **sympathetic**.

Amber Jean: Reliable, trustworthy and **low-maintenance**.

Gina: Dependable, **giving** and trustworthy.

Tamia: Honest, trustworthy and **fun!**

Molly: Trustworthy, loving and **sense of humor**.

Victoria: **Respect**, outgoing and trustworthy.

Emilia: Trustworthy, **honest** and dependable.

Angel: Trustworthy, kind and **encouraging**.

Bethany: **Loyalty**, trust and respect.

Vallerie: Funny, understanding and **intelligent**.

Eva: Honest, **caring** and loyal.

Canda: Humorous, ambitious and **supportive**.

Kate: **Hilarious**, spontaneous and loyal.

Tiffany: Kind, **compassionate** and honest.

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Want to show off your business or unit in style? Give us your business, unit or command logo or design and choose the garment, style and color and we'll do the rest.

When you work with the experts, you get professional staff who are eager to collaborate with you on any project you may have. Step up your game with the Arts & Crafts Center!

The **Arts & Crafts Center** is at 1121 Barnes Blvd. at McChord Field. Call 253-982-6719 for more information.

Take a look at our virtual catalog
at [JBLM.armymwr.com/
programs/arts-crafts](http://JBLM.armymwr.com/programs/arts-crafts).

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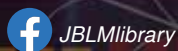
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McChord Library
851 Lincoln Blvd.
McChord Field
253-982-3454

Grandstaff Library
2109 N. 10th St.
Lewis Main
253-967-5889

**Book Patch
Children's Library**
2109 N. 10th St.
Lewis Main
253-967-5533

Discover the secret world of libraries

There's much more than meets the eye to uncover at your JBLM libraries

Cool Halloween events

Join in on fun & games

If you're all excited about Halloween, you'll want to experience all we have to offer you for Halloween fun and games this month.

Here's what we've planned for you:

- **Literary Pumpkin Decorating Contest** – pick up your free pumpkin at a JBLM library Oct. 10–20, while supplies last. Decorate your pumpkin to represent a literary character from a children's book. Various materials may be used (paint, felt, colored paper or other), but don't carve or cut into your pumpkin. Submit your entry Oct. 17–21 with the title of your book. We'll display it with its corresponding book if we have it in stock. One winner in each age category (ages 18 and older, ages 13–17, ages 6–12 and ages 5 and younger) will be announced Friday, Oct. 28 on our Facebook page. Winners each receive a \$25 gift card.
- **Glow-in-the-Dark Games** – Boys ages 7–12 will have fun with spooky games and crafts using glow-in-the-dark materials and a black light. Meet at 4 p.m. Thursday, Oct. 13 at Grandstaff Library or Tuesday, Oct. 25 at McChord Library.

- **Squad Ghouls teen party** – Teens, join us at McChord Library Wednesday, Oct. 19, 5–7 p.m. for fun activities and friendships.
- **Halloween Photo Booth** – Deck out in your costumes and come to McChord Library Oct. 24–31 to take your own photos in front of our Halloween-themed backdrop!
- **"Hocus Pocus II" Halloween Movie** – join us for a free showing of "Hocus Pocus II" Friday, Oct. 28, 5 p.m. at Grandstaff Library and Saturday, Oct. 29, 11 a.m. at McChord Library.
- **Spooky Storytime** – Families can join us for a Halloween-themed storytime Monday Oct. 31, 4 p.m. at McChord Library. Also make and take home a craft. If you wish, wear your costumes!

It's Fantober

Get in on weekly themes

Enjoy Fantober-themed weekly events with special activities at your JBLM libraries! This year, we have an exciting lineup of fun fandom weeks. Here's what we're offering:

- Our free kickoff event is a **Totally Tubular '80s Dance** Friday, Oct. 7 at 5 p.m., so get

Continued on next page.

ready to show off your best throwback ensemble and join us at Grandstaff Library. Get in on the “Name That Song” competition, pizza, snacks, music and ‘80s-themed crafts.

- Oct. 10–14 is **Superheroes Week**. Each day this week, kids can write an answer to a new “If I Were a Superhero” prompt to be put on display and receive a small prize.
- Oct. 17–21 during **Minecraft Week**, drop by your choice of library to find the rare hidden Minecraft figurines throughout the library and get a participation prize!
- We'll join forces with our cool Halloween events in showing “**Hocus Pocus II**” movies to round off the month (see details on previous page).
We're excited for you to join us!

Fun & learning

Join Little Sprouts learning time

Parents with children up to 24 months can attend McChord Library's Little Sprouts Music and Stories each Tuesday at 10 a.m. (parent participation required).

This special time enhances your young ones' development through engaging storytimes with songs, rhymes and dance and movement with activities such as puppets, color parachute, peek-a-boo scarves and simple instruments.

Drop by for this free learning and play time — no registration needed!

Teen movie night & treats

Teens ages 13–18 are invited to Grandstaff Library for a Retro Movie Night Wednesday, Oct. 5, 5–7 p.m. to watch the ‘80s classic, “Harry and the Hendersons,” starring the elusive Bigfoot (a.k.a. “Sasquatch” in the Pacific Northwest). Also enjoy free sliders and milkshakes!

Attend Travel & Culture Talk

Grandstaff and McChord libraries are offering a series of Saturday Travel & Culture Talks. Ages 16 and older are welcome to attend the free presentations with a Q&A session and snacks afterward!

Presentations take place 10:30 a.m. at Grandstaff Library and 1:30 p.m. at McChord Library.

This month's presentation is Oct. 29 and focuses on the country and culture of Romania. Come and learn while having fun!

Games & creativity

New Pokémon gaming club

Families with kids ages 6–12 are invited to come out to McChord and Grandstaff libraries on the first and third Saturdays of the month to play Pokémon games.

Join this friendly competition under an officially licensed Nintendo game master. Don't know how to play? No problem, we'll teach you!

We'll meet 10:30 a.m.–12:30 p.m. Oct. 1 at McChord Library and Oct. 15 at Grandstaff Library.

We're also offering other related family card and board games, including Yu-Gi-Oh and classics like Battleship. Also enjoy free snacks and drinks, plus \$10–\$15-valued prizes.

Get in on Super Smash Bros. tourney

Everyone's invited to compete in our free Super Smash Bros. Unlimited Game Tournament at Grandstaff Library Saturday, Oct. 8, 10 a.m.–3 p.m.

The multi-age-player game will have three divisions: Ages 12 and younger, ages 13–18 and all ages. Each will use a standard single-elimination bracket play style with one winner for each age group. Game play will involve four players in a free-for-all with one winner per game moving to the next round.



Emiliano Hernandez

First place in each age group wins a \$100 Game Stop gift card. Snacks and drinks will be provided.

Fun craft time for girls

Girls ages 7–11 can attend Grandstaff Library Thursday, Oct. 6 or McChord Library Tuesday, Oct. 18 for a free craft time at 4 p.m. This month, create unicorn bookmarks!

Adult candle-pouring class

Adults are invited to Grandstaff Library to create your own autumn candles Wednesday, Oct. 19, 5–7 p.m. This free class encourages your creativity to flow! You'll learn to pour candles to take home, adding your own touches with scents, colors and containers. No previous skills are needed. Also enjoy free refreshments. Advance registration required.

Build at Family Lego Nights

We provide the Lego sets and you provide the imagination! Come and get creative at JBLM libraries' Family Lego Nights at 4 p.m. the fourth Wednesday of the month at Grand-

staff and McChord libraries.

Families can choose a kit (Grandstaff) or free-build Lego sets (McChord) for creative family bonding time. McChord Library even puts your projects on display!

Look at our collection of Lego books that show you new ways to build.

See you Oct. 26 for building creatively!

Get library help

Book a Tech Expert

Are you puzzled by new devices, downloads and software? Get one-on-one help with your technology questions at JBLM libraries with Book a Tech Expert. We're here to:

- Assist you with digital resources, such as library's e-books or audiobooks.
- Help you get familiarized with your phone, laptop or tablet.
- Help you better learn your software.

To get started, book a free session with a tech expert at any JBLM library by email (from JBLM.armymwr.com), by phone or in person.

Family reading fun

Join us for storytime

McChord and Book Patch Children's libraries offer free weekly children's storytimes where reading is fun for the entire family.

Storytimes are held Wednesdays at 11 a.m. at McChord Library and 3:30 p.m. at Book Patch Children's Library. Afterward, each child is invited to make a craft to take home.

Reserve your spot for Kinder-Ready Storytime

Come join us at Book Patch Children's Library for Kinder-Ready Storytime. We offer two sessions every Tuesday at 10 and 11 a.m.

This hands-on teaching time helps develop essential skills to prepare children ages 3–5 for kindergarten. The program teaches social and emotional skills, letter and number recognition and academic skills through songs, rhymes, games and crafts. Parents are encouraged to participate in your child's activities.

Registration is required due to space and group size limit for more individualized attention. Call 253-967-5533 to reserve your place.

Book clubs for adults

Take part in monthly book discussion

Like to discuss current books? Join JBLM libraries' book discussion group for adults that meets the second Tuesday of the month (Oct. 11) at McChord Library at 4:30 p.m. and the second Friday of the month (Oct. 14) at Grandstaff Library at 5 p.m.

This month, we'll discuss "Maid" by Stephanie Land. A limited number of copies are available; register in person to receive a copy. Digital e-books or audiobooks also may be available.

Check out next month's selection, "Lady in the Lake" by Laura Lippman.

Check out new fan/sci-fi book club

Grandstaff Library is now offering a new fantasy/sci-fi book club for adults the third Monday of the month that meets in the conference room 4:30–6 p.m. Each month, we'll alternate genres.

If you enjoy fantasy and science fiction and want to discuss this underserved genre with other like-minded adults, join us for our first meeting Oct. 17.

We'll discuss "A Discovery of Witches" by Deborah Harkness. A limited number of copies will be available for checkout at the Grandstaff Library circulation desk.

Our next novel will be "Dune" by Frank Herbert when we meet Nov. 21.





Have fun with fall youth sports

Sports develop self-esteem, team-building skills



See youth sports
registration
details here.

JBLM Public Affairs



Youth sports stresses safety & inclusion

Our comprehensive youth sports program hosts recreational leagues that are inclusive of all ages of youth who want to learn the fundamentals and have fun.

Youth must be registered with JBLM's Child & Youth Services to participate in youth sports.

Parents may wish to check local alternatives for players with advanced sports skills and greater ambition.

We need your energy for youth sports!

Share your love of sports with JBLM youth as a volunteer sports coach.

Youth Sports provides training and offers sports fee vouchers. A background check is required.

For details, stop by the Youth Sports office at 6398 Garcia Blvd., (Lewis Main). The office is open from 8:30 a.m. to 5 p.m. weekdays. Questions? Call 253-967-2405.

LEAGUE SPORTS	Sign-up Dates	Ages & Cost	Practices Start	First Game Day	Season Ends
Lil' Dribblers Basketball	Through Oct. 15	3–4; \$25	Oct. 24–26; 30-min. practice	No games	Nov. 14–16
Basketball & Cheer	Oct. 1–Nov. 18	5–15; \$65	Dec. 5	Jan. 7, 2023	Feb. 11, 2023
SOWA Basketball & Cheer	Oct. 27–Nov. 27	8–18; \$65	Nov. 29	Regionals (TBD)	March 5, 2023

CAMPS & ACTIVITIES	Sign-up Dates	Ages & Cost	Dates	Time & Location
Archery (must have beginning before enrolling in intermediate level; call Youth Sports)	Oct. 1–12	7–18; \$65	Fridays, Oct. 14– Dec. 16 (no practice Nov. 11 & 25)	Beginners: 4 p.m. Intermediates: 5:15 p.m.
Karate & Gymnastics	Monthly	4–18; \$40	Online	Online

WINTER BREAK	Sign-up Dates	Ages & Cost	Dates	Time & Location
Funky Fit Development	Nov. 15–Dec. 19	3–4; \$25	Dec. 20–22	3:30–4:30 p.m. Youth Gym, 2295 S. 12th St.
Basketball BOOT Camp	Nov. 15–Dec. 19	5–15; \$35	Dec. 20–22	Ages 5–8: 10 a.m.–noon. Ages 9–15: 1–3 p.m. Youth Gym, 2295 S. 12th St.
Volleyball Camp	Nov. 15–Dec. 26	9–15; \$35	Dec. 27–29	10–11:30 a.m. Youth Gym, 2295 S. 12th St.
Funky Fit Games/ Indoor Sports	Nov. 15–Dec. 26	5–15; \$35	Dec. 27–29	12:30–2 p.m. Youth Gym, 2295 S. 12th St.

Enroll in sports, camps and classes at [JBLMcysRegistration.com](https://www.jblm.armymwr.com). The Youth Sports office is located at 6398 Garcia Blvd., Lewis Main. Questions? Call 253-967-2405.

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Call 253-967-3039 for appointments.

2275 Liggett Ave., Lewis Main

Due to the importance of the meeting, children are not allowed.

Youth fun activity pages

Hidden Halloween Objects

Trick or treat! Can you find the 10 hidden objects in the picture?
Also find the hidden cat as a bonus!



ANSWER ↓





MWR Staff Pick

Each month, hear
what staff members
across MWR like best
about our services!



Kim

From special events and outdoor recreation to lunch and learning, there's so much to love about MWR!

Events like Haunted Crooked Road and Winterfest are also fun to attend (and work!) with my family.

We love to bundle up and

play in the snow with Outdoor Recreation, too.

On a busy work day, I can call in my order to Bowl Arena Lanes and have my BLT and cheese fries waiting when I get there.

We participate in the library reading programs and love the wonderful programming at Hillside Youth Center!

LEWIS MAIN AUTO CENTER

COME ON IN!



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